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SAM<sup>L</sup>. THOMSON—BOTANIST.

*His system and practice originating with himself.*

*Born Oct. 9<sup>th</sup> 1769.*



A  
**NARRATIVE**  
OF THE  
LIFE AND MEDICAL DISCOVERIES  
OF  
**SAMUEL THOMSON;**  
CONTAINING

AN ACCOUNT OF HIS SYSTEM OF PRACTICE,  
AND  
THE MANNER OF CURING DISEASE WITH VEGETABLE MEDICINE,  
UPON A PLAN ENTIRELY NEW:

TO WHICH IS ADDED  
*An Introduction to his New Guide to Health, or Botanic  
Family Physician; containing the principles upon  
which the system is founded, with remarks  
on Fevers, Steaming, Poison, &c.*

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FOURTH EDITION.

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WRITTEN BY HIMSELF.

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**Columbus:**

PRINTED AND PUBLISHED BY HORTON HOWARD,

1827.

*District of Massachusetts, to wit:*

DISTRICT CLERK'S OFFICE.

**B**E it remembered, that on the thirty-first day of July, A. D. 1822, in the forty-seventh year of the Independence of the United States of America, Samuel Thomson, of the said District, has deposited in this office the title of a book, the right whereof he claims as author and proprietor, in the words following, to wit:

"A Narrative of the Life and Medical Discoveries of Samuel Thomson, containing an account of his System of Practice, and the manner of curing disease with vegetable medicine, upon a plan entirely new; to which is added an Introduction to his New Guide to Health, or, Botanic Family Physician, containing the principles upon which the system is founded, with remarks on fevers, steaming, poison, &c.—Written by himself."

In conformity to the act of Congress of the United States, entitled "An act for the encouragement of learning, by securing the copies of Maps, Charts and Books, to the Authors and Proprietors of such copies, during the time therein mentioned;" and also to an act, entitled "An act supplementary to an act, entitled 'An act for the encouragement of learning, by securing the copies of Maps, Charts and Books, to the Authors and Proprietors of such copies, during the times therein mentioned; and extending the benefits thereof to the Arts of Designing, Engraving and Etching Historical and other Prints'"

JOHN W. DAVIS, *Clerk of Mass. District.*

## ADVERTISEMENT.

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It has, for a long time, been a subject in which I have felt a deep interest, to publish something which should not only be interesting to the public, but should convey to them a correct knowledge of my system of practice, in order that they might reap the advantage of the experience I have had in curing disease by a safe and simple method of my own invention; and putting it in their power, at all times, to relieve themselves and families from pain and sickness, without having to be at the risk and expense of employing a fashionable doctor. One other object I have also had in view, and that is, to lay before the public, a fair statement of facts, that they may have a correct knowledge of the trials, persecutions and determined opposition I have received from the medical faculty, in bringing my system and medicine into use among the people.

The following work contains a correct narrative of my life, as far as it has been connected with my medical practice; and the treatment I have received from those whom I have had to deal with in my endeavors to relieve the distress of my fellow creatures, by informing them how they might prevent or cure disease. I have added a number of certificates and statements from others, who have had much experience, and are well qualified to form a correct view of the utility and safety of the practice.—I have also inserted in this volume, the Introduction to my New Guide to Health, or Botanic Family Physician, in which is fully explained the principles upon which the system is founded, and remarks on fevers, steaming, poison, &c.

By a careful examination of this Narrative, the reader will be enabled to form a pretty good knowledge of my whole system of practice, and the different vegetables that I make use of in every disease; and will be found to contain much useful information on the subject generally. The other part, which is intended as a book of practice, contains a description of the vegetables made use of by me, and the manner of preparing

## ADVERTISEMENT.

and administering them, and general directions for the treatment of all cases of disease. This book will not be put into the hands of any except those who purchase a family right.

The preparing, compounding and administering the medicine contained in my system, in manner and form as laid down in my book of practice, I claim as my own discovery; all of which has been secured to me by letters patent; and whoever makes use of it without authority from me or my agents, make themselves liable to the penalties of the law. Those who wish to purchase the right of using them in their families, will be accommodated, by application to me or any of my agents duly authorised.

# NARRATIVE

## OF THE

### LIFE, &c OF SAMUEL THOMSON.

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THERE is nothing, perhaps, more unpleasant than to write one's own life; for in doing it we are obliged to pass over again, as it were, many scenes, which we might wish to have forgotten, and relate many particulars, which, though they may seem very important to ourselves, yet would be very uninteresting to the reader. It is not my intention to attempt to write a history of my life, nor would it be in my power to do it if I had such a wish; but as I have been the greater part of my life engaged in one of the most important pursuits, and which is of more consequence to the great human family, than any other that could be undertaken by man; that of alleviating human misery, by curing all cases of disease by the most simple, safe and certain method of practice, I think the public will be interested to know something of me, and the cause of my having taken upon myself so important a calling, without being regularly educated to the profession, which is thought by the world to be indispensibly necessary; but I shall take the liberty to disagree a little with them in this particular; for, although learning may be a great advantage in acquiring a profession, yet that alone will never make a great man, where there is no natural gift.

By giving a short sketch of the early part of my existence, and relating those accidental circumstances that have occurred during my life, and which were principally the cause of my engaging in the healing art, will enable the public to judge more correctly, whether I have taken that course, in fulfilling my duty in this life, which the God of nature hath pointed out for me. In doing this, I shall endeavor to give a plain and simple narrative of facts as they took place, and relate only those particulars of my life, with such of the cases that have come under my care, as will best convey to the reader the most correct information of my system of practice in curing disease.

I was born February 9, 1769, in the town of Alsted, county of Cheshire, and state of New Hampshire. My father, John Thomson, was born in Northbridge, county of Worcester, and state of Massachusetts; he was twenty-five years old when I was born. My mother's name was Hannah Cobb; she was born in Medway, Massachusetts, and was four years older than my father. I had one sister older than myself, and three brothers and one sister younger, who are all living except my second brother, who died in his fourteenth year. My eldest sister married Samuel Hills, and lives in Surry, New Hampshire, and my two brothers live in Jericho, Vermont. My youngest sister married Waters Mather, and lives in the state of Ohio.

That country was a wilderness when I was born; my father had begun there about a year before, at which time there was no house within three miles one way, and about one the other; there were no roads, and they had to go by marked trees. The snow was very deep when they moved there, and my mother had to travel over a mile on snow shoes through the woods to get to their habitation. My parents were poor, having nothing to begin the world with; but had to depend upon their labor for support. My father had bought a piece of wild land on credit, and had to pay for it by his labor in what he could make off the land, which caused us great hardships and deprivations for a long time.

As soon as I began to form any correct ideas of things, my mind was much irritated by the impressions made on it by my parents, who, no doubt with very good intentions, filled my young head with all kinds of hob-goblins and witch-stories, which made a very deep impression on my mind, and which were not entirely eradicated for many years. I mention this as a caution to parents, not to tell their children any thing but the truth: for young children naturally believe whatever their parents tell them, and when they frighten them with such stories, for the purpose of making them behave well, it will most generally have a very bad effect; for when they arrive at years of discretion, and find that all these stories are falsehoods, they will naturally form very unfavorable opinions of their parents, whose duty it is to set them better examples.

My father and mother were of the Baptist persuasion, and were very strict in their religious duties. They attended meeting every Sabbath, and my father prayed night and morning in his family. One day they went to meeting, and left me and my sister at home alone, and told us that if we were wicked they

should send the bear or the knocker to carry us off. While they were absent I was at play, when we heard a loud knocking on the outside of the house, which frightened us very much, and when they came home I told them what had happened, but instead of letting us know what it was, they told us it was the knocker they told us of, and that or the bear would always come if we were wicked and did not mind and do as they told us. It was several years after that my reason taught me that this knocker as they called it, was a wood-pecker that came on the end of the house. Parents ought to be careful to impress on the minds of young children, correct ideas of things, and not mislead their understandings by telling them falsehoods; for it will be of the greatest importance as respects their future conduct and pursuits in life.

When I was between three and four years old, my father took me out with him to work. The first business I was set to do was to drive the cows to pasture, and watch the geese, with other small chores, which occupation kept me all day in the fields. I was very curious to know the names of all the herbs which I saw growing, and what they were good for; and to satisfy my curiosity was constantly making enquiries of those persons that I happened to be with, for that purpose. All the information I thus obtained, or by my own observation, I carefully hid up in my memory, and never forgot. There was an old lady by the name of Benton lived near us, who used to attend our family when there was any sickness. At that time there was no such thing as a Doctor known among us; there not being any within ten miles. The whole of her practice was with roots and herbs, applied to the patient, or given in hot drinks, to produce sweating; which always answered the purpose. When one thing did not produce the desired effect, she would try something else, till they were relieved. By her attention to the family, and the benefits they received from her skill, we became very much attached to her; and when she used to go out to collect roots and herbs, she would take me with her, and learn me their names, with what they were good for; and I used to be very curious in my inquiries, and in tasting every thing that I found. The information I thus obtained at this early age, was afterwards of great use to me.

Sometime in the summer, after I was four years old, being out in the fields in search of the cows, I discovered a plant which had a singular branch and pods, that I had never before seen; and I had the curiosity to pick some of the pods and



chew them; the taste and operation produced, was so remarkable, that I never forgot it. I afterwards used to induce other boys to chew it, merely by way of sport, to see them vomit. I tried this herb in this way for nearly twenty years, without knowing any thing of its medical virtues. This plant is what I have called the Emetic Herb, and is the most important article I make use of in my practice. It is very common in most parts of this country, and may be prepared and used in almost any manner. It is a certain counter-poison, having never been known to fail to counteract the effects of the most deadly poison, even when taken in large quantities for self-destruction. There is no danger to be apprehended from its use, as it is perfectly harmless in its operation, even when a large quantity is taken—it operates as an emetic, cleanses the stomach from all improper aliment, promotes an internal heat, which is immediately felt at the extremities, and produces perspiration. The exclusive right of using this plant for medical purposes is secured to me by patent, and my right to the discovery has never been disputed; though the Doctors have done every thing they could to destroy the credit of it, by false statements, representing it to be a deadly poison, and at the same time they knew to the contrary, for they have made use of it themselves for several years, and have tried to defraud me of the discovery. I feel perfectly convinced from near thirty years experience of its medical properties, that the discovery is of incalculable importance, and if properly understood by the people, will be more useful in curing the diseases incident to this climate, than the drugs and medicines sold by all the apothecaries in the country.

At five years of age my father put me to hard work, and was very strict, using the greatest severity towards me. I used to suffer very much from pains in my hips and back, being lame from my birth, and the hard work made me so stiff, that in the morning it was with difficulty I could walk. My father's severity towards me made me very unhappy, for I was constantly in fear lest he should call and I should not hear him, in which case, he used to punish me very severely. I continued in this situation till I was eight years old, when my brothers began to be some help, which took part of the burden off from me. We suffered great hardships and lived very poorly; but we always had something to eat, and were contented, for we knew of nothing better; a dish of barn porridge and some potatoes, were our constant fare, and this was better than many others had. The greatest part of this winter we had to live in the

barn. In July my father had got the part of the roof of a new house covered, and we moved into it; which was more comfortable than the barn. About this time my mother was taken sick, and was carried to Mrs. Benton's, for her to take care of, where she remained for several weeks, during which time, by using such means as this old lady prescribed, she recovered.— At this time I had never been to school, or had any chance whatever to learn to read. My father kept me constantly to work all the week days, and on Sunday I had to go a considerable distance on foot to meeting, and the rest of the day was kept on my feet in hearing him read the catechism, creed and prayers, so that I had little time to rest on that day.

The winter I was eight years old, I was very sick with the canker-rash; but was attended by the widow Benton, who cured me by making use of such medicine as our country afforded, and I was in a short time able to be about. After I had got well, my mind was more attentive to the use of roots and herbs as medicine, than ever. I had at that time a very good knowledge of the principal roots and herbs to be found in that part of the country, with their names and medical uses; and the neighbors were in the habit of getting me to go with them to show them such roots and herbs as the doctors ordered to be made use of in sickness for syrups, &c. and by way of sport they used to call me doctor. While in the field at work I used often to find the herb, which I tasted when four years old, and gave it to those who worked with me, to see them spit and often vomit; but I never observed any bad effect produced by it, which simple experiments eventually led me to observe the value of it in disease.

When I was about ten years old, there was a school a little more than a mile from my fathers, where I had the opportunity of attending for one month. The weather was cold and the going bad, which caused me to make very slow progress in my learning; but the chance we considered a great privilege, for the country was new and people poor, and the opportunity for children to get learning very small. I took a great dislike to working on a farm, and never could be reconciled to it; for nothing could strike me with greater dread than to hear the name of a plough, or any other thing used on a farm, mentioned. This I have always attributed to the hardships I underwent, and the severity which my father used constantly to exercise towards me from the time I was five to ten years old. At that time I used to think that if I ever had any land I would not plough it;

and if my father's treatment of me was the effect of his religion, I never wished to have any. This was when he was under the strongest influence of the baptist persuasion, and used to be very zealous in his religious duties, praying night and morning, and sometimes three times a day. He was a man of violent and quick temper, and when in his fits of passion, my mother used frequently to remind him of certain parts of his prayer; such as this, which I never forgot: "May we live soberly, righteously, and godly, in the present evil world." She was a woman much respected in the town where we lived.

About the time I was fourteen years old, my father left the baptist persuasion and embraced that of universal salvation.—By grace are ye saved, through faith not of yourselves, it is the gift of God. If he ever experienced a change of heart for the better, it was at this time; his love to God and man was great and I had great reason to rejoice, for he was like another man in his house. He continued to enjoy the same belief with much comfort to the time of his death, which took place in August, 1820, aged 76. My mother remained many years in the full belief of the salvation of all men, and continued so till her death.

Sometime during the year that I was sixteen years old, I heard my parents say, that as my mind was so much taken up with roots and herbs, they thought it best to send me to live with a Doctor Fuller, of Westmoreland, who was called a root doctor. This pleased me very much, and in some measure raised my ambition; but I was soon after dissappointed in my hopes, for they said I had not learning enough, and they did not know how to spare me from my work, which depressed my spirits and was very discouraging to me. I now gave up all hopes of going to any other business, and tried to reconcile myself to spend my days in working on a farm, which made me very unhappy. I had little learning and was awkward and ignorant of the world, as my father had never given me any chance to go into company, to learn how to behave, which caused me great uneasiness.

In the year 1788, when I was in my nineteenth year, my father purchased a piece of land on Onion river, in the state of Vermont, and on the 12th day of October he started from Alstead, and took me with him, to go to work on the land and clear up some of it to build a house on, as it was all covered with wood. In about four days after our arrival, we were enabled to clear a small spot and to build us a camp to live in; we

had to do our own cooking and washing; our fare was poor, and we had to work very hard; but we got along tolerably well till the 2d of December, when I had the misfortune to cut my ankle very badly, which accident prevented me from doing any labor for a long time, and almost deprived me of life. The wound was a very bad one, as it split the joint and laid the bone entirely bare, so as to lose the juices of my ankle joint to such a degree as to reduce my strength very much. My father sent for a Doctor Cole, of Jericho, who ordered sweet apple-tree bark to be boiled, and the wound to be washed with it, which caused great pain, and made it much worse, so that in eight days my strength was almost exhausted; the flesh on my leg and thigh mostly gone, and my life was despaired of; the Doctor said he could do no more for me; my father was greatly alarmed about me, and said that if Dr. Kitteridge, of Walpole, could be sent for, he thought he might help me; but I told him it would be in vain to send for him, for I could not live so long as it would take to go after him, without some immediate assistance. He said he did not know what to do—I told him that there was one thing I had thought of, which I wished to have tried, if it could be obtained, that I thought would help me. He anxiously inquired what it was, and I told him if he could find some comfrey root I would try a plaister made of that and turpentine. He immediately went to an old place that was settled before the war, and had the good luck to find some; a plaister was prepared by my directions and applied to my ankle the side opposite to the wound, and had the desired effect; the juices stopped running in about six hours, and I was very much relieved; though the pain continued to be very severe and the inflammation was great; the juices settled between the skin and bone and caused a supuration, which broke in about three weeks; during which time I did not have three nights sleep, nor did I eat any thing. This accidental remedy was found through necessity, and was the first time the mother of invention held forth her hand to me. The success which attended this experiment, and the natural turn of my mind to those things, I think was a principal cause of my continuing to practice the healing art to this time.

Our stock of provisions being now exhausted, and my wound somewhat better, my father was very anxious to return to Alstead. He asked me if I thought I could bear the journey if he should place me on a bed laid in a sled. I answered that I was willing to try. He immediately went to work and fixed a sled, and put me in it on a straw bed; and on the first day of

January, 1789, we began our journey. There was very little snow, and the road rough, which caused the sled to jolt very much and my sufferings were great. It was very doubtful with my father, and likewise with me, whether I should live to perform the journey; but we proceeded on however, without anything important happening, except wearing out the runners of our sled and having to make new ones, and accomplished twenty miles the first day. At a place where we stopped all night, there was a woman whose situation appeared to me so much worse than my own, that I felt much encouraged. She had been sick with a fever, and the doctor had given so much poisonous medicine, to break the fever, as he called it; she was left in a most miserable situation. Her side and shoulder were in a putrid state, and in full as bad a condition as my ankle. My father in dressing my wound had drawn a string through between the heel cord and bone, and another between that and the skin; so that two-thirds of the way round my ankle was hollow.

At a place where we stopped on the third night, a circumstance had occurred, which, from its novelty, I think worth mentioning. A young woman who lived in the family had discovered a strong inclination to sleep more than what is common; and had expressed a wish that they would let her sleep enough once. She went to bed on Sunday night, and did not wake again till Tuesday morning, having slept thirty-six hours. On awaking, she had no idea of having slept more than one night; but began to make preparation for washing, as was the custom on Mondays, till she was informed that they had washed the day before. Her health was good and she never after that required more sleep than other persons.

When we got on to the high land there was considerable snow, and we got along much more comfortably. I had to be carried in on the bed and laid by the fire, every night, during the journey. The people generally where we stopped, treated me with kindness, and showed much pity for me in my distressed situation; but they all thought that I should not live to get through the journey. The doctors had advised to have my leg cut off, as the only means of saving my life, and all those who saw me during our journey, expressed the same opinion; and I think it would have been done had I given my consent; but I positively refused to agree to it, so the plan was given up. I preferred to take my chance with my leg on, to having it taken off; which resolution I have never repented of, to this day.



On arriving in Walpole, my father proceeded immediately to the house of the famous Dr. Kitteridge, to have him dress my wound, and get his opinion of my situation; he not being at home, and it being nearly dark, we concluded to put up for the night, and I was carried in on my bed and laid by the fire. The doctor soon came home, and on entering the room where I was, cried out in a very rough manner, Who have you here? His wife answered, a sick man. The devil, replied he, I want no sick man here. I was much terrified by his coarse manner of speaking, and thought if he was so rough in his conversation, what will he be when he comes to dress my wound; but I was happily disappointed, for he took off the dressing with great care and handled me very tenderly. On seeing the strings that were in the wound, he exclaimed, what the devil are these halters here for? My father told him they were put in to keep the sore open. He said he thought the sore open enough now, for it is all rotten. Being anxious to know his opinion of me, my father asked him what he thought of my situation. What do I think? said he, Why I think he will die—and then looking very pleasantly at me, said, though I think young man, you will get well first. In the morning he dressed my ankle again and gave me some salve to use in future; and my father asked him for his bill, which was, I think, for our keeping and his attending me, about fifty cents. A great contrast between this and what is charged at the present time by our regular physicians; for they will hardly look at a person without making them pay two or three dollars. I have been more particular in describing this interview with Dr. Kitteridge, on account of his extraordinary skill in surgery, and the great name he acquired, and justly deserved, among the people throughout the country. His system of practice was peculiarly his own, and all the medicines he used were prepared by himself, from the roots and herbs of our own country. He was a very eccentric character and uncouth in his manners; but he possessed a good heart, and a benevolent disposition. He was governed in his practice by that great plan which is dictated by nature; and the uncommon success he met with, is evidence enough to satisfy any reasonable mind, of the superiority of it, over what is the practice of those who become doctors by reading only, with their poisons and their instruments of torture.

We left Walpole and arrived at our home about noon, and my mother, brothers and sisters, were much rejoiced to see me, though grieved at my distressed situation; and never was any

one more in need of the tender care of friends than I was at this time. My mother proved to me the old saying, that a friend in need is a friend indeed. My case was considered doubtful for some time. I was from the first of December to the first of March unable to walk; but by good nursing and constant care, I was enabled in the spring to attend to the business at home, so that my father left me in charge of the farm, and went with my brother to Onion river, again to work on his land.

On the 9th of February, 1790, I was twenty-one years of age, and my father gave me a deed of one-half of his farm in Alstead, consisting of one hundred and twenty-five acres; and I carried it on for three years, and he had the liberty to take such stock as he pleased. He then made preparations and removed to Onion river, and left my mother and sister in my care. Soon after I took a bad cold, which threw me into a slow fever. In the month of March we all had the measles, and my mother had what the doctors called the black kind, and was so bad that her life was despaired of. The disease turned in and seated on her lungs, and she never recovered her health. Several doctors attended her without doing her any good; her cough was very severe and her mouth was sore, and she was greatly distressed. I attended upon her under the direction of the doctors, and took the cough and had much the same symptoms. She continued to grow worse daily; the doctors gave her over, and gave her disease the name of galloping consumption, which I thought was a very appropriate name—for they are the riders, and their whip is mercury, opium and vitriol, and they galloped her out of the world in about nine weeks. She died on the 13th of May, 1790.

I was at this time very low with the same disorder that my mother died with, and the doctor often importuned me to take some of his medicine; but I declined it, thinking I had rather die a natural death. He tried to frighten me by telling me it was the last chance of getting help, and he thought he could cure me; but I told him I had observed the effect his medicine had on my mother, for she constantly grew worse under the operation of it, and I had no desire to risk it on myself. I have always been of the opinion, that if I had followed his advice, I should have been galloped out of the world the same as my mother was; and I have never repented of my refusal to this day.

After my mother died, I undertook to doctor myself, and made some syrups of such things as I had the knowledge of, which relieved my cough; and with the warm weather, I so far



recovered my health, as to be able to work some time in June. Being without woman's help, I was obliged to hire such as I could get, which proved a disadvantage to my interest, and I thought it would be best to find some person who would take an interest in saving my property. On the 7th day of July, 1790, I was married to Susan Allen. We were both young and had great hardships to encounter, but we got along very well, and both enjoyed good health until our first child was born, which was on the 4th day of July following. My wife was taken ill on Saturday, and sent for help; she lingered along till Sunday night, when she became very bad; her situation was dangerous, and she was in hand constantly the whole night, until sunrise the next morning, when she was delivered: but her senses were gone. During the whole night it was one continued struggle of forcing nature, which produced so great an injury to the nervous system, as to cause strong convulsion fits in about an hour after her delivery. The witnessing of this horrid scene of human butchery, was one great cause of my paying attention to midwifery, and my practice has since been very successful in it.

Her fits continued and grew worse; there were six doctors attended her that day, and a seventh was sent for; but she grew worse under their care; for one would give her medicine, and another said that he did wrong—another would bleed her, and the other would say he had done wrong, and so on through the whole. I heard one of them say that his experience in this case was worth fifty dollars. I found that they were trying their practice by experiments; and was so dissatisfied with their conduct, that at night I told them what I thought; and that I had heard them accusing each other of doing wrong; but I was convinced that they had all told the truth, for they had all done wrong. They all gave her over to die, and I dismissed them, having seen enough of their conduct to convince me that they were doing more hurt than good.

After they were gone, I sent for Dr. Watts and Dr. Fuller, who were called root doctors. They attended her through the night and in the morning about the same hour that they began, the fits left her. She had in the whole, eighteen of the most shocking convulsion fits that had been ever seen by any one present. The spasms were so violent that it jarred the whole house. After the fits had left her, she was entirely senseless, and was raving distracted for three days; and then became perfectly stupid, and lay in that situation for three days; she then

laughed three days, and then cried three days; after which she seemed to awake like a person from sleep, and had no knowledge of what had passed, or that she had been sick, or had a child. These two doctors continued to attend her, and used all the means in their power to strengthen the nervous system. She gained very slowly, and it was a long time before she got about; but she never got entirely over it. This sickness put me back in my business very much, and the expense was above two hundred dollars.

In about a month after my wife had recovered from her sickness, she was attacked with the cholera, which required all my attention and that of the two doctors who attended her before; but all our exertions appeared to be in vain, for the disease had its regular course for several days and then left her. These attacks continued once a month, or oftener, and it was much trouble to go for the doctor so often as I had to, during these turns, that I let a young man who studied with Dr. Watts, have a house on my farm, so as to have him handy; but I soon found that by having a doctor so near, there was plenty of business for him; for there was not a month in the year but what I had somebody sick in my family. If a child was attacked with any trifling complaint, the doctor was sent for, and they were sure to have a long sickness; so he paid his rent and keeping very easy. This doctor lived on my farm seven years, during which time I had a very good knowledge of all the medicine he made use of, and his manner of curing disease, which has been of great use to me. Finding that I had a natural turn for medical practice, he spared no pains to give me all the information in his power; but I had no thought at that time of ever practicing, except it was to be able to attend my own family. During the first of his practice he used chiefly roots and herbs, and his success was very great in curing canker and old complaints; but he afterwards got into the fashionable mode of treating his patients, by giving them apothecary's drugs, which made him more popular with the faculty, but less useful to his fellow creatures.

My mind was bent on learning the medical properties of such vegetables as I met with, and was constantly in the habit of tasting every thing of the kind I saw; and having a retentive memory I have always recollected the taste and use of all that were ever shown me by others, and likewise of all that I discovered myself. This practice of tasting of herbs and roots has been of great advantage to me, as I have always been able to ascertain what is useful for any particular disease by that

means. I was often told that I should poison myself by tasting every thing I saw; but I thought I ought to have as much knowledge as a beast, for the Creator had given them an instinct to discover what is good for food, and what is necessary for medicine. I had but very little knowledge of disease at this time; but had a great inclination to learn whatever I had an opportunity; and my own experience, which is the best school, had often called my attention to the subject.

The herb which I had discovered when four years old, I had often met with; but it had never occurred to me that it was of any value as medicine, until about this time, when mowing in the field with a number of men one day, I cut a sprig of it, and gave to the man next to me, who eat it; when we had got to the end of the piece, which was about six rods, he said that he believed what I had given him would kill him, for he never felt so in his life. I looked at him and saw that he was in a most profuse perspiration, being as wet all over as he could be; he trembled very much, and there was no more colour in him than a corpse. I told him to go to the spring and drink some water; he attempted to go, and got as far as the wall, but was unable to get over it, and laid down on the ground and vomited several times. He said he thought he threw off his stomach two quarts. I then helped him into the house, and in about two hours he ate a very hearty dinner, and in the afternoon was able to do a good half day's labor. He afterwards told me that he never had any thing do him so much good in his life; his appetite was remarkably good, and he felt better than he had for a long time. This circumstance gave me the first idea of the medical virtues of this valuable plant, which I have since found by twenty years experience, in which time I have made use of it in every disease I have met with, to great advantage, that it is a discovery of the greatest importance.

In March 1794, my second daughter was born; and my wife had no medical assistance except what I could do for her, with the advice of the doctor who lived on my farm. After this she was never again afflicted with the cholic. In the course of this year the lease of my father's half of the farm expired, and we made a division of the stock. My half was five yearlings and half a colt; this, with half the farm, containing about one hundred and twenty-five acres, was all the property I possessed, and I was mostly clear of debt. Soon after, I purchased of my father the other half of the farm, for which I gave six hundred and thirty-six dollars, payable in stock, one half in two years

and the other in four. In order to meet these payments, I purchased calves and colts; but it proved hard for me, as they brought when the payment became due but little more than the first cost, after having to keep them two years; I offered them to my father for what the hay would have sold for they eat the last year, but he would not agree to it. I settled with him, however, and paid him according to contract. I afterwards purchased of a neighbor a small piece of land, which incommoded me by keeping the sun from my house part of the forenoon; for which I agreed to pay him seventy-three dollars and thirty-three cents, in three years, with interest. This turned out a troublesome affair for me, for when I came to pay the interest the second year, the note was more than when first given, having been altered; and I refused to pay any thing. When the note became due, I would pay no more than what it was given for, and it was sued and my cattle and horses were attached. It went through a course of law and cost us both a great deal of expense and trouble; but I finally beat him; he lost his note and I recovered damage for his taking my cattle and horses. This was the first time I had any thing to do with the law, and in the whole it cost me about one hundred dollars; but it was a good lesson, and has been worth to me the expense.

When my second daughter was about two years old she was taken sick, and had what is called the canker-rash. Dr. Bliss, who lived on my farm, was sent for, and he said she had that disorder as bad as any one he ever saw. He tried his utmost skill to prevent putrefaction, which he feared would take place; but after using every exertion in his power without doing her any good, he said he could do no more, she must die. She was senseless and the canker was to be seen in her mouth, nose and ears, and one of her eyes was covered with it and closed; the other began to swell and turn purple also. I asked the doctor if he could not keep the canker out of this eye; but he said it would be of no use, for she could not live. I told him that if he could do no more, I would try what I could do myself. I found that if the canker could not be stopped immediately she would be blind with both eyes. She was so distressed for breath that she would spring straight up on end in struggling to breathe. I sat myself in a chair, and held her in my lap, and put a blanket round us both; then my wife held a hot spider or shovel between my feet, and I poured on vinegar to raise a steam, and kept it as hot as I found she could bear, changing them as soon as they became cold; and by following this plan for about twenty min-

utes, she became comfortable and breathed easy. I kept a cloth wet with cold water on her eyes, changing it often, as it grew warm. I followed this plan, steaming her every two hours, for about a week, when she began to gain. Her eyes came open, and the one that was the worst, was completely covered with canker, and was as white as paper. I used a wash of rosemary to take off the canker; and when the scale came off, the sight came out with it: and it entirely perished. The other eye was saved, to the astonishment of all who saw her, particularly the doctor, who used frequently to call to see how she did. He said she was saved entirely by the plan I had pursued, and the great care and attention paid to her. She entirely recovered from the disease, with the exception of the loss of one eye, and has enjoyed good health to this time. This was the first of my finding out the plan of steaming and using cold water. After this I found by experience that by putting a hot stone into a thing of hot water, leaving it partly out of the water, and then pouring vinegar on the stone, was an improvement. Care should be taken not to raise the heat too fast; and I used to put a cloth wet with cold water on the stomach, at the same time giving hot medicine to raise the heat inside; and when they had been steamed in this manner as long as I thought they could bear it, then rub them all over with a cloth wet with spirit, vinegar, or cold water, change their clothes and bed clothes, and then let them go to bed.

A short time before this daughter was sick, my oldest son was born, and was very weakly in consequence of his mother's having previous to his birth, what is called a three months fever, which experience gave me a pretty good knowledge of the practice of the doctors in prolonging a disease; for I never could reconcile myself to the idea, that a doctor could be of any use if the fever must have its course, and nature had to perform the cure, at the same time the doctor gets his pay and the credit of it. If the patient's constitution is so strong as to enable them to struggle against the operation of the medicine and the disorder, they will recover; but if not, they run down in what the doctors call a galloping consumption. The doctor proceeded in this way with my wife until I was satisfied of his plan, when I interfered and dismissed him. As soon as she left off taking his medicine, she began gradually to gain her health and soon got about.

When this son was about six weeks old, he was attacked with the croup or rattles. He was taken a little before sunset with



a hoarseness, was very much clogged with phlegm, and breathed with so much difficulty, that he could be heard all over the house. I sent for the doctor, and he attended him till about ten o'clock at night, without doing him any good, and then went away, saying that he would not live till morning. After he was gone, I was again obliged to call on the mother of invention, and try what I could do myself. I searched the house for some rattlesnakes's oil, and was so fortunate as to find about three or four drops, which I immediately gave him and it loosened the phlegm, and he soon began to breathe easy; by close attention through the night, the child was quite comfortable in the morning. The doctor came in the next day and expressed great astonishment on finding the child alive; and was anxious to know by what means he had been relieved from so desperate a situation. On my informing him, he seemed well pleased with the information; and observed that he was willing to allow, that the greatest knowledge that doctors ever obtained was either by accident or through necessity. So the discovery of a cure for this desperate disease, by necessity, was of great use both to me and the doctor; notwithstanding, however, the information he gained of me, instead of giving me credit for it he charged me for his useless visit.

I was in the habit at this time of gathering and preserving, in the proper season, all kinds of medical herbs and roots that I was acquainted with, in order to be able at all times to prevent as well as to cure disease; for I found by experience, that one ounce of preventative was better than a pound of cure. Only the simple article of mayweed, when a person has taken a bad cold, by taking a strong cup of the tea when going to bed, will prevent more disease in one night, with one cent's expense, than would be cured by the doctor in one month, and one hundred dollars expense in their charges, apothecaries drugs and nurses.

I had not the most distant idea at this time, of ever engaging in the practice of medicine, more than to assist my own family; and little did I think what those severe trials and sufferings I experienced in the cases that have been mentioned, and which I was drove to by necessity, were to bring about. It seemed as a judgment upon me, that either myself or family, or some one living with me, were sick most of the time the doctor lived on my farm, which was about seven years. Since I have had more experience, and become better acquainted with the subject, I am satisfied in my own mind of the cause. Whenever any of the fa-

family took a cold, the doctor was sent for, who would always either bleed or give physic. Taking away the blood reduces the heat, and gives power to the cold they had taken, which increases the disorder, and the coldness of the stomach causes canker; the physic drives all the determining powers from the surface inwardly, and scatters the canker through the stomach and bowels, which holds the cold inside and drives the heat on the outside. The consequence is, that perspiration ceases, because internal heat is the sole cause of this important evacuation; and a settled fever takes place, which will continue as long as the cold keeps the upper hand. My experience has taught me that by giving hot medicine, the internal heat was increased, and by applying the steam externally, the natural perspiration was restored; and by giving medicine to clear the stomach and bowels from canker, till the cold is driven out and the heat returns, which is the turn of the fever, they will recover the digestive powers, so that food will keep the heat where it naturally belongs, which is the fuel that continues the fire or life of man.

After the doctor, who lived on my farm, moved away, I had very little sickness in my family. On the birth of my second son, which was about two years from the birth of the first son, we had no occasion for a doctor; my wife did well, and the child was much more healthy than the others had been; and I have never employed a doctor since; for I had found from sad experience, that they made much more sickness than they cured.—Whenever any of my family were sick I had no difficulty in restoring them to health by such means as were within my own knowledge. As fast as my children arrived at years of discretion, I instructed them how to relieve themselves, and they have all enjoyed good health ever since. If parents would adopt the same plan, and depend more upon themselves, and less upon the doctors, they would avoid much sickness in their families, as well as save the expense attending the employment of one of the regular physicians, whenever any trifling sickness occurs, whose extravagant charges is a grievous and heavy burthen upon the people. I shall endeavor to instruct them all in my power, by giving a plain and clear view of the experience I have had, that they may benefit by it. If they do not, the fault will not be mine, for I shall have done my duty. I am certain of the fact, that there is medicine enough in the country within the reach of every one, to cure all the disease incident to it, if timely and properly administered,



At the birth of our third son, my wife was again given over by the midwife. Soon after the child was born, she was taken with ague-fits and cramp in the stomach; she was in great pain, and we were much alarmed at her situation. I proposed giving her some medicines, but the midwife was much opposed to it; she said she wished to have a doctor, and the sooner the better. I immediately sent for one, and tried to persuade her to give something which I thought would relieve my wife until the doctor could come; but she objected to it, saying that her case was a very difficult one, and would not allow to be trifled with; she said she was sensible of the dangerous situation my wife was in, for not one out of twenty lived through it, and probably she would not be alive in twenty-four hours from that time. We were thus kept in suspense until the man returned, and the doctor could not be found, and there was no other within six miles. I then came to the determination of hearing to no one's advice any longer, but to pursue my own plan. I told my wife, that as the midwife said she could not live more than twenty-four hours her life could not be cut short more than that time, therefore there would be no hazard in trying what I could do to relieve her. I gave her some warm medicine to raise the inward heat, and then applied the steam, which was very much opposed by the midwife; but I persisted in it according to the best of my judgment and relieved her in about one hour, after she had laid in that situation above four hours, without any thing being done. The midwife expressed a great deal of astonishment at the success I had met with, and said that I had saved her life, for she was certain that without the means I had used, she could not have lived. She continued to do well and soon recovered.— This makes the fifth time I had applied to the mother of invention for assistance, and in all of them was completely successful.

These things began to be taken some notice of about this time, and caused much conversation in the neighborhood. My assistance was called for by some of the neighbors, and I attended several cases with good success. I had previous to this time, paid some attention to the farrier business, and had been useful in that line. This, however, gave occasion for the ignorant and credulous to ridicule me and laugh at those whom I attended; but these things had little weight with me, for I had no other object in view but to be serviceable to my fellow creatures, and I was too firmly fixed in my determination to pursue that course which I considered was pointed out as my duty, by

the experience and many hard trials I had suffered, to be deterred by the foolish remarks of the envious or malicious part of society.

The last sickness of my wife, I think took place in the year 1799, and about two years after she had another son and did well, making five sons that she had in succession; she afterwards had another daughter, which was the last, making eight children in the whole that she was the mother of; five sons and three daughters. I mention these particulars in order that the reader may the better understand many things that took place in my family, which will give some idea of the experience and trouble I had to encounter in bringing up so large a family, especially with the many trials I had to go through in the various cases of sickness and troubles, which are naturally attendant on all families, and of which I had a very large share. The knowledge and experience, however, which I gained by these trying scenes, I have reason to bless God for, as it has proved to be a blessing not only to me, but many hundreds who have been relieved from sickness and distress, through my means; and I hope and trust that it will eventually be the cause of throwing off the veil of ignorance from the eyes of the good people of this country, and do away the blind confidence they are so much in the habit of placing in those who call themselves physicians, who live sumptuously every day; living in splendor and magnificence, supported by the impositions they practice upon a deluded and credulous people; for they have much more regard for their own interest than they do for the health and happiness of those who are so unfortunate as to have any thing to do with them. If this was the worst side of the picture, it might be borne with more patience; but their practice is altogether experimental, to try the effect of their poisons upon the constitutions of their patients, and if they happen to give more than nature can bear, they either die or become miserable invalids the rest of their lives, and their friends console themselves with the idea that it is the will of God, and it is their duty to submit; the doctor gets well paid for his services, and that is an end of the tragedy. It may be thought by some that this is a highly colored picture, and that I am uncharitable to apply it to all who practice as physicians; but the truth of the statements, as respects what are called regular physicians, or those who get diplomas from the medical society, will not be doubted by any who are acquainted with the subject, and will throw aside prejudice and reflect seriously upon it—those whom the coat suits

I am willing should wear it. There are, however, many physicians within my knowledge, who do not follow the fashionable mode of practice of the day, but are governed by their own judgments, and make use of the vegetable medicine of our own country, with the mode of treatment most consistent with nature; and what is the conduct of those who have undertaken to dictate to the people how and by whom they shall be attended when sick, towards them? Why, means that would disgrace the lowest dregs of society, that savages would not be guilty of, are resorted to for the purpose of injuring them, and destroying their credit with the public. I have had a pretty large share of this kind of treatment from the faculty, the particulars of which, and the sufferings I have undergone, will be given in detail in the course of this narrative.

Sometime in the month of November, 1802, my children had the measles, and some of them had them very bad. The want of knowing how to treat them gave me a great deal of trouble, much more than it would at the present time, for experience has taught me that they are very easy to manage. One of the children took the disease and gave it to the rest, and I think we had four down with them at the same time. My third son had the disorder very bad; they would not come out, but turned in, and he became stupid. The canker was much in the throat and mouth, and the rosemary would have no effect. Putrid symptoms made their appearance, and I was under the necessity of inventing something for that, and for the canker. I used the steam of vinegar to guard against putrefaction, and gold thread (or yellow root,) with red oak acorns pounded and steeped together, for the canker. These had the desired effect; and by close attention he soon got better. The second son was then taken down pretty much in the same manner, and I pursued the same mode of treatment, with similar success; but the disease had so affected his lungs, that I feared it would leave him in a consumption, as was the case with my mother. He could not speak loud for three weeks. I could get nothing that would help him for some time, till at last I gave him several portions of the emetic herb, which relieved him and he soon got well. During this sickness we suffered much from fatigue and want of sleep; for neither my wife nor myself had our clothes off for twelve nights. This was a good fortnight's school to me, in which I learned the nature of the measles; and found it to be canker and putrefaction. This experience enabled me to relieve many others in this disease, and likewise in the canker-rash; in

these two disorders, and the small pox, I found a looking-glass, in which we may see the nature of every other disease. I had the small pox in the year 1798, and examined its symptoms with all the skill I was capable of, to ascertain the nature of the disease; and found that it was the highest stage of canker and putrefaction that the human system was capable of receiving—the measles the next, and the canker-rash the third; and other disorders partake more or less of the same, which I am satisfied is a key to the whole; for by knowing how to cure this, is a general rule to know how to cure all other cases; as the same means that will put out a large fire will put out a candle.

Soon after my family had got well of the measles, I was sent for to see a woman by the name of Redding, in the neighbourhood. She had been for many years afflicted with the cholic, and could get no relief from the doctors. I attended her and found the disorder was caused by canker, and pursued the plan that my former experience had taught me, which relieved her from the pain, and so far removed the cause that she never had another attack of the disease. In this case the cure was so simple and easily performed, that it became a subject of ridicule, for when she was asked about it, she was ashamed to say that I cured her. The popular practice of the physicians had so much influence on the minds of the people, that they thought nothing could be right but what was done by them. I attended, in this family for several years, and always answered the desired purpose; but my practice was so simple, that it was not worthy of notice, and being dissatisfied with the treatment I received, refused to do any thing more for them. After this they employed the more fashionable practitioners, who were ready enough to make the most of a job, and they had sickness and expense enough to satisfy them, for one of the sons was soon after taken sick and was given over by the doctor, who left him to die; but after he left off giving medicine he got well himself, and the doctor not only had the credit of it, but for this job and one other similar, his charges amounted to over one hundred dollars. This satisfied me of the foolishness of the people, whose prejudices are always in favour of any thing that is fashionable, or that is done by those who profess great learning; and prefer long sickness and expense, if done in this way, to a simple and natural relief, with a trifling expense.

Soon after this, I was called on to attend a Mrs. Wetherby, in the neighbourhood, who had the same disorder. She had been afflicted with the cholic for several years, having periodical

turns of it about once a month; and had been under the care of a number of doctors, who had used all their skill without affording her any relief, excepting a temporary one by stupifying her with opium and giving physic, which kept her along till nature could wear it off, when she would get a little better for a few days, and then have another turn. After hearing of my curing Mrs. Redding, they sent for me; I gave her my medicine to remove the canker, and steamed her, which gave relief in one hour. She had a very large family to attend to having thirteen children, and before she had recovered her strength she exposed herself and had another turn; I attended again and relieved her in the same manner as before; but she could not wait till she gained her strength, and exposed herself again as before, took cold, and had another turn. Her husband said I only relieved her for the time, but did not remove the cause, and being dissatisfied with what I had done, he sent for a doctor to remove the cause; who carried her through a course of physic, and reduced her so low, that she lingered along for eight weeks, being unable to do any thing the whole time; they then decided that she had the consumption, and gave her over to die. After the doctors had left her in this situation as incurable, she applied again to me; but I declined doing any thing for her, as I knew her case was much more difficult than it was before she applied to the doctor, and if I should fail in curing her, the blame would all be laid to me, or if she got well I should get no credit by it; for which reasons I felt very unwilling to do any thing for her. After finishing my forenoon's work, on going home to dinner I found her at my house waiting for me, and she insisted so much upon my undertaking to cure her, and seemed to have so much faith in my being able to do it, that I at last told her if she would come to my house and stay with my wife, who was sick at that time, I would do the best I could to cure her. She readily consented and staid but three days with us; during which time I pursued my usual plan of treatment, giving her things to remove the canker, and steaming to produce a natural perspiration; at the end of the three days she went home, taking with her some medicine, with directions what to do for herself, and in a short time entirely recovered her health. In less than a year after she had another child, which was a conclusion of her having children or the cholic, and she ever after enjoyed as good health as any woman in the neighbourhood; but this cure was done in so unfashionable a way, that they were hardly willing to acknowledge it, and they would not apply to me for relief when any of



their family were sick, till they had failed in getting it in any other way.

In about a year after the above case, one of this family, a young man about sixteen years old, was attacked with a fever; the doctor was sent for, who followed the fashionable course of practice, and reduced him with mercury and other poisons, so that he lingered along for three or four months, constantly growing worse, till the doctor said it was a rheumatic fever, and afterwards that he was in a decline. He had taken so much mercury that it had settled in his back and hips, and was so stiff that he could not bring his hands lower than his knees. By this time the doctor had given him over as incurable, and he was considered a fit subject for me to undertake with. They applied to me and I agreed to take him home to my house, and do the best I could to cure him. It was a difficult task, for I had in the first place to bring him back to the same situation he was in when he had the fever, and to destroy the effects of the poison and regulate the system by sweating, to produce a natural perspiration; by pursuing this plan, and giving such things as I could get to restore the digestive powers, in two months he was completely restored to health; for which I received but five dollars, and this was more grudgingly paid than if they had given a doctor fifty, without doing any good at all.

In the spring of the year 1805, I was sent for to go to Woodstock, in Vermont, to attend a young woman, who was considered in a decline, and the doctors could not help her. I found her very low, not being able to set up but very little. I staid and attended her about a week, and then left her, with medicines and directions what to do, and returned home. In about a month I went again to see her and found her much better, so that she was able to ride to her father's, which was above twenty miles. All this time I had not formed an idea that I possessed any knowledge of disorder or of medicine, more than what I had learned by accident; and all the cases I attended were from necessity; but the success I had met with and the extraordinary cures I had performed, made much talk, and were heard of for fifty miles around.

I began to be sent for by the people of this part of the country so much, that I found it impossible to attend to my farm and family as I ought; for the cases I had attended, I had received very little or nothing, not enough to compensate me for my time; and I found it to be my duty to give up practice altogether or to make a business of it. I consulted with my wife and asked the advice of my friends, what was best for me to do; they all

agreed, that as it seemed to be the natural turn of my mind, if I thought myself capable of such an important undertaking, it would be best to let my own judgment govern me, and to do as I thought best. I maturely weighed the matter in my mind, and viewed it as the greatest trust that any one could engage in. I considered my want of learning and ignorance of mankind, which almost discouraged me from the undertaking; yet I had a strong inclination for the practice, which seemed impossible to divest my mind of; and I had always had a very strong aversion to working on a farm, as every thing of the kind appeared to me to be a burthen; the reason of which I could not account for, as I had carried on the business to good advantage, and had as good a farm as any in the neighbourhood. I finally concluded to make use of that gift which I thought the God of nature had implanted in me; and if I possessed such a gift, I had no need of learning, for no one can learn that gift. I thought of what St. Paul says in his epistle to the Corinthians, concerning the different gifts by the same spirit; some had the gift of prophecy, another, the gift of healing, to another the working of miracles. I am satisfied in my own mind, that every man is made capacitated for some particular pursuit in life, which if he engages in it, he will be more useful than he would if he happens to be so unfortunate as to follow a calling or profession, that was not allotted to him by his maker. This is a very important consideration for parents, not to make their sons learn trades or professions which are contrary to their inclinations and the natural turn of their minds; for it is certain if they do, they never can be useful or happy in following them.

I am convinced myself that I possess a gift in healing the sick, because of the extraordinary success I have met with, and the protection and support Providence has afforded me against the attacks of all my enemies. Whether I should have been more useful had it been my lot to have had an education, and learned the profession in the fashionable way, is impossible for me to say with certainty; probably I should have been deemed more honorable in the world; but honor obtained by learning, without a natural gift, can never in my opinion make a man very useful to his fellow-creatures. I wish my readers to understand me, that I do not mean to convey the idea, that learning is not necessary and essential in obtaining a proper knowledge of any profession or art; but that going to college will make a wise man of a fool, is what I am ready to deny; or that a man cannot be useful and even great in a profession, or in the arts and



sciences, without a classical education, is what I think no one will have the hardihood to attempt to support, as it is contrary to reason and common sense. We have many examples of some of the greatest philosophers, physicians, and divines the world ever knew, who were entirely self-taught; and who have done more honor and been greater ornaments to society, than a million of those who have nothing to recommend them but having their heads crammed with learning, without sense enough to apply it to any great or useful purpose.

Among the practicing physicians, I have found, and I believe it to be a well known fact, that those who are really great in the profession and have had the most experience, condemn as much as I do, the fashionable mode of practice of the present day, and use very little medical poisons, confining themselves in the treatment of patients to simples principally, and the use of such things as will promote digestion and aid nature; and many of them disapprove of bleeding altogether. Those of this description, with whom I have had an opportunity to converse, have treated me with all due attention and civility; have heard me with pleasure, and been ready to allow me credit for my experience and the discoveries I have made in curing disease. The opposition and abuse that I have met with, has been uniformly from those to whom I think I can with propriety give the name of quacks, or ignorant pretenders; as all their merit consists in their self-importance and arrogant behaviour towards all those who have not had the advantages of learning, and a degree at college. This class compose a large proportion of the medical faculty throughout our country; they have learned just enough to know how to deceive the people, and keep them in ignorance, by covering their doings under a language unknown to their patients. There can be no good reason given why all the medical works are kept in a dead language, except it be to deceive and keep the world ignorant of their doings, that they may the better impose upon the credulity of the people; for if it was to be written in our own language every body would understand it, and judge for themselves; and their poisonous drugs would be thrown into the fire before their patients would take them. The ill-treatment that I have received from them, has been mostly where I have exposed their ignorance by curing those they had given over to die; in which cases they have shown their malice by circulating all kinds of false and ridiculous reports of me and my practice, in order to destroy my credit with the people; and I am sorry to say that I have found many

too ready to join with them, even among those who have been relieved by me from pain and sickness. Such ingratitude I can account for in no other way, than by the readiness with which the people follow whatever is fashionable, without reflecting whether it be right or wrong.

After I had come to the determination to make a business of the medical practice, I found it necessary to fix upon some system, or plan for my future government in the treatment of disease; for what I had done had been as it were from accident, and the necessity arising out of the particular cases that came under my care, without any fixed plan; in which I had been governed by my judgment and the advantages I had received from experience. I deemed it necessary not only as my own guide; but that whatever discoveries I should make in my practice, they might be so adapted to my plan, as that my whole system might be easily taught to others, and preserved for the benefit of the world. I had no other assistance than my own observations and the natural reflections of my own mind, unaided by learning or the opinions of others. I took nature for my guide, and experience as my instructor; and after seriously considering every part of the subject, I came to certain conclusions concerning disease and the whole animal economy, which thirty years' experience has perfectly satisfied me is the only correct theory. My practice has invariably been conformable to the general principles upon which my system is founded, and in no instance have I had reason to doubt the correctness of its application to cure all cases of disease when properly attended to: for that all disease is the effect of one general cause, and may be removed by one general remedy, is the foundation upon which I have erected my fabric, and which I shall endeavor to explain in as clear and concise a manner as I am capable, with a hope that it may be understood by my readers, and that they may be convinced of its correctness.

I found, after maturely considering the subject, that all animal bodies are formed of the four elements, earth, air, fire and water. Earth and water constitute the solids, and air and fire, or heat, are the cause of life and motion. That cold, or lessening the power of heat, is the cause of all disease—that to restore heat to its natural state was the only way by which health could be produced; and that after restoring the natural heat, by clearing the system of all obstructions and causing a natural perspiration, the stomach would digest the food taken into it, by which means the whole body is nourished and invigorated, and the heat or

nature is enabled to hold its supremacy—that the constitutions of all mankind being essentially the same, and differing only in the different temperament of the same materials of which they are composed; it appeared clear to my mind, that all disease proceeded from one general cause, and might be cured by one general remedy—that a state of perfect health arises from a due balance or temperature of the four elements; but if it is by any means destroyed, the body is more or less disordered. And when this is the case, there is always an actual diminution or absence of the element of fire, or heat; and in proportion to this diminution, or absence, the body is affected by its opposite, which is cold. And I found that all disorders which the human family were afflicted with, however various the symptoms, and different the names by which they are called, arise directly from obstructed perspiration, which is always caused by cold, or want of heat; for if there is a natural heat, it is impossible but that there must be a natural perspiration.

Having fixed upon these general principles, as the only solid foundation upon which a correct and true understanding of the subject can be founded, my next business was to ascertain what kinds of medicine and treatment would best answer the purpose in conformity to this universal plan of curing disease; for it must, I think, be certain, and self-evident to every one, that whatever will increase the internal heat, remove all obstructions of the system, restore the digestive powers of the stomach, and produce a natural perspiration, is universally applicable in all cases of disease, and therefore may be considered as a general remedy.

The first and most important consideration, was to find a medicine that would establish a natural internal heat, so as to give nature its proper command. My emetic herb, (No. 1.) I found would effectually cleanse the stomach, and would very essentially aid in raising the heat and promoting perspiration; but would not hold it long enough to effect the desired object, so but that the cold would return again and assume its power. It was like a fire made of shavings; a strong heat for a short time and then all go out. After much experience, and trying every thing within my knowledge to gain this important point, I fixed upon the medicine which I have called No. 2, in my patent, for that purpose; and after using it for many years, I am perfectly convinced that it is the best thing that can be made use of to hold the heat in the stomach until the system can be cleared of obstructions, so as to produce a natural digestion of the food.

which will nourish the body, establish perspiration and restore the health of the patient. I found it to be perfectly safe in all cases, and never knew any bad effects from administering it.

My next grand object was to get something that would clear the stomach and bowels from canker, which are more or less affected by it in all cases of disease to which the human family are subject. Canker and putrefaction are caused by cold, or want of heat; for whenever any part of the body is so affected by cold as to overpower the natural heat, putrefaction commences, and if not checked by medicine, or the natural constitution is not strong enough to overcome its progress it will communicate to the blood, when death will end the contest between heat and cold, by deciding in favor of the latter. I have made use of a great many articles, which are useful in removing canker; but my preparation called No. 3, is the best for that purpose, that has come to my knowledge; though many other things may be made use of to good effect, all of which I shall give particular description of in my general directions hereafter.

Having endeavored to convey to my readers in a brief manner, a correct idea of the general principles upon which I formed my system of practice, I shall now give some account of the success I met with in the various cases that came under my care, and the difficulties and opposition that I have had to encounter in maintaining it till this time, against all my enemies.

My general plan of treatment has been in all cases of disease, to cleanse the stomach by giving No. 1, and produce as great an internal heat as I could, by giving No. 2, and when necessary made use of steaming, in which I have always found great benefit, especially in fevers; after this, I gave No. 3, to clear off the canker; and in all cases where the patient had not previously become so far reduced as to have nothing to build upon, I have been successful in restoring them to health. I found that fever was a disturbed state of the heat, or more properly, that it was caused by the efforts which nature makes to throw off disease; and therefore ought to be aided in its cause, and treated as a friend; and not as an enemy, as is the practice of the physicians. In all cases of disease I have found that there is more or less fever, according to the state of the system; but that all fevers proceed from the same cause, differing only in the symptoms; and may be managed and brought to a crisis with much less trouble than is generally considered practicable, by increasing the internal heat, till the cold is driven out, which is the cause of it. Thus keeping the fountain above the stream, and every thing will take its natural course.

During the year 1805, a very alarming disease prevailed in Alstead and Walpole, which was considered the yellow fever, and was fatal to many who were attacked by it. I was called on and attended with very great success, not losing one patient that I attended; at the same time, those who had the regular physicians, nearly one half of them died. This disease prevailed for about forty days, during which time I was not at home but eight nights. I was obliged to be nurse as well as doctor, and do every thing myself, for the people had no knowledge of my mode of practice, and I could not depend upon what any person did, except what was under my own immediate inspection. I pursued the same general plan that I had before adopted; but the experience I had from this practice, suggested to me many improvements, which I had not before thought of, as respects the manner of treatment of patients to effect the objects I aimed at in curing the disease, which was to produce a natural perspiration. I found great benefit in steaming in the manner that I had discovered and practiced with my little daughter; but I found by experience, that by putting a hot stone into a spider or iron bason, and then wetting the top of the stone with vinegar, was an important improvement; and with this simple method, with a little medicine of my own preparing, answered a much better purpose, than all the bleeding and poisonous physic of the doctors. While I was attending those who were sick, and they found that my mode of treatment relieved them from their distress, they were very ready to flatter and give great credit for my practice; but after I had worn myself out in their service, they began to think that it was not done in a fashionable way; and the doctors made use of every means in their power to ridicule me and my practice, for the purpose of maintaining their own credit with the people. This kind of treatment was a new thing to me, as I did not at that time so well understand the craft, as I have since, from hard earned experience. The word quackery, when used by the doctors against me, was a very important charm to prejudice the people against my practice; but I would ask all the candid and reflecting part of the people, the following question, and I will leave them to their consciences to give an answer—Which is the greatest quack, the one who relieves them from their sickness by the most simple and safe means, without any pretensions to infallibility or skill, more than what nature and experience has taught him, or the one who, instead of curing the disease, increases it by administering poisonous medicines, which



only tend to prolong the distress of the patient, till either the strength of his natural constitution, or death relieves him?

I was called upon to attend a man by the name of Fairbanks, who lived in Walpole; he was taken with bleeding at the lungs. I found him in a very bad condition; the family judged that he had lost nearly six quarts of blood in twenty-four hours. He was in despair, and had taken leave of his family, as they considered there was no hopes of his living.—The doctor was with him when I first entered the house; but he fled at my approach. Both his legs were couled by the doctor, and the first thing I did was to strip off the cords from his legs; and then gave medicine to get as great an internal heat as I possibly could produce; got him to sweat profusely; then gave him medicine to clear the canker; and in four days he was so well as to be able to go out and attend to his business.

Sometime in October, 1805, I attended a Mrs. Goodell of Walpole; she had been confined and had taken cold. The most noted doctors in the town had attended her through what they called a fever, and she was then pronounced by them to be in a decline. After three months practice upon her, they had got her into so desperate a situation, that they gave her over, and said that her case was so putrid and ulcerated that it was utterly incurable. She had, in addition to the rest of her difficulties, a cancer on her back. In this desperate situation, it was thought by her friends that she was a proper subject for me to undertake with. I, with a great deal of reluctance, undertook with her, at her earnest solicitation and that of her husband; but met with much greater success than I expected. In four weeks she was able to be about the house and do some work.

In the same year I was sent for to attend a woman who had been in a dropsical way for a number of years. The disease had of late gained with rapid progress. Her husband had previously conversed with me upon the subject, and said that he had applied to Dr. Sparhawk, and others, and they had agreed to make a trial of mercury. I told him that it would not answer the purpose; he said he was afraid of it himself; but the doctors said there was no other possible way. The doctor tried his mercurial treatment for several days, which very nearly proved fatal; for I was sent for in great haste, with a request that I would attend as soon as possible, as they expected she would not live through the day. I found her situation very distressing; she said it appeared to her that she was full of

scalding water. She began to turn purple in spots, and it was expected that mortification had taken place. In the first place, I gave her about a gill of checkerberry and hemlock, distilled, which allayed the heat immediately. This answered the purpose, till I could clear her stomach, and by the greatest exertions, and close attention through the day, I was enabled to relieve her. I attended her for about a week, and she was so far recovered as to enjoy comfortable health for twelve years.

Notwithstanding this desperate case was cured, to the astonishment of all who witnessed it, the doctors had so much influence over the people, and made so many false statements about it, that I got no credit for the cure. This woman's brother had said that her husband wanted to kill her, or he would not have sent for me. Such kind of ingratitude was discouraging to me; but it did not prevent me from persevering in my duty.

A short time after the above case happened, that woman's brother, who made the speech about me, was taken very sick, with what was called the yellow fever, and sent for me. I attended him and asked him if he wanted to die. He said no; why do you ask that? I told him, that I should suppose from the speech he made about my being sent for to his sister, that he did, or he would not have sent for me, if he believed his own words. He said he thought differently now. I attended him through the day with my new practice. To sweat him I took hemlock boughs, and put a hot stone in the middle of a large bunch of them, wrapping the whole in a cloth and poured on hot water till I raised a lively steam, and then put one at his feet and another near his body. I gave him medicine to raise the inward heat and for the canker; after attending him through the day, I went home; and on calling to see him the next morning, found that his fever had turned, and he was quite comfortable, so that he was soon about his business.

I was about this time sent for to see a child in Surry, a neighboring town, which was taken very sick, and was entirely stupid. I told the father of the child that it had the canker, and made use of my common mode of practice for that difficulty. Being sent for to go to Walpole to see two young men who had been taken the day before with the prevailing fever, I left the child, with directions how to proceed with it. I then started for Walpole, and found the two young men violently attacked with the fever. They had a brother who had been attended by the doctor for above four weeks for the same disease, and was then just able to sit up. It was thought by all, the two that

were attacked last, were as violently taken as the other was; and they expressed a strong wish, that they might be cured without so long a run as their brother had. I was as anxious as they were to have a short job, and exerted all my powers to relieve them, which I was enabled to do that night, and left them in the morning quite comfortable, so that they were soon able to attend to their work. The brother who had the doctor, was unable to do any thing for several months. The doctor was paid a heavy bill for his visits; but my cure was done so quick, that it was thought not to be worthy of their notice, and I never received a cent from them for my trouble. On returning to the child that I had left the day before, I found that the doctor had been there and told them that I did not know what was the matter with the child; and had persuaded them to give him the care of it. He filled it with mercury and run it down; after having given as much mercury inside as nature could move, and the bowels grew silent, he then rubbed mercurial ointment on the bowels as long as it had any effect; after which he agreed that the child had the canker very badly; but he still persisted in the same course till the child wasted away and died, in about two months after it was first taken sick. After the child was dead, his parents were willing to allow that I understood the disorder best. The doctor got twenty five dollars for killing the child by inches, and I got nothing.

In the spring of 1805, a Mrs. Richardson was brought to my house. She was brought in her bed from Westford, Vermont, about 130 miles; and was attended by a son and daughter, the one twenty-one and the other eighteen years of age. The mother had lain in her bed most part of the time for ten years. All the doctors in that part of the country had been applied to without any advantage; and they had spent nearly all their property. I undertook with her more from a charitable feeling for the young man and woman, than from any expectation of a cure. Their conduct towards their helpless mother, was the greatest example of affection of children to a parent, that I ever witnessed. The young man stated to me that his mother had been a year together without opening her eyes; that when she could open them, they thought her almost well. She was perfectly helpless, not being able to do the least thing; not even to brush off a fly, any more than an infant. She had laid so long that her knee joints had become stiff.

I began with her by cleansing her stomach and promoting perspiration; after which, I used to try to give her some exer-

else. The first trial I made was to put her bed into a wheelbarrow and lay her on it; when I would run her out, till she appeared to be weary; sometimes I would make a mis-step and fall, pretending that I had hurt me; in order to try to get her to move herself by frightening her. After exercising her in this way for a few days, I put her in a waggon, sitting on a bed, and drove her about in that manner; and when her joints became more limber, I sat her on the seat of the waggon. She insisted that she should fall off, for she said she could not use her feet; but the driver would sometimes drive on ground that was slipping, and rather than turn over, she would start her foot unexpectedly. After exercising her in this way sometime, I put her on a horse behind her son; she at first insisted that she should fall off; but when I told her she was at liberty to fall, if she chose, she would not, choosing rather to exert herself to hold on. When she had rode a few miles in this way, I put her on the horse alone, and after a few trials she would ride very well, so that in the course of two months she would ride four miles out and back every day. She used to be tired after riding, and would lay down and not move for six hours. I continued to give her medicine to keep up perspiration, and restore the digestive powers, and to strengthen the nervous system. I attended her in this way for three months, and then went with her and her son and daughter to Manchester; she rode upwards of thirty miles in a day, and stood the journey very well. I never received any pay for all my trouble and expense of keeping them for three months, except what the two young people did more than take care of their mother; but I accomplished what I undertook, and relieved these two unfortunate orphans from their burthen; which was more satisfaction to me than to have received a large sum of money, without doing any good. I saw this woman three years after at the wedding of her son, and she was quite comfortable, and has enjoyed a tolerable degree of health to this time, being able to wait on herself.

On my return from Manchester I stopped at Walpole, and it being on the Sabbath, I attended meeting. In the afternoon during service, a young woman was taken in a fit and carried out of the meeting-house. I went out to see her and found that she had been subject to fits for sometime. She was much bloated, and very large, weighing about three hundred. A few days after her friends brought her to my house, and were very urgent that I should undertake to help her; but I told them I was satisfied that it would be a very difficult undertaking, and I

did not feel willing to engage in it; but they were so urgent I agreed to do what I could for her. Every time she took medicine, when I first began with her, she would have a strong convulsion fit; but I soon got her to sweat freely, and her fits were at an end. By persevering in my usual plan of treatment, I got a natural perspiration, and her other evacuations became regular; she was considerably reduced in size, and I have never heard of her having any fits since. The cause of her fits was taking sudden cold, and all perspiration and the greater part of other evacuations ceased, leaving the water in her body.

In the fall of 1805, I was sent for to go to Richmond, to see the family of Elder Bowles, who were all sick with the dysentery; and Mrs. Bowles had a cancer on her breast. I relieved them of their disorders, by my usual mode of practice; and gave the woman medicine for the cancer, which relieved her. I had occasion to visit her again, and the tumor was about the size of an egg; but by following my prescriptions, it was dissolved without causing any pain, and she has been well for twelve years. I then practiced in different parts of Royalston and Warwick, and my practicing in these places was the way that my mode of sweating for the spotted fever, came to be known and practiced by the physicians in Petersham. I had discovered the benefit of steaming by trying it upon my daughter two years before, and had been constantly practicing it ever since; but the doctors, though they condemned me and my practice, were willing to introduce it and take the credit to themselves as an important discovery.

After returning home I was sent for to attend a woman in the neighborhood, who had been under the care of a celebrated doctor, for a cancer in her breast. He had tortured her with his caustics, till her breast was burnt through to the bone; and by its corrosive nature had caused the cords to draw up into knots; he had likewise burnt her leg to the cords. She had been under his care eleven weeks; until she was much wasted away, and her strength nearly gone. In this situation the doctor was willing to get her off his hands, and wished me to take charge of her. After some hesitation I consented, and attended her three weeks, in which time I healed up her sores, and cleared her of the humor so effectually that she has ever since enjoyed good health.

While attending upon this case another woman was brought to me from Hillsborough, who had a cancer on the back of her neck. I dissolved the tumor, and cured her by applying my



cancer balsam, and the common course of medicine, in three weeks, without any pain; and she has ever since enjoyed good health.

In the autumn of 1806, I found that a certain doctor of Alstead, had circulated some very foolish and slanderous reports about me and an old woman, whom I had attended, and had given to them so much importance, that many people believed them. I found that I could prove his assertions, and sued him for defamation; supposing that by appealing to the laws of my country I could get redress; but I was disappointed in my expectations, for I was persuaded to leave the case to a reference, and he had raised such a strong prejudice in the minds of the people against me, that they were more ready to favor a man whom they considered great and learned, because he had been to college, than to do justice to me; so they gave the case against me, and I had to pay the cost. After this I refused to attend those people who had assisted in injuring me, and gave them up to their fashionable doctor. A curse seemed to follow them and his practice; for the spotted fever prevailed in this place soon after, and the doctor took charge of those who had sided with him against me, and if he had been a butcher and used the knife, there would not have been more destruction among them. Two men who swore falsely in his favor, and by whose means he got his cause, were among his first victims; and of the whole that he attended, about nine tenths died. He lost upwards of sixty patients in the town of Alstead in a short time.

I attended the funeral of a young man, one of his patients, who was sick but twenty-four hours, and but twelve under the operation of his medicine. He was as black as a blackberry, and swelled so as to be difficult to screw down the lid of the coffin; when I went into the room where the corpse was, the doctor followed me, and gave directions to have the coffin secured so as to prevent the corpse being seen; and then began to insult me, to attract the attention of the people. He said to me, I understand, sir, that you have a patent to cure such disorders as that (pointing to the corpse.) I said no, and at the same time intimated what I thought of him. He put on an air of great importance, and said to me, what can you know about medicine? you have no learning, you cannot parse one sentence in grammar. I told him I never knew that grammar was made use of as medicine; but if a portion of grammar is so much like the operation of ratsbane, as appears on this corpse, I should never wish to know the use of it. This unexpected application of the

meaning of what he said, displeased the medical gentleman very much; and finding that many of the people present had the same opinion that I had, it irritated him so much, that he threatened to horsewhip me; but I told him that he might do what he pleased to me, provided he did not poison me with his grammar. He did not attempt to carry his threat into execution, so I have escaped his whip and his poison: but the people were justly punished for their ingratitude and folly, in preferring death and misery, because it was done more fashionably, to a mode of practice by which they might relieve themselves in a simple and safe manner.

I have been more particular in relating these circumstances, in order to show my reasons for refusing to practice so near home; for I had been in constant practice among them for four or five years, and had been very successful, not having lost one patient during the whole time. My house had been constantly filled with patients from all parts of the country, for which I had received very little pay; myself and family were worn out with nursing and attending upon them; so that I was compelled in a measure, to leave home to free myself and family from so heavy a burthen. Besides I felt it more a duty to assist the people in those parts where I had been treated with more friendship, and had received more assistance through my troubles, than what I had experienced from those whom I had reason to consider as under the greatest obligations to me.

In the spring of the year 1806, I came to a determination to go to New York, for the purpose of ascertaining the nature of the yellow fever, having been impressed with the idea, that this disease was similar to that which had been prevalent in different parts of the country, only differing in causes which were local. I made arrangements with a man to take charge of my family, and on the 26th of June, started for Boston, where I took passage for New York, and sailed on the 3d of July. In passing through the Sound, I was very sensibly affected by the cold which I experienced in consequence of the sea air; having never been on the salt water before, this was new to me; although the weather was very hot on the land, I suffered with the cold. We arrived at New York in eight days; and the weather was extremely hot when I landed; this sudden change produced a powerful effect on my feelings; the cause of which I was satisfied in my own mind, was in consequence of the cold I had experienced on the water having reduced the natural heat of the body; thus coming into a very warm atmosphere, the external

and internal heat were upon nearly an equal scale, and when there is an exact balance, so as to stop the determining powers to the surface, mortification immediately takes place, and death follows. This is the cause why the fever is so fatal to those who go from the northward into a warm climate.

On my arrival I looked round to find a place to board, and took up my lodgings with a Mr. Kavanagh, an Irishman, and a Roman Catholic. After spending some time in viewing the city, I applied to the Mayor of the city, and to the Board of Health, to ascertain whether I could have an opportunity to try the effect of my medicine and system of practice on the prevailing fever. They told me that I could get no pay for it by law. I went to see Dr. Miller, who was then President of the board of health, and had some conversation with him upon the subject. He told me the same as the Mayor had, and inquired of me in what manner I expected to give relief; I told him my plan was to cause perspiration. He said if I could cause them to sweat, he thought there was a good chance to effect a cure.

After spending several days in New York, I went to Westchester creek to procure some medicine. I thought that I was going to have the yellow fever, for I felt all the symptoms, as I thought, of that disease; my strength was nearly gone, my eyes were yellow, and a noise in my head; my tongue was black, and what passed my bowels was like tar. I was among strangers, and had little money; I went to the house of a quaker woman, and asked her to let me stay with her that day; she gave her consent. Had but little medicine with me, and could find nothing that I could relish but salt and vinegar; I used about half a pint of salt and double the quantity of vinegar, which gave me relief, and I gained so much strength, that the next day I was able to return to the city of New York. On my arrival there, I was so weak that it was with the greatest difficulty I could walk to my boarding house, which was about forty rods from the place where we landed. I immediately took Nos. 2 and 3, steeped, and No. 4, in a short time I began to have an appetite; the first food that I took was a piece of smoked salmon, and some ripe peach sauce. Soon recovered my strength and was able to be about. This satisfied me that I had formed a correct idea of this fatal disease; that it was the consequence of losing the inward heat of the body, and bringing it to a balance with the surrounding air; and the only method by which a cure can be effected, is by giving such medicine as will increase the fever or inward heat, to such a degree as to get the determining

power to the surface, by which means perspiration will take place, and which is called the turn of the fever; if this is not accomplished either by medicine, or by nature being sufficient to overcome the disease, mortification will be as certain a consequence as it would be if a person was strangled. The reason why they lose their strength in so short a time, is because it depends wholly upon the power of inward heat; and as much as they lose that, so much they lose their strength and activity.

I had a good opportunity to prove these facts and to satisfy myself, by attending upon a Mr. McGowan, who had the yellow fever. He was the teacher of the Roman Catholic school, and an acquaintance of Mr. Kavanagh, with whom I boarded, and who recommended him to my care. He was attacked about noon, and was very cold, and had no pain; his eyes were half closed, and appeared like a person half way between sleeping and waking; he lost so much strength that in two hours he was unable to walk across the room without staggering. I began with him by giving Nos. 2 and 3, to raise the inward heat and clear the stomach, and in an hour after getting him warm, he was in very extreme pain, so much so that his friends were alarmed about him; but I told them that it was a favorable symptom. After being in this situation about an hour, perspiration began and he grew easy; the next day he was out about his business. The effect in these cases is exactly similar to a person being recovered after having been drowned. The cold having overpowered the inward heat, all sensation or feeling ceases, and of course there is no pain; but as soon as the heat begins to increase so as to contend with the cold, sensation returns, and the pain will be very great till the victory is gained by heat having expelled the cold from the body, when a natural perspiration commences, and nature is restored to her empire.

I will here make a few remarks upon the food taken into the stomach, which is of the utmost importance to the preservation of health. While I was in New York, I took particular notice of their manner of living; and observed that they subsisted principally upon fresh provisions, more particularly the poorer class of people; who are in the habit in warm weather of going to market at a late hour of the day, and purchasing fresh meat that is almost in a putrid state, having frequently been killed the night previous, and being badly cooked, by taking it into the stomach, will produce certain disease; and I am convinced that this is one of the greatest causes that those fatal epidemics prevail in the hot season, in our large seaports. Mutton and

Lamb is often drove a great distance from the country, and having been heat and fatigued, then are cooled suddenly, which causes the fat to turn to water; and often when killed are in almost a putrid state, and the meat is soft and flabby. Such meat as this when brought into the market on a hot day will turn green under the kidneys in two or three hours, and taken into the stomach will putrify before it digests, and will communicate the same to the stomach, and the whole body will be so affected by it, as to cause disorders of the worst kind. If people would get into the practice of eating salt provisions in hot weather and flesh in cold, it would be a very great preventative to disease. One ounce of putrid flesh in the stomach is worse than the effect produced by a whole carcase on the air by its effluvia. Much more might be said upon this important subject; but I shall defer it for the present and shall treat more upon it in another part of the work. It is a subject that has been too much neglected by our health officers in this country.

While in the city of New York, I attended an Irishman by the name of Doyle, who had the fever-and-ague. This disease gives a complete view of my theory of heat and cold; for it is about an equal balance between the two, heat keeping a little the upper hand. He had been afflicted with this distressing disorder about four months; he had the fits most of the time every day and was very bad. I began by giving him such medicine as I usually gave to increase the inward heat of the body, which subdued the cold, and gave heat the victory over it; and by strictly attending him in this way four days, he was completely cured. Being short of money, I asked him for some compensation for my trouble; but he refused and never paid me a cent; observing, that he must have been getting well before, for no one ever heard of such a disorder being cured in four days.

A gentleman whom I had formed an acquaintance with, by the name of James Quackenbush, who had the care of the state prison warehouse, finding how I had been treated, invited me to go to his house and live with him, which I thankfully accepted. I was treated with much kindness by him, for which he has my most sincere thanks.

On the 16th of September, I started for home, and took passage on board a packet for Boston, where I arrived in five days; and on the 26th reached my home, after an absence of three months, and found my family well. I was often called on to practice in the neighborhood; but declined most part of the



applications in consequence of the treatment I had received from them, which has been before related. In November I went to Plum Island to collect medicine; on my way I called on Joseph Hale, Esq. of Pepperell, and engaged him to come down with his waggon in about three weeks, to bring back what medicine I should collect. I went by the way of Newburyport; and after being on the island three or four days, collected such roots as I wanted and returned to that place. While there, being in a store in conversation with some persons, there came in a man from Salisbury Mills, by the name of Osgood, who stated that he was very unwell, and that his wife lay at the point of death, with the lung fever; that she had been attended by Dr. French, who had given her over. One of the gentlemen standing by told him that I was a doctor, and used the medicine of our own country. He asked me if I would go home with him and see his wife; as I was waiting for Mr. Hale, and nothing to do, I told him I would, and we immediately started in the chaise for his home, which was about six miles. On our arrival he introduced me to his wife as a doctor who made use of the medicine of our country; and asked her if she was willing that I should undertake to cure her. She said if I thought that I could help her, she had no objection. I gave my opinion that I could, and undertook, though with some reluctance, as I was in a strange place and no one that I knew. I proceeded with her in my usual method of practice, and in about fourteen hours her fever turned, and the next day she was comfortable and soon got about.

This cure caused considerable talk among the people in the neighborhood, who thought very favorably of me and my practice; but it soon came to the ears of Dr. French, who was very much enraged to think one of his patients, that he had given over, should be cured by one whom he called a quack; and attempted to counteract the public impression in my favor, by circulating a report that the woman was getting better and sat up the greatest part of the day before I saw her; but this was denied by the woman's husband, and known by many to be false.

While I remained in this place, waiting for Mr. Hale to come down with his waggon to carry home my medicine, I was called on to attend several cases, in all of which I was very successful; most of them were such as had been given over by their doctors. One of them was a case of a young man, who had cut three of his fingers very badly, so as to lay open the joints. Dr. French had attended him three weeks, and they had got so

bad that he advised him to have them cut off as the only alternative. The young man applied to me for advice. I told him that if I was in his situation, I should not be willing to have them cut off till I had made some further trial to cure them without. He requested me to undertake to cure him, to which I consented, and began by clearing the wound of mercury, by washing it with weak lye; I then put on some drops, and did it up with a bandage which was kept wet with cold water. While I was dressing the wound, a young man who was studying with Dr. French, came in and made a great fuss, telling the young man that I was going to spoil his hand. I told him that I was accountable for what was doing, and that if he had any advice to offer I was ready to hear him; but he seemed to have nothing to offer except to find fault, and went off after saying that Dr. French's bill must be paid very soon. I continued to dress his hand, and in ten days he was well enough to attend his work, being employed in a nail factory. Soon after, I saw him there at work, and asked him how his fingers did, he said they were perfectly cured; he wished to know what my bill was for attending him. I asked him what Dr. French had charged, and he said he had sent his bill to his mother, amounting to seventeen dollars; I told him I thought that enough for us both, and I should charge him nothing. His mother was a poor widow, depending on her labor and that of her son for a living. I remained in this place about two weeks, and the people were very urgent that I should stay longer; but Mr. Hale having arrived, I left them with a promise that I would visit them again in the spring. We arrived at Pepperell, where I remained several days with Mr. Hale, who was an ingenious blacksmith and a chymist, having been much engaged in the preparation of mineral medicine. He had an inquiring turn of mind and was very enthusiastic in his undertakings; although he prepared medicines from minerals, he acknowledged that he was afraid to use them on account of his knowing their poisonous qualities. I convinced him of the superiority of my system of practice, and instructed him in the use of my medicine, so that he engaged in it and soon had as much practice as he could attend to; being so well satisfied of its general application to the cure of all cases of disease, that he looked no more for it in his mineral preparations.

In the winter of 1807, I went with my wife to Jericho, Vermont, to visit my father and friends, who lived there. While there I was called on to see a number who were sick, among

whom was a young man that had been taken in what is called cramp convulsion fits. He was first taken on Sunday morning and continued in fits most of the time till Tuesday; he was attended during this time by the best doctors that could be procured, without doing him any good. They could not get their medicine to have any effect upon him; he continued in convulsions most of the time, every part of him was as stiff as a wooden image; after trying every thing they could they gave him over. His father came after me, and just as we entered the room where the young man was he was taken in a fit. His feet and hands were drawn in towards his body, his jaws were set, his head drawn back, and every part of him as completely fixed as a statue. The first difficulty was to get him to take any thing; his jaws were set as tight together as a vise. I took a solution of Nos. 1, 2, and 6, as strong as it could be made, and putting my finger into the corner of his mouth, making a space between his cheek and teeth, poured some of it down; and soon as it touched the glands at the roots of his tongue, his jaws came open, and he swallowed some of the medicine; which had such an effect upon the stomach, that all the spasms immediately ceased. I left him some medicine with directions, and he entirely recovered his health; I saw him three years after, and he told me that he had not had a fit since the one above described. I was convinced from this circumstance, that the cause of all cramps or spasms of this kind, is seated in the stomach, and that all applications for relief in such cases should be made there; as it will be of no service to work on the effect as long as the cause remains.

Before returning home, I was called on by Captain Lyman of Jericho, to advise with me concerning his son, who had a fever sore on his thigh, which he had been afflicted with for seven years. He had been attended by all the doctors in that part of the country to no advantage. They had decided that the only thing which could be done to help him, was to lay open his thigh and scrape the bone. I told him that I did not see how they could do that without cutting the great artery, which lay close to the bone, where they would have to cut. He said he was satisfied that it would not do, and was very urgent that I should undertake with him. I told him that it was impossible for me to stay at that time; but if his son would go home with me, I would undertake to cure him; to which he consented, and the young man returned with me; which was in the month of March. I began with him by giving medicine to correct and

strengthen the system; bathed the wound with my rheumatic drops, or No. 6, sometimes bathing with cold water to strengthen it, and after proceeding in this manner for about a month, he was well enough to do some work: he remained with me till August, when he was entirely cured, so that he was able to return to his father's on foot, a distance of one hundred miles.

In the fall of this year, the dysentery, or camp distemper, as it was called, was very prevalent in the above named town of Jericho; and was so mortal that all but two who had the disease and were attended by the doctors died, having lost above twenty in a short time. The inhabitants were much alarmed and held a consultation, to advise what to do; and being informed by the young man above mentioned, that I was at home, they sent an express for me, and I immediately made arrangements to comply with their request. In twenty-four hours I started, and arrived there on the third day after, and found them waiting with great anxiety for me, having refused to take any thing from the doctors. I had an interview with the selectmen of the town, who had taken upon themselves the care of the sick; they informed me that there were about thirty then sick, and wished me to undertake the care of them. I agreed to take charge of them on condition that I could have two men to assist me; this was complied with, and I commenced my practice upon thirty in the course of three days. The disorder was the most distressing of any that I had ever witnessed. One man had been speechless for six hours, and was supposed to be dying; but on my giving him some medicine to warm him, he seemed to revive like an insect that was warmed by the sun after having laid in a torpid state through the winter. I had but little medicine with me and had to use such as I could procure at this place. I found the cause of the disease to be coldness and canker; the digestive powers being lost, the stomach became clogged so that it would not hold the heat. I made use of red pepper steeped in a tea of sumach leaves, sweetened, and sometimes the bark and berries, to raise the heat and clear off the canker, which had the desired effect. After taking this tea, those who were strong enough, I placed over a steam, as long as they could bear it, and then put them in bed. Those who were too weak to stand I contrived to have sit over a steam; and this repeated as occasion required. To restore the digestive powers, I made use of cherry stones, having procured a large quantity of them, that had been laid up and the worms had eaten off all the outside, leaving the stones clean. I pounded

them fine, then made a tea of black birch bark, and after cleaning them, by putting them into this tea hot and separating the meats from the stone part, made a syrup by putting from two to three ounces of sugar to one quart of the liquor; this was given freely and answered a good purpose. I continued to attend upon my patients, aided by those appointed to assist me, and in eight days I had completely subdued the disease. They all recovered except two, who were dying when I first saw them. I gave the same medicine to the nurses and those exposed to the disease, as to them that were sick, which prevented their having the disorder. The same thing will prevent disease that will cure it.

After finishing my practice at this place, I was sent for and went to the town of Georgia, about thirty miles distance, where I practiced with general success for one week, and then returned to Jericho. Those patients whom I had attended, were comfortable, and soon entirely recovered. The doctors were not very well pleased with my success, because I informed the people how to cure themselves, and they have had no need of their assistance in that disorder since. They circulated reports for twenty miles round, that I killed all that I attended; but the people were all perfectly satisfied with my practice, and were willing to give me all credit for my skill, so their malice towards me was of no avail.

About this time being in the town of Bridgewater, Vermont, I was called on to see a young man about 18 years of age, who had lost the use of his arm by a strain; it had been in a perishing condition for six months. The flesh appeared to be dead, and he carried it in a sling; his health was bad. Being unable to stop to do any thing for him at this time, he was sent to my house. I began with him in my usual manner by giving him warm medicine, and bathed his arm with the oil of spearmint; in about ten days he was well enough to use his arm and do some work; in about two months he was entirely cured and returned home.

In the spring of the year 1807, I went to Salisbury, according to my promise when there the fall before. On my way there I stopped at Pelham; the man at whose house I staid, insisted on my going to see his father-in-law, who had the rheumatism very bad having been confined two months. I attended him three days, when he was able to walk some, by the assistance of a cane; he soon got about and was comfortable. While at this place I was sent for to a young woman, sick of a consumption;



she had been a long time attended by a doctor, who seemed very willing for my advice; I carried her through a course of my medicine, and the doctor staid to see the operation of it; he seemed well pleased with my system of practice, and gave me much credit, saying that I was the first person he ever knew that could make his medicine do as he said it would. I was sent for to attend several cases of consumption and other complaints at this time, in all of which I met with success, and gave general satisfaction to the people.

After stopping at Pelham three weeks, in which time I had as much practice as I could attend, I went to Salisbury mills, where I was very cordially welcomed by all those who had been attended by me the season before. I was called on to practice in this place and Newburyport, and my success was so great that it caused much alarm amongst the doctors, and a class of the people who were their friends, who did all they could to injure me, and destroy my credit with the people. A considerable part of the patients, who were put under my care, were such as the doctors had given over, and those being cured by me, had a tendency to open the eyes of the people, and give them a correct understanding of the nature of their practice, and convince them that a simple and speedy cure was more for their interest and comfort, than long sickness, pain and distress; besides having to pay exorbitant doctors' bills, for useless visits and poisonous drugs, which have no other effect than to prolong disease, and destroy the natural constitution of the patient.

Among those doctors who seemed so much enraged against me, for no other reason that I could learn, than because I had cured people whom they had given over, and instructed them to assist themselves when sick, without having to apply to them; there was none that made themselves so conspicuous as Dr. French. I had considerable practice in his neighborhood, and was very successful in every case; this seemed to excite his malice against me to the greatest pitch; he made use of every means in his power, and took every opportunity to insult and abuse me both to my face and behind my back. A few of the inhabitants who were his friends joined with him, and became his instruments to injure me; but a large proportion of the people were friendly to me, and took great interest in my safety and success. The doctor and his adherents spread all kinds of ridiculous reports concerning me and my practice, giving me the name of the old wizzard; and that my cures were done under the power of witchcraft. This foolish whim was too

ridiculous for me to undertake to contradict, and I therefore rather favored it merely for sport; many remarkable circumstances took place tending to strengthen this belief, and some of the silly and weak-minded people really believed that I possessed supernatural powers. This will not appear so strange, when we take into view, that the people generally were ignorant of my system of practice, and when they found that I could cure those diseases that the doctors, in whom they had been in the habit of putting all their confidence, pronounced as incurable; and that I could turn a fever in two days, which would often take them as many months, they were led to believe that there was something supernatural in it.

A man who was one of the friends of Dr. French, and who had been very inimical to me, doing all in his power, and ridicule me, sent word one day by a child, that his calf was sick, and he wanted me to come and give it a green powder and a sweat. Knowing that his object was to insult, I returned for answer, that he must send for Dr. French, and if he could not cure it, I would come, for that was the way that I had to practice here. It so happened that the calf died soon after, and his youngest child was taken suddenly and very dangerously sick. Not long after he found another calf dead in the field, and about the same time his oldest son was taken sick. These things happening in such an extraordinary manner, caused him to reflect on his conduct towards me, and his conscience condemned him, for trying to injure me without cause. He had the folly to believe, or the wickedness to pretend to believe, that it was the effect of witchcraft; and wishing to make his peace with me, sent me word, that if I would let his family alone, he would never do or say any thing more to my injury. This I readily assented to; and his children soon after getting well, though there was nothing very extraordinary in it, as it might all be easily accounted for by natural causes; yet it afforded much conversation among the gossips, and idle busy bodies in the neighborhood; and was made use of by my enemies to prejudice the people against me. Being in company with a young woman who belonged to a family that were my enemies, she, to insult me, asked me to tell her fortune. I consented, and knowing her character not to be the most virtuous, and to amuse myself at her expense, told what had taken place between her and a certain young man the night before. She seemed struck with astonishment; and said that she was convinced that I was a wizzard, for it was impossible that I could have known it with-

out the devil had told me. She did not wish me to tell her any more.

I practised in this place and vicinity a few months and returned home to attend to my farm for the rest of the season. While at home I was sent for, and attended in different parts of the country, and was very successful in my mode of practice, particularly in places where the dysentery and fevers were most prevalent; never failing in any instance of giving relief, and completely putting a check to those alarming epidemics, which caused so much terror in many places in the interior of the country.

In the year of 1808, went again to Salisbury, and on my way there stopped at Pelham and attended and gave relief in several cases of disease. On my arrival at Salisbury mills, where I made it my home, I was immediately called on to practice in that place and the adjacent towns. Many came to me from different parts, whose cases were desperate, having been given over by the doctors, such as humors, dropsies, mortifications, fellons, consumptions, &c. Fevers were so quickly cured, and with so little trouble, that many were unwilling to believe they had the disease. My success was so great that the people generally were satisfied of the superiority of my mode of practice over all others. This created considerable alarm with the doctors, and those who sided with them. Dr. French seemed to be much enraged, and having failed to destroy my credit with the people by false reports, and ridiculous statements of witchcraft, shifted his course of proceeding, and attempted to frighten me by threats, which only tended to show the malice he bore me; for no other reason, that I could conceive of, as I had never spoken to him, than because of my success in relieving those he had given over to die. He would frequently cause me to be sent for in great haste to attend some one in his neighborhood, who was stated to be very sick: but I saw through these tricks, and avoided all their snares. It seemed to be his determination, if he failed in destroying my practice, to destroy me. Being in company one day at Salisbury village, with Mr. Jeremiah Eaton of Exeter, whose wife was under my care for a dropsical complaint, I was sent for four times to visit a young man at the house of Dr. French; the last time a man came on horseback in the greatest haste, and insisted that I should go and see him. I asked why Dr. French did not attend him; he answered that he had rather live me; being convinced from the appearances of things, that it was an attempt to put some trick upon me, I

refused to go, and the man returned. In a short time after Dr. French came into the village, and Mr. Eaton who was present when they came after me, asked him what ailed the young man at his house; he said nothing, but that he was as well as anybody. This revealed the whole secret. Mr. Eaton, then asked him why he caused me to be sent for so many times, under a false pretence. He said to see if I dared to come into his neighborhood—that he did not care how much I practiced on that side of the river; but if I came on his he would blow my brains out—that I was a murderer and he could prove it. Mr. Eaton observed that it was a heavy accusation to make against a man, and that he ought to be made to prove his words, or to suffer the consequence—that his wife was under my care, and if I was a murderer he ought to see to it. Dr. French again repeated the words, with many threats against me, and showed the spite and malice of a savage.

Mr. Eaton and others of my friends considered my life in danger; and came immediately to me and related what had been said by the doctor; and advised me to be on my guard. I had to pass his house every day to visit my patients; but did not consider myself safe in going in the night, nor in the day time without some one with me. I continued in this manner for several days, and finding his malice towards me to be as great as ever, and still continuing his threats; with the advice of my friends, I was induced to have resort to the law for protection. I went to Newburyport and entered a complaint against him before a magistrate, who granted a warrant and he was brought before him for trial. My case was made out by fully proving his words; he asked for an adjournment for three hours to make his defence, which was granted. He then brought forward evidence in support of his character, and proved by them that he had always been a man of his word. The justice told him that he thought he proved too much, and to his disadvantage, for it had been fully proved that he was a man of his word, went to satisfy the court that the complaint was well grounded. He was laid under two hundred dollar bonds to keep the peace and appear at the next court of common pleas. He appeared at the next court, was ordered to pay all the costs, and was discharged from his bail. This was an end of our controversy for that time; but his malice continued against me long after: seeking every means to destroy me and prevent my practising, that he could devise; but proceeded with more caution, which caused me a great deal of trouble and much suffering, as will be hereafter related.

I continued to practice in this place, and had as many patients as I could possibly attend upon, notwithstanding the opposition I constantly met with from the doctors and their friends; for with all their arts and falsehoods they were not able to prevent those laboring under complaints, which they had found could not be removed by the fashionable mode of treatment, from applying to me for relief, none of whom but what were either cured or received great relief by the practice. Some of the most extraordinary cases I shall give a particular account of for the information of the reader.

Mr. Jabez True, the minister of Salisbury, was afflicted with what the doctors called nettle-rash, or what is commonly called St. Anthony's fire. He stated to me that it was caused by fighting fire, about twenty-five years before, and that he had been subject to a breaking out ever since; which at certain times was very painful and troublesome, as it felt like the sting of bees, and would swell all over his body. He had applied to all the doctors in those parts for their advice, but got no assistance from them. I told him that he had heated himself to such a degree by violent exercise and being exposed to the fire, that there was nearly a balance between the outward and inward heat, and then cooling too sudden, the inward heat had fallen as much below the natural state as it had been above it before, and the only way to effect a cure was to bring him into the same state as he was in when fighting the fire. He wished me to undertake his case. I carried him through a course of my medicine, and made use of every means in my power to raise the inward heat, pursuing my plan with all zeal for two days: when he became alarmed, and said he felt as though he should die, for he felt the same as he did when he was fighting the fire. I then kept him in that situation as much as possible, and it went down gradually so as to hold a natural proportion of heat. My plan succeeded so completely, that he was perfectly cured and has enjoyed good health ever since. I attended upon his wife at the same time, who had been long in a consumption, and had been given over. She was perfectly cured; and they are now living in good health and are ready to testify to the truth of these statements.

Previously to my difficulty with Dr. French, as has been before mentioned, Mrs. Eaton and another woman by the name of Lifford, came to me at Salisbury mills from Exeter. Their complaint was dropsy; and were both desperate cases, having been given over by the doctor who had attended them. Mrs.



Eaton was swelled to such a degree, that she could not see her knees as she sat in a chair, and her limbs in proportion. I felt unwilling to undertake with them, as I considered there would be but little chance of a cure; and declined doing any thing for them, and sent them away, stating that there was no place that they could get boarded. They went away as I supposed to go home; but they soon returned, and said they had found a place where they could stay, and a young woman had agreed to nurse them. I undertook with them very reluctantly; but could not well avoid it. I gave them some medicine, and it operated favorably on both, especially on Mrs. Lifford; then gave strict orders to the nurse, to attend them attentively through the night, and keep up a perspiration; but she almost totally neglected her duty, spending her time with the young people. On visiting them in the morning, I was very much hurt to find my directions neglected. Mrs. Lifford was quite poorly; and stated to me that the nurse had neglected her, and that she had got her feet out of bed; her perspiration had ceased and other symptoms appeared unfavorable.

I attended upon her through the day and did all I could to relieve her, but could not raise a perspiration again. She continued till the next night about midnight and died. My hopes of doing her any good were small; but think that if she had not been neglected by the nurse, there might have been some small chance for her, as the first operation of the medicine was so favorable. Her bowels were in a very bad state, and had been almost in a mortified condition for three weeks, and what passed her was by force, and very black.

This caused great triumph among my enemies, and Dr. French tried to have a jury on the body; but he could not prevail; for the circumstances were well known to many, and all that knew any thing about it, cleared me from all blame. The nurse said that I did all I could, and if there was any blame it ought to fall on her and not on me. So they failed in their attempt to make me out a murderer; but this case was laid up to be brought against me at another time. This shows what may be done by the people, and the malice and wickedness of designing men, who care more for their own interested ends, than for the health and happiness of a whole community. The fashionable educated doctor may lose one-half his patients without being blamed; but if I lose one out of several hundred of the most desperate cases, most of which were given over as incurable, it is called murder.

Mrs. Eaton remained under my care about three weeks, in which time she was reduced in size eight inches, she then returned home to Exeter. I had several cases of the dropsy and consumption from the same town, about this time, who were all relieved; all of them were very solicitous for me to go to Exeter and practice. As soon as I could get the patients under my care in a situation to leave them, I left Salisbury mills, and went to Exeter, and commenced practising in my usual way, and was applied to from all parts. I had not so many to attend as I had in some places; but they were of the most desperate nature, such as had been given over by the doctors, in all of which I met with great success. Many of the cases had been attended by Dr. Shepherd; he had attended with me upon his patients at Salisbury; was a very plain candid sort of a man, and treated me with much civility. I well remember his first speech to me, which was in the following words:—"Well, what are you doing here, are you killing or curing the people?"—I replied you must judge about that for yourself.—"Well, said he, "I will watch you, not for fear of your doing harm, but for my own information—I wish you well, and will do you all the good I can." I always found him candid and friendly, without any hypocrisy. He once called on me to visit with him one of his patients in the town where he lived, who had the rheumatism in his back and hips. The doctor had attended him about two months, and said he had killed the pain, but his back was stiff, so that he could not bring his hands below his knees. I attended him about forty-eight hours, and then went with him to see the doctor, which was a half a mile; the doctor appeared to be much pleased to see him so well, and have the use of his limbs; for he could stoop and use them as well as he ever could. He said that he was as glad for the young man's sake as though he had cured him himself. He frequently came to see Mrs. Eaton, whom I was attending for the dropsy; and expressed much astonishment at the effect the medicine I gave had in relieving her of a disease which he had considered incurable. At one time when conversing with her upon her situation, and finding her so much better, having been reduced in size above fifteen inches, he expressed himself with some warmth on the occasion, saying that it was what he had never seen or heard of being done before, and what he had considered impossible to be done with medicine. Addressing himself to me with much earnestness, inquired how it was that I did it. I replied, you know doctor that the heat was gone out of the body, and the water had

filled it up; and all I had to do was to build fire enough in the body to boil away the water. He burst into a laugh, and said that it was a system very short.

While practising in Exeter, I had many desperate cases from the different parts of the country, and from Portsmouth. One from the latter place I shall mention, being different from what I had before witnessed. A woman applied to me who had the venereal, in consequence, as she stated, of having had a bad husband; which I believe to be true. She had been attended by the doctors in Portsmouth for nearly a year, who had filled her with mercury, for the purpose of curing the disorder till the remedy had become much worse than the disease. Her case was alarming, and very difficult; she was brought on a bed, being unable to sit up; and seemed to be one mass of putrefaction. I proceeded with her in my usual way of treating all cases where the system is greatly disordered, by giving medicine to promote perspiration, steaming to throw out the mercury, and restore the digestive powers; and in three weeks she returned home entirely cured. Another woman came to me from the same place, who had been sick five years, which had been in consequence of having had the same disease, and the doctors had filled her with mercury to kill the disorder as they called it, then left her to linger out a miserable existence. When she stated her case to me, I felt very unwilling to undertake with her, apprehending that it would be very uncertain whether a cure could be effected, having been of so long standing; but she insisted upon it so strongly, that I could not put her off. After attending upon her three weeks, however, her health was restored, and she returned home well; and in less than a year after she had two children at one birth. She had not had a child for eight years before. This disease is very easily cured in the first stages of it, by a common course of medicine, being nothing more than a high stage of canker seated in the glands of certain parts of the body, and if not cured, communicates to the glands of the throat and other parts; by giving mercury the whole system is completely disordered, and although the disease may disappear, it is not cured; and there is more difficulty in getting the mercury out of the body of one in this situation, than to cure a dozen of the disease who have not taken this dangerous poison.

While in Exeter, I had a case of a young man, son of Col. Nathaniel Gilman, who was in a decline. He was about fourteen years old, and had been troubled with bleeding at the nose.

They had made use of such powerful astringents, with corrosive sublimate snuffed up the nose, that the blood vessels in that part seemed to be shrunk up, and his flesh much wasted away; I carried him through a course of medicine, and gave an equal circulation of blood through the body, and stopped its course to the head; then raised a natural perspiration, restored the digestive powers, and regulated the system, so as to support the body with food instead of medicine. In a short time he recovered his health so that he commanded a company of militia at the alarm at Portsmouth, during the late war.

My success while at this place, and the many extraordinary cures I performed, gained me great credit among the people; but the medical faculty became much alarmed, and made use of every artifice to prejudice them against me. The foolish stories about witchcraft, which had been made a handle of at Salisbury, were repeated here, with a thousand other ridiculous statements for the purpose of injuring me; but I treated them with contempt as not worthy of my notice, except in some instances, to amuse myself with the credulity of the ignorant, who were foolish enough to believe such nonsense. I will relate one circumstance for the purpose of showing upon what grounds they founded their belief of my possessing supernatural powers, and which caused much talk among the people at the time it happened. Mrs. Eaton, where I boarded, had a five dollar bill stolen out of her pocket-book. She made inquiry of all the family, who denied having any knowledge of it. A girl that lived in the family denied it so strongly, that I thought she discovered guilt, and led me to believe that she had taken the money. I pretended that I could certainly discover who stole the money, which was believed by many; and told Mrs. Eaton, in presence of all the family, that if I did not tell who took it by the next day at twelve o'clock, I would pay the amount lost myself. In the evening I had them all called into the room, and took the bible and read from the law of Moses the penalty for stealing, then took the purse and put it into the place and shut the book and gave it to Mrs. Eaton, with strict injunction to put it under her pillow and let no one touch it; and that the person who stole the money could have no peace nor rest till they confessed their guilt. They then all retired to bed. As soon as it was daylight in the morning, the girl came down stairs crying, and went to the bed where Mrs. Eaton lay, and confessed that she took the money; saying that she had not

slept any during the night, as I had said would be the case. It will be unnecessary to inform the reader, that this wonderful discovery was brought about by the effect of a guilty conscience on a credulous and weak mind.

While I was at Exeter, a woman brought her son to me, who had a fever sore, (so called) on his hip; he had been in this situation so long, without any assistance, that his legs had perished, and he was so much wasted away by the continual discharge of the sore, and his nature become so far spent, that I felt perfectly satisfied that a cure was impracticable, and declined undertaking with him. This honest declaration on my part, very much affronted the boy's mother, and she turned against me, and did me all the hurt she could, because I would not undertake to do what I knew was impossible for any one to accomplish. She went with her son to a fashionable doctor, who said he would cure him out of spite to me. They continued with the doctor several weeks, till the expense amounted to about fifty dollars; the lad continued to grow worse till he died. This woman seemed satisfied with having her son die, after spending fifty dollars, because it was done in a fashionable manner; but my refusing to undertake to cure him, was sufficient reason for her to circulate all kinds of false and ridiculous reports about me. However strange this may appear, it is no more strange than true, for this is but one out of many hundred similar cases, where I have received injury when I was entitled to credit, by being honest and sincere in my endeavor to do what I conceived my duty towards my fellow creatures.

About this time, among the rest of my troubles, I met with a new difficulty with an apprentice that I had taken, by the name of William Little, whom I had taken from a state of poverty and sickness, cured him and supported him for two years, until he had gained knowledge enough of my medicine and system of practice to be useful to me, he then proved dishonest.— While I was absent at home, he collected all the money he could, and sold all my medicine, and then went off. On my return I found my debts collected and my medicine gone, so that I was obliged to go back immediately, to collect more before I could attend to my practice. This was the first time I had met with difficulty by employing agents; but since then I have had experience enough to satisfy me of the difficulty of trusting to other people; having found but very few of those I have been under the necessity of employing, who have proved trusty and honest. I have suffered much pecuniary loss in this



way, besides in some instances, those I have assisted and given instruction to, so as to be useful in the practice, have become my enemies, and been made instrumental to destroy me.

A son of John Underwood, at Portsmouth, was brought to me while at Exeter, who had what is called a scalt head. He had been afflicted with it for nine years. The doctors had been applied to, to no purpose; and when he brought him to me, agreed to give a generous price if I would cure him. I took charge of him and after pursuing my usual plan of treatment three weeks, he returned home entirely cured, and has not since had any appearance of the disease. This man had the meanness, in order to get clear of paying any thing for curing his son, to turn against me and my practice, although he had acknowledged that I had saved his life, and had recommended me to many others, whom I had relieved; yet to get clear of paying a trifling sum according to his agreement, he did all he could to injure me, and through his influence many were kept from being cured. He was taken sick, and notwithstanding he had said so much against my medicine, he applied to some who had the right of using it, and was relieved thereby.

Sometime towards the close of the summer, while I was at Exeter, I was sent for to go to Portsmouth to see a young man by the name of Lebell, who was in a very dangerous situation, supposed by his friends to be in a dying state, having been given over by Drs. Cutler and Pierpont at ten o'clock that morning. I arrived about two in the afternoon. He had been attended by the two doctors above named for upwards of a month to cure the venereal; they had filled him with mercury, so that he had swelled all over with the poison. The doctors pronounced it to be the dropsy. His legs had been scarified to let off the water; the disorder and the mercury had gained the power, and nature had submitted. I at once pronounced it to be a desperate case, and told the French Consul, who had the care of him, that I could give no encouragement that I could do him any good; but he was very solicitous for me to do something for him. I told him the only chance was to raise perspiration, and that twenty-four hours would determine his case; for he would either be better in that time or be dead. The idea of perspiration caused him to urge me to try; and he said if I could effect it he would give me one hundred dollars: the doctors had tried for a month and could not succeed. I gave him some medicine, then put on the clothes by degrees until he was shielded from the air, and he sweat freely in about an hour. The two

doctors were present and seemed astonished at my success they walked the room, talked low, then went out. I staid with him till six o'clock and the symptoms seemed to be favorable; he sweat profusely and spit much blood. I told the nurse to keep him in the same situation till I returned, went out and was gone about an hour and came back again with Mr. Underwood. When we came into the room, found that the doctors had taken him out of bed and sat him in a chair, and opened the window against him. I told them that their conduct would cause his death and I would do no more for him; but should give him up as their patient.

It appeared to me that they were afraid I should cure him, and thus proved the superiority of my practice over theirs, for they had tried a month to get a perspiration without success, and I had done it in one hour. The man fainted before I left the room. I went home with Mr. Underwood and staid that night, and left them to pursue their own course; the man died before morning. Instead of getting the hundred dollars as was agreed, I never got a cent for all my trouble of coming fifteen miles and returning back again on foot; and besides this loss, afterwards when I came to be persecuted by the faculty, the above two doctors gave their depositions against me, in which, I was informed, they swore that I killed this man, notwithstanding they had gived him over to die the morning before I saw him, and they had taken him out of my hands, as above stated. On being informed that they were trying to support a complaint against me, I got the depositions of Mr. Underwood and others, who were knowing to the facts, to contradict these false statements; on finding that I was determined to oppose them, and prove what they had sworn to be all false, they though proper to drop the matter; but I was informed they had sworn that my medicine was of a poisonous nature, and if it did not cause the patient to vomit soon after being taken, they would certainly die. It is unnecessary for me to contradict this, for its incorrectness and absurdity is too well known to all who have any knowledge of the medicine I use.

I was frequently in Portsmouth to visit those who had been sent to me to be attended upon at Exeter. Sometime in September, in 1808, when there, I was called on to visit Mr. Richard Rice, who was sick with the yellow fever, as it was called. The reason for his sending for me was in consequence of having heard the reports of the doctors, that I sweat my patients to death. He conceived an idea that if he could sweat he

should be better; but they would not allow him to be kept warm, taking the clothes off of him and keeping the windows and doors open—no fire was permitted in the room, while he was shivering with cold. The plan was to kill the fever, and to effect this with more certainty, the doctor had bled him, and told his sister that he had gave him as much ratsbane as he dared to give, and if that did not answer he did not know what would.

I began to give him medicine a little before night, and in one hour perspiration took place. He was so weak that he was unable to help himself. In the morning the doctor proposed to bleed him; but he was dismissed. I was with him till the symptoms were favorable, and then left him in the care of three persons whom I could confide in. After I was gone, Dr. Brackett came into the room where the patient was, in a great rage, saying that they were killing him; for the mortification would soon take place in consequence of keeping him so warm. He was asked by one of those present in which case mortification was most likely to take place, when the blood is cold and thick, or warm and thin. He suspected some quibble and would not give an answer; and it was immaterial which way he answered; for in either case he had no grounds to support an argument upon, but what might be easily refuted. After he had failed in the interference with those who had the care of the patient, he went to his wife and other relations, and tried to frighten them; but he did not succeed, for they were well satisfied with what was doing.

The patient was much out by spells sometimes imagining himself to be a lump of ice; but my directions were pursued by the person I left in charge of him during the night, keeping up a perspiration, in the morning he was much relieved and had his right mind. He had no pain except in the lower part of the bowels; to relieve which he was very anxious that I should give him some physic; I opposed this, being confident that it would not do in such putrid cases. He was so urgent, however, I gave him some, which operated very soon; and the consequence was, that it reinforced his disorder, and threw him into the greatest distress. He asked for more physic, but I told him that I would not give him any more, for I was satisfied of the impropriety of giving it in such cases, and I have never given any since. It checked the perspiration, and drew the determining powers from the surface inward; so that I had to go through the same process again of raising perspiration, and vomiting, which was

much more difficult than at first, and it was with the greatest attention that I was able to keep off the mortification for twelve hours that he was kept back by taking this small dose of physic. I kept up the perspiration through Friday and Saturday, and on Sunday morning when I called to see him, he was up and dressed; on asking how he did, he said as strong as you are, and took me under his arm and carried me across the room. On Monday he was down on the wharf attending to his business.

This cure caused considerable talk in the town, and because it was done so quick, the doctors said that there was but little ailed him, and he would have got well himself if he had taken the physic and been left alone; but those who saw it were convinced to the contrary; others doubted, and said among themselves, how can a man who has no learning and never studied physic, know how to cure disease. Mr. Rice, however, gave me credit for the cure, and was very grateful for it, and I made his house my home, when in Portsmouth, and was treated with much respect. He introduced me to his uncle, Alexander Rice, Esq. a man of respectability and high standing in that place; who at first could not believe that so valuable a discovery could be made by a man without an education. I conversed with him upon the subject, and explained the principles upon which my system was founded—how every thing acted under the nature and operation of the four elements, and by one acting upon another caused all motion—how the element of fire, by rarifying water and air, keeps the whole creation in motion—how the temperament of the body, by adding or diminishing heat and cold would promote either life or death. After hearing my explanation, he became satisfied of its correctness, and confessed that my natural gift was of more value than learning. He then made known to me his infirmities, and wished me to take the care of his family and give him and his wife such information as would enable them to attend upon themselves and family in case of sickness. I readily agreed to this, and soon after carried some of the family through with the medicine, and gave them all the information in my power, of the principle, and the medicine with which it was done. Mrs. Rice undertook the management of the business; she was a kind and affectionate woman, possessing a sound judgment without fear. After she had gained the information, she wished me to attend to carrying her through a course of the medicine, for a bad humor, called the salt-rheum, which she had been long afflicted

with; she was attended a few times, which effected a complete cure.

Major Rice had been for many years subject to turns of the gout; and had been in some instances confined by it for six months at a time, and for six weeks not able to sit up, much of the time not able to lift his hand to his head. He had been constantly under the care of the most skilful doctors, who would bleed and blister, and physic him, till his strength was exhausted; after attending him in this way through the winter, they said he must wait till warm weather, before he could get about. When the warm weather came, he would crawl out in the sun side of the house, and in this way he gradually gained his strength; after this he was afflicted with a violent burning in his stomach, which was almost as troublesome as the gout.

After he had the right of my medicine, he had frequent turns of the gout; but no attack of this disease has continued more than twenty-four hours, before he was completely relieved; and he has been but little troubled with the burning of the stomach since. He has told me since, that if he could have been as sure of relief, when he was first subject to the disease, as he is now certain of it in twenty-four hours, he would have been willing to give all he was worth. This family has been so much benefitted by the use of the medicine, that no sum of money would be any temptation to them to be deprived of it. This man has never been lacking to prove his gratitude to me; in the time of my troubles his assistance was of the greatest importance to me, and I shall ever feel grateful to him and his family for their goodness.

Soon after I went to Portsmouth, I was sent for to go to Deerfield, where the dysentery prevailed and had become very alarming. A young man by the name of Fulsom came after me, and said that the doctor had lost every patient he had attended, that seven had died and many were sick—that his father and two brothers were given over by the doctor that morning to die.

The young man seemed so anxious, and was so much frightened, that I concluded to go with him; the distance was twenty eight miles. We started a little before night and arrived there about ten o'clock. I found the father and the two sons, as bad as they could be and be alive; they were stupid and cold. I told the mother that it was very uncertain whether I could help them. She begged of me to save her husband's life if possible. I told her that I could not tell whether they were dying, or



whether it was the deadly effect of opium. I gave them all medicine—the two children died in about three hours; but Mr. Fulsom soon grew better by taking my medicine. I had not only the sick to attend to, and do every thing myself; but the opposition of all the neighborhood; there was eight of the family sick, and if I went out of the house, some person would open the doors and windows, which would cause a relapse; while perspiration continued they were easy, but as soon as they grew cold, the pain would return and be very violent. In the morning I was preparing to come away; but the father urged me so hard to stay, promising that I should be treated in a better manner than I had been, that I consented, and remained with them about ten days. I caught the disorder myself and was very bad; on taking the medicine, the operation was so violent, that the neighbors were much frightened, and left the house, and were afraid to come nigh us, leaving us to die altogether. I soon got better and was able to carry Mr. Fulsom through for the first time; which relieved him, and he soon got better. In the mean time a small child was brought home sick, that had been carried away to prevent it from taking the disorder. It was so far gone, that the medicine would have no effect upon it, and it soon died. All that were not in a dying situation before they took the medicine, were relieved and got well. I attended some that had the disorder in other families, all of whom got well; fifteen in the whole recovered and three died. Two years after, the death of these three children was brought against me on a charge of murder.

All that I ever received for my trouble in these cases, was fifteen dollars; there was no credit given me for curing the fifteen out of eighteen, when the doctor had lost all that he attended; and although he had given over three to die, I cured one of them twelve hours after. When I left this place, the doctor adopted my mode of practice as far as he knew it, particularly in sweating, and about one half lived. Notwithstanding all this, the doctor, as I was informed, made oath that the three children died in consequence of taking my medicine; and the good minister of the parish, I was also informed, testified to the same thing; though I am confident that neither of them knew any thing about me or my medicine. A judgment seemed to follow the clergyman, for a short time after he had lent his aid in promoting the prosecution against me, a circumstance took place in his family, which, had it not been done by a fashionable doctor, might have been called murder. His wife was

at times troubled with a pain in her face, something like a cramp; a certain doctor said that he could help her by cutting. He used the knife and other instruments of torture for four hours, which stopped her speech, and let loose the juices that filled the flesh from her breast, so that the blood and water crowded out of her ears in striving for breath. She remained in this distressed situation about seven days and died. This information I had from two respectable men, who were present at the time of her sufferings and death.

I continued to practice in Portsmouth and its vicinity during this autumn, and while there, was sent for to go to Salisbury to see a child that had been attended by a woman for several days, who I had given information to, but they said the perspiration would not hold; and they wished for further information. On seeing the child, I at once found that they had kept about an equal balance between the outward and inward heat; when they gave medicine to raise the inward heat and start the determining power to the surface, they at the same time kept the outward heat so high as to counteract it. After explaining to them the difficulty, I raised the child up and poured on to it a pint of cold vinegar, and it immediately revived. Applied no more outward heat, but only to shield it from the air; and gave the warmest medicine inward, on the operation of which, the child grew cold and very much distressed. As soon as the inward heat had gained the full power and drove the cold out, the circulation became free, and the child was relieved from pain and fell asleep; the next day the heat was as much higher than what was natural, as it had been lower the day before; and when heat had gained the victory over the cold, the child gained its strength and was soon about, perfectly recovered.

I had not practised in Salisbury before, since I went to Exeter, which was in June, and my returning there seemed to give Dr. French great offence. He had been to see the child mentioned above, and tried to discourage the people from using my medicine; and threatened them that he would have them indicted by the grand jury, if they made use of any without his consent; his threats, however, had very little effect, for the people were well satisfied of the superiority of my practice over his. About this time the bonds for his good behavior were out; I did not appear against him, and when the case was called the court discharged him and his bail, on his paying the cost. The action was brought on a complaint in behalf of the commonwealth; but I had caused another action of damage to be brought against

him, which was carried to the Supreme Court, and tried at Ipswich the spring following. I employed two lawyers to manage my case, and brought forward two witnesses to prove my declaration, who swore that the defendant made the assertion, that I was guilty of murder and he could prove it. His lawyer admitted the fact, but pleaded justification on the part of his client, and brought witnesses on the stand to prove that what he had said was true. The young woman who nursed Mrs. Litford, and by whose neglect she took cold, swore to some of the most ridiculous occurrences concerning the death of that woman, that could be uttered, which were perfectly contradictory to every thing she had before confessed to be the truth. Another young woman, the daughter of a doctor at Deerfield, made a statement to make it appear that I was the cause of the death of the three children, who died as has been before related. I had no knowledge of ever seeing this woman, and have since ascertained that she was not at the house but once during the sickness, and then did not go into the room where the sick were; and her exaggerated account must have been made up of what she had heard others say.

These things were a complete surprise, to me, not thinking it possible that people could be induced to make such exaggerated statements under the solemnity of an oath. I could have brought forward abundance of testimony to have contradicted the whole evidence against me if there was time, but not expecting that the cause would have taken the course it did, was unprepared. There appeared to be a complete combination of the professional craft against me, both the doctors and lawyers, and a determination that I should lose the cause, let the evidence be what it might. My lawyers gave up the case without making a plea; and the judge gave a very partial charge to the jury, representing me in the worst point of view that he possibly could, saying that the evidence was sufficient to prove the facts against me, and that if I had been tried for life, he could not say whether it would hang me or send me to the state prison for life. The jury of course gave their verdict against me, and I had to pay the cost of the court.

The counsel for Dr. French asked the judge whether a warrant ought not to be issued against me, and he compelled to recognize to appear at the next court, to which he answered in the affirmative. This so frightened my friends, that they were much alarmed for my safety, and advised me to go out of the way of my enemies, for they seemed to be determined to destroy

me. I went to Andover to the house of a friend, whose wife I had cured of a cancer, where I was very cordially received, and staid that night. The next day I went to Salisbury mills, and made arrangements to pay the costs of my unfortunate late suit.

In the fall of the year 1808, I was sent for to go to Beverly, to see the wife of a Mr. Appleton, who was the daughter of Elder Williams, the Baptist minister in that town, and was very low in a consumption. She had formerly been afflicted with the salt-rheum on her hands, and had applied to a doctor for advice; he had advised her to make use of a sugar of lead wash, which drove the disease to her lungs, and she had been in that situation for a long time, and very little hopes were entertained of her ever being any better. I carried her through a course of the medicine, with very good success.

I remained in Beverly about a week; and while there, became acquainted with Mr. Williams, and also Mr. William Raymond, to whom I afterwards gave information of my practice and he assisted me to attend on my patients. Then returned to Portsmouth, where I was constantly called on to practice, and had all the most desperate cases put under my care, in all of which I met with very great success.

After staying here about two weeks I returned to Beverly, to see Mrs. Appleton and other patients there, and found them all doing well; was called on to attend many desperate cases; in all of which I effected a cure, except one, who was dying before I was called on. While practising in Beverly was called on by a Mr. Lovett, to attend his son, who was sick, as they supposed with a bad cold, some thought it a typhus fever. I was very much engaged in attending upon the sick at the time, and could not go with him; he came after me three times before I could go. On seeing him found that he complained of a stiff neck, and appeared very stupid, and had no pain. His aunt who took care of him, said that he would certainly die, for he had the same symptoms as his mother who died a short time before. I gave some medicine which relieved him; the next day carried him through a course of the medicine, and he appeared to be doing well. Being called on to go to Salem, I left him in the care of Mr. Raymond, with particular directions to keep in the house and not expose himself. This was on Wednesday, and I heard nothing from him, and knew not but what he was doing well, till the Sunday afternoon following, when I was informed that he was worse. I immediately inquired of Mr. Raymond, and learned from him that he had got so much better, he had

been down to the side of the water, and returned on Friday night; that the weather was very cold, (being in the month of December;) that he had been chilled with the cold, and soon after his return had been taken very ill; he staid with him on Saturday night, and that he was raving distracted all night; that he had not given any medicine, thinking that he was too dangerously sick for him to undertake with.

I told the young man's father, that it was very doubtful whether I could do any thing that would help him: but that I would try and do all I could. I found that the patient was so far gone that the medicine would have no effect, and in two hours told him that I could not help his son, and advised him to call some other advice; this was said in the presence of Elder Williams, and Mr. Raymond. Mr. Lovett made answer that if I could not help his son he knew of none who could; and was very desirous for me to stay with him all night which I did, and stood by his bed the whole time. He was much deranged in his mind till morning, when he came to himself, and was quite sensible. I then again requested the father to send for some other doctor, as I was sensible that I could do nothing for him that would be any benefit. He immediately sent for two doctors, and as soon as they arrived, I left him in their care. The two doctors attended him till the next night about ten o'clock when he died. I have been more particular in giving the history of this case, because two years after it was brought as a charge against me for murdering this young man. The father and friends expressed no dissatisfaction at the time, in regard to my conduct, except they thought I ought not to have neglected the patient so long; but it is a well known fact, that I attended as soon as I knew of his being worse, and that the whole cause of this second attack was owing to his going out and exposing himself, and could not be imputed as any fault of mine.

In the latter part of December 1808, I was sent for to attend Elder Bowles, the Baptist minister of Salem. I was introduced to him by Elder Williams and found him in bed, and very weak and low, in the last stage of a consumption; all hopes of a recovery were at an end—his doctors had left him as incurable. He asked my opinion of his case; I told him that I could not tell whether there was a possibility of a cure or not till after using the medicine; being doubtful whether there was mortification or not. He was a man very much respected and beloved by his people, and the public anxiety was very great about him. He expressed a strong desire that I should undertake with him;



I declined doing any thing until he consulted his deacons and other members of his church, who were his particular friends, and their advice taken; which being done, they offered no objection, but wished him to act his own mind, and whatever the result should be they would be satisfied. He replied that he was convinced that he could not live in his present situation more than a week, and therefore his life could not be shortened more than that time; and it was his wish that I should undertake to cure him. His strength was so far exhausted that it was with the greatest exertions and difficulty that they could get him to sit up about three minutes in a day, to have his bed made.

I gave his friends as correct an account of his disorder and the operation of the medicine, as I could; and that I did not wish to do any thing which might cause reflection hereafter; but they promised that let the result be what it might they would be satisfied and would not think hard of me. On these conditions I undertook, and told them that twenty-four hours time would decide whether he lived or died. I began to give the medicine in the morning, which had a very calm and easy operation; the emetic here operated very kindly, and threw off his stomach a large quantity of cold jelly, like the white of an egg; the perspiration moved gently on and was free; the internal heat produced by the medicine fixed the determining power to the surface, and threw out the putrefaction to such a degree that the smell was very offensive. Mr. Bowles had a brother present who was a doctor; he observed that he did not know whether the medicine made the putrefaction, or whether it made visible what was secreted in the body; but he was soon convinced on that head, for when the medicine had cleaned him, all this putrid smell ceased. While the medicine was in the greatest operation this perspiration brought out this putrefaction to such a degree, that the nurse in making his bed was so affected with it, that she fainted and fell on the floor. I attended on him for about three weeks, in which time he was able to set up two or three hours in a day; his food nourished his body, and, his strength gained very fast, considering the season of the year being unfavorable. I gave him my best advice and left directions how to proceed and returned home to my family to spend the rest of the winter with them. I returned in the spring to see Mr. Bowles, and found him so far recovered as to be able to ride out, and in good spirits. He soon gained his health, and is now well and ready to give testimony of the fact as I have related them.

In the season of 1809, I suffered much. In the first part of the summer, attended many patients of old complaints; in particular, one case that I shall mention of a young woman, in Kittery, in a consumption. She had been confined to her house four months; her flesh was exhausted, and had a violent stricture of the lungs, which she said seemed as though there was a string that drew her lungs to her back; this caused a dry, hacking cough, which was very distressing. I could give her friends no encouragement of a cure; but the young woman and her friends were so urgent, that I undertook with her. Her courage was very great, and she took the medicine and followed all my directions with great perseverance. She said she wished that it might either kill or cure, for she did not desire to live in the situation she was then in. I left her medicines and directions, and occasionally visited her. My plan of treatment was followed with much attention and zeal for six months, before I could raise an inward heat which would hold more than six hours. She then had what was called a settled fever; and I gave her medicine to get as great an internal heat as I possibly could; this caused much alarm among her friends, as they thought she would certainly die. I told them that the heat holding, which was the cause of the fever, was the first favorable symptom that I had seen in her favor. She soon gained her health, to the astonishment of all her friends and acquaintances. She continued to enjoy her health till the next season, when she had another turn of the fever. I attended her in my usual way, and raised the heat till it completely overpowered the cold. when she was entirely cured, and has ever since enjoyed good health.

During this summer a woman applied to me from a neighboring town, who had the dropsy, and brought with her a little girl, that had the rickets very bad, so that she was grown much out of shape. I carried them both through a course of the medicine, attended them for three or four weeks, and then gave the woman information how to relieve herself and the girl, occasionally visiting them; they both recovered of their complaints and have enjoyed perfect health since. This woman paid me the most liberally of any that I had attended, and has on all occasions manifested her gratitude for the assistance I afforded her. Another woman from the same town applied to me, who had a cancer on her breast. She had been under the care of several doctors, who had by their course of practice made her worse. I undertook with her and by giving medicine

to check the canker and promote perspiration effectually relieved her from the disease. Many other desperate cases, such as consumptions, dropsies, cancers, &c. most of which had been given over by the doctors, were attended by me about this time, which it will be necessary for me to particularize; all of them were either completely cured or essentially relieved and made comfortable by the system of practice. One case I shall however, state, being rather of an extraordinary nature, to show the absurdity of the fashionable manner of treating disease by the doctors of the present day.

A young lady applied to me who had been much troubled with bleeding at the stomach. She stated to me that she had been bled by the doctors forty two times in two years; and that they had bled her seven times in six weeks. So much blood had been taken from her, that the blood vessels had contracted in such a manner that they would hold very little blood; and the heat being thereby so much diminished, the water filled the flesh, and what little blood there was rushed to her face, while all the extremities were cold this produced a deceptive appearance of health, and caused those who judged by outward appearances, to doubt whether there was any disease; so that she had not only to bear her own infirmities, but the reproaches of her acquaintances. I kindled heat enough in the body to throw off the useless water, which gave the blood room to circulate through the whole system, instead of circulating as it had done before, only in the large blood vessels, and they being much extended by not having heat enough to give it motion, leads the doctors into the erroneous idea, that there is too much blood, and retort to the practice of bleeding, which reduces the strength of the patient, and increases the disease. There is no such thing as a person having too much blood, no more than there is of having too much bone, or too much muscle, or sinews; nature contrives all things right. The blood may be too thick, so as not to circulate, and is liable to be diseased like all other parts of the body; but how taking part of it away, can benefit the rest, or tend in any way to remove the disease, is what I could never reconcile with common sense. After I had carried this woman through a full operation of the medicine, and got the heat to hold, so as to produce a natural perspiration; instead of appearing to be so fleshy and well as she had done, she fell away and became quite emaciated; but as soon as the digestive powers were restored, so that the food could nourish the body, she gained her strength and flesh, and in a short time was completely restored to health.

I was about this time called to attend a woman who was very severely attacked with the spotted fever. The first appearance of it was a pain in her feet, which soon moved up to her hips and back, from thence to her stomach and head; so that in fifteen minutes her sight was gone, and in less than half an hour she was senseless and cold; about this time I saw her and examined well the cause of the disease; I was well satisfied that it was the effect of cold having overpowered the inward heat. By confusing her from the air, giving her Nos. 1 and 2, and keeping her in a moderate steam, she in a short time came to her senses; and the symptoms were exactly similar to a drowned person coming too, after having life suspended by being under water. As soon as the perspiration became free, all pain ceased and she was quite comfortable; in twenty-four hours the disease was completely removed, and she was able to attend to her work.

The same day I had another case of a child, which the doctor had given over. When I came to this child it was senseless, and I expected in a mortified state; I gave it the hottest medicine I could get with the emetic; it lay about six hours silent, before the medicine had kindled heat enough to cause motion in the stomach and bowels, when it began to revive, and what came from it was black and putrid; the bowels just escaped mortification. The child was soon well. These two cases were both cured in twenty-four hours time.

When the spotted fever first appeared in Portsmouth, the doctors had five cases and all of them died. I had five cases similar, which all lived. Because my patients did not die, the doctors said they did not have the fever. In this they had much the advantage of me, for there could be no doubt of theirs all having it, as death was, in most of the cases under their care, on their side and decided the question. I have had a great number of cases of the spotted fever under my care, and in all of them used the remains of heat as a friend, by kindling it so as to produce heat enough in the body to overpower and drive out the cold; and have never failed of success, where there was any chance of a cure.

Sometime this season I was sent for to attend Captain Trickey, who was very sick; I examined him and was confident that I could not help him, and took my hat in order to leave the house.

His family insisted on my stopping and doing something for him; but I told them that I thought he was in a dying state, and medicine would do no good. I told his son that in all proba-

bility, he would not be alive over twenty-four hours, and that he had better go for some other help, for I could do him no good. I told the wife that I should give no medicine myself, but as they had some in the house that they knew the nature of, she might give some of it to her husband, which she did. Two doctors were sent for—the first one that arrived bled him, and he soon breathed very short, and grew worse; the other doctor came, and said that his breathing short was in consequence of the medicine I had given him; but by this he did not gain credit for all the family knew to the contrary; and the woman soon after told me of his speech. The patient continued till the next day about ten o'clock and died. Soon as he was dead the doctors and their friends spared no pains to spread the report in every direction, that I had killed this man with my screw auger, a cant name given to my emetic herb, in consequence of one of my patients when under the operation of it, saying that it twisted in him like a screw auger. This was readily seized upon by the doctors, and made use of for the purpose of trying to destroy the reputation of this medicine by ridicule—they likewise gave similar names to several other articles of my medicine for the same purpose, and represented them as the names by which I called them. They had likewise given me several names and titles, by way of reproach; such as the sweating and steaming doctor—the Indian doctor—the old wizzard—and sometimes the quack. Such kind of management, had a great effect on the minds of many weak minded people; they were so afraid of ridicule, that those who I had cured were unwilling to own it, for fear of being laughed at for employing me.

The circumstance of the death of the above mentioned Captain Tricky, was seized upon by the doctors and their friends, and the most false and absurd representations made by them through the country, with the intention of stopping my practice, by getting me indicted for murder, or to drive me off; but my friends made out a correct statement of the facts, and had them published, which put a stop to their career for that time. I continued my practice, and had a great number of the most desperate cases, in most of which I was successful. The extraordinary cures I had performed, had the tendency to make many people believe, that I could cure every one who had life in them, let their disease be ever so bad; and where I had attended on those who were given over as incurable, and they died, whether I gave them any medicine or not, the report was immediately circulated that they were killed by me, at the same



time the regular doctors would lose their patients every day, without there being any notice taken of it. When their patients died, if appearances were ever so much against their practice, it was said to be the will of the Lord, and submitted to without a murmur; but if one happened to die that I had any thing to do with, it was readily reported by those interested in destroying my credit with the people, that I killed them.

I could mention a great number of cases of the cures that I performed, if I thought it necessary; but my intention is to give the particulars of such only as will have the greatest tendency to convey to the reader the most correct information of my mode of practice, without repeating any that were treated in a similar manner, to those already given. I shall now proceed to give the particulars of one of the most important circumstances of my life, in as correct and impartial a manner as I am capable to do from memory; in order to show what I have suffered from the persecutions of some of the medical faculty, for no other reason, as I conceive, than that they feared my practice would open the eyes of the people, and lessen their importance with them; by giving such information as would enable them to cure themselves of disease without the aid of a doctor; and from many others, who were governed altogether by the prejudices they had formed against me by the false reports that had been circulated about my practice, without having any other knowledge of me. Many of the latter, however, have since been convinced of their error, have a very favorable opinion of my system, and are among my best friends.

After practicing in those parts through the season of 1809, I went home to Surry, where I remained a few weeks, and returned back to Salisbury; on my way there I made several stops in different places where I had before practised, to see my friends and to give information to those who made use of my medicine and practice. On my arrival at Salisbury, my friends informed me that Dr. French had been very busily employed in my absence, and that he and a deacon Pecker, who was one of the grand jury, had been to Salem, to the court, and on their return had said that there had been a bill of indictment found against me for wilful murder. They advised me to go off and keep out of the way; but I told them I should never do that; for if they had found a bill against me, the government must prove the charges, or I must be honorably acquitted. About ten o'clock at night Dr. French came to the place where I stopped, with a constable, and made me a prisoner in behalf of the com-

monwealth. I asked the constable to read the warrant, which he did; by this I found that Dr. French was the only complainant, and the justice who granted the warrant ordered me before him to be examined, the next morning. I was then taken by the constable to Dr. French's house, and keepers were placed over me to prevent me from escaping. While at his house and a prisoner, Dr. French took the opportunity to abuse and insult me in the most shameful manner that can be conceived of, without any provocation on my part; he continued his abuse to me till between two and three o'clock, when he took his horse and sat out for Salem to get the indictment. After he was gone, I found on inquiry of the constable, that after he had been before the grand jury and caused me to be indicted, he came home before the bill was made out, and finding that I was at Salisbury, fearing I might be gone, and he should miss the chance of gratifying his malicious revenge against me, he went to a brother doctor, who was a justice of the peace, before whom he made oath, that he had probable ground to suspect, and did suspect, that I had with malice aforethought, murdered sundry persons in the course of the year past, whose names were unknown to the complainant; upon which a warrant was issued against me, and I was arrested, as before stated, in order to detain and keep me in custody, till the indictment could be obtained.

In the morning I was brought before the said justice, and he not being ready to proceed in my examination, the court was adjourned till one o'clock; when I was again brought before him and he said he could not try me until the complainant was present, and adjourned the court again till near night. The constable took me back to his house in the mean time, and put me in a back room and left me alone, all of them leaving the house. When they came back, some of them asked me why I did not make my escape, which I might very easily have done out of a back window; but I told them that I stood in no fear of the consequence, having done nothing whereby I ought to be punished; that I was taken up as a malefactor, and was determined to be convicted as such, or honorably acquitted. Just before night, Dr. French arrived with a Sheriff, and ordered me to be delivered up by the constable to the Sheriff; and after Dr. French had again vented his spleen upon me by the most savage abuse that language could express, saying that I was a murderer, and that I had murdered fifty and he could prove it—that I should be either hung or sent to the State prison for life, and he would do all in his power to have me convicted. I was then

put in irons by the sheriff, and conveyed to the jail in Newburyport, and confined in a dungeon, with a man who had been convicted of an assault on a girl six years of age, and sentenced to solitary confinement for one year. He seemed to be glad of company; and reminded me of the old saying, that misery loves company. I was not allowed a chair or a table, and nothing but a miserable straw bunk on the floor, with one poor blanket which had never been washed. I was put into this prison on the 10th day of November, 1809; the weather was very cold, and no fire, and not even the light of the sun, or a candle—and to complete the whole, the filth ran from the upper rooms into our cell, and was so offensive that I was almost stifled with the smell. I tried to rest myself as well as I could, but got no sleep that night, for I felt something crawling over me, which caused an itching, and not knowing what the cause was, inquired of my fellow sufferer; he said that it was the lice, and that there was enough of them to shingle a meeting house.

In the morning there was just light enough shone through the iron grates to show the horror of my situation. My spirits and the justness of my cause prevented me from making any lamentation, and I bore my suffering without complaint. At breakfast time I was called on through the grates to take our miserable breakfast; it consisted of an old tin pot of musty coffee, without sweetening or milk, and was so bad as to be unwholesome; with a tin pan containing a hard piece of Indian bread, and the nape of fish, which was so hard I could not eat it. This had to serve us till three o'clock in the afternoon, when we had about an equal fare, which was all we had till the next morning. The next day Mr. Osgood came from Salisbury to see me, and on witnessing my miserable situation he was so much affected that he could scarcely speak. He brought me some provisions, which I was very glad to receive; and when I described to him my miserable lodgings and the horrid place I was in, he wept like a child. He asked liberty of the jailer to furnish me with a bed, which was granted, and brought me one, and other things to make me more comfortable. The next day I wrote letters to my family, to Dr. Fuller, and to judge Rice, stating to them my situation.

The bed which was brought me I put on the old one, and allowed my fellow sufferer a part of it, for which he was very thankful. I had provisions enough brought me by my friends for us both, and I gave him what I did not want; the crusts and scraps that were left, his poor wife would come and beg to carry

to her starving children, who were dependant on her. Her situation and that of her husband were so much worse than mine, that it made me feel more reconciled to my fate; and I gave her all I could spare, besides making his condition much more comfortable, for which they expressed a great deal of gratitude.

In a few days after my confinement Judge Rice came to see me and brought with him a lawyer. On consulting upon the case, they advised me to petition to the judges of the Supreme Court to hold a special court to try my cause, as there would be no court held by law, at which it could be tried, till the next fall, and as there could be no bail for an indictment for murder, I should have to lay in prison nearly a year, whether there was any thing against me or not. This was the policy of my enemies, thinking that they could keep me in prison a year, and in all probability I should not live that time, and their ends would be fully answered.

I sent on a petition agreeable to the advice of my friends, and judge Rice undertook to attend to the business and do every thing to get the prayer of the petition granted. He followed the business up with great zeal and did every thing that could be done to effect the object. I think he told me that he or the lawyer, Mr. Bartlett, had rode from Newburyport to Boston, fifteen times in the course of three weeks on the business. At length judge Parsons agreed to hold a special court at Salem, on the 10th day of December, to try the cause, which was one month from the day I was committed. My friends were very attentive and zealous in my cause, and preparation was made for the trial.

During this time the weather was very cold, and I suffered greatly from that cause, and likewise from the badness of the air in our miserable cell, so that I had not much life or ambition. Many of my friends came to see me, and some of them were permitted to come into the cell; but the air was so bad and the smell so offensive, that they could not stay long. My friend, Dr. Shephard, came to see me and was admitted into our dungeon. He staid a short time, but said it was so offensive he must leave me; that he would not stay in that place a week for all Newburyport. On thanksgiving day we were taken out of our cell and put in a room in the upper story, with the other prisoners, and took supper together; they consisted of murderers, robbers, thieves, and poor debtors. All of us tried to enjoy our supper and be in as good spirits as our condition

would permit. The most of their complaints were of the filthiness and bad condition of the prison, in which we all agreed. Before it was dark I and my companion were waited upon to our filthy den again. There was nothing in the room to sit upon higher than the thickness of our bed; and when I wrote any thing, I had to lay on my belly, in which situation I wrote the Medical Circular, and several other pieces, which were afterwards printed.

After I had been in prison about two weeks, my son-in-law came to see me; I had before my imprisonment sent for him to come to Portsmouth on some business, and on hearing of my being in prison he immediately came to Newburyport, to see me. He seemed much more troubled about my situation than I was myself. I felt perfectly conscious of my innocence and was satisfied that I had done nothing to merit such cruel treatment; therefore my mind was free from reproach; for I had pursued the course of duty, which I conceived was allotted me by my maker, and done every thing in my power to benefit my fellow creatures. These reflections supported me in my troubles and persecutions, and was perfectly resigned to my fate. About this time a lawyer came into the prison and read to me the indictment, which was in the common form, that I with malice aforethought, not having the fear of God before my eyes but moved by the instigation of the devil, did kill and murder the said Lovett, with lobelia, a deadly poison, &c.; but feeling so perfectly innocent of the charges, which the bill alleged against me, it had very little effect upon my feelings; knowing them to be false and that they had been brought against me by my enemies, without any provocation on my part.

In the morning of the day that was appointed for me to be removed to Salem for trial, I was taken out of my loathsome cell by the jailor, who gave me water to wash myself with, and I was permitted to take my breakfast by a fire, which was the first time I had seen any for thirty days, and could not bear to sit near it in consequence of its causing me to feel faint. As soon as I had eat my breakfast the iron shackles were brought and put on my hands, which I was obliged to wear till I got to Salem. The weather was very cold and the going bad; we stopped but once on the way, the distance being about twenty six miles. On our arrival I was delivered over to the care of the keeper of the prison in Salem and was confined in a room in the second story, which was more comfortable than the one I had left. I was soon informed that Judge Parsons, was sick;



and had put off my trial for ten days; so I had to reconcile myself to the idea of being confined ten days more without fire. However I was not without friends; Elder Bowles and Capt. Russell came to see me the first night, and Mrs. Russell sent her servant twice every day with warm coffee, and other things for my comfort, for which I have always been grateful; and Mrs. Perkins whom I had cured of a dropsy, sent for my clothes to wash against the day of my trial.

Many of my friends came to Salem to attend my trial; some as witnesses and other to afford me any assistance in their power. A few days before my trial Judge Rice, and Mr. Bartlett, whom I had employed as my lawyer, held a consultation with me, as to the arrangements necessary to be made; when it was decided that it would be best to have other counsel; and Mr. Story was agreed upon, who engaged in my cause. I had also engaged Mr. Bannister of Newburyport, to assist in the trial: but he was of no benefit to me, and afterwards sued me for fifty dollars at fifty miles distance, to put me to great expense. In order to be prepared for the trial, my counsel held a consultation together and examined the principal witnesses in the defence. Mr. Bowles, Judge Rice, and several others, gave great satisfaction as to the value and usefulness of the medicine, and the variety of cures that had been performed with it within their knowledge. Dr. Fuller of Milford, N. H. was present and made many statements in my favor as to the value of the medicine and advised to have Dr. Cutler of Hamilton, summoned, which was done. Every thing was done by my friends that was in their power to assist me and give me a chance for a fair trial, for which I shall always feel very grateful.

On the 20th day of December, 1809, the Supreme Court convened to hear my trial, at which Judge Parsons presided, with Judges Sewell and Parker, assistant Judges. The case was called about ten o'clock in the morning, and the chief justice ordered me to be brought from the prison and arraigned at the bar for trial. I was waited on by two constables, one on my right and the other on my left, in which situation I was brought from the jail to the court-house and placed in the bar. The court-house was so crowded with the people, that it was with much difficulty we could get in. After I was placed in the criminal seat, a chair was handed me and I sat down to wait for further orders. Here I was the object for this great concourse of people to look at; some with pity, others with scorn. In a few minutes I was directed to rise and hold up my right

hand, to hear the indictment read, which the grand jury had upon their oaths presented against me. It was in common form, stating that I had with malice aforethought, murdered Ezra Lovett, with lobelia, a deadly poison. I was then directed by the court to plead to the indictment, guilty or not guilty—I plead not guilty, and the usual forms in such cases were passed through, the jury called and sworn, and the trial commenced.

The solicitor general arose and opened the case on the part of the commonwealth, and made many hard statements against me, which he said he was about to prove; he stated that I had at sundry times killed my patients with the same poison. The first witness called to the stand on the part of the government, was Mr. Lovett, the father of the young man that I was accused of killing. He made a tolerable fair statement of the affair in general, particularly of coming after me several times before I could attend; though I think he exaggerated many things against me, and told over several fictitious and ridiculous names, which people had given my medicine, by way of ridicule, such as bull-dog, ram-cat, screw-augur, and belly-my-grizzle; all which had a tendency to prejudice the court and jury against me; and I also thought that he omitted to tell many things in my favor, that must have been within his knowledge; but there was nothing in his evidence that in the least criminated me, or supported the charges in the indictment.

The next witness called was Dr. How, to prove that I had administered the poison alleged in the indictment. He stated that I gave the poison to the said Lovett, and produced sample of it, which he said was the root of lobelia. The judge asked him if he was positive that it was lobelia—he said he was and that I called it coffee. The sample was handed round for the court to examine and they all appeared to be afraid of it and after they had all satisfied their curiosity, Judge Riee took it in his hand and eat it, which very much surprised them. The solicitor general asked him if he meant to poison himself in presence of the court. He said it would not hurt him to eat a peck of it, which seemed to strike the court with astonishment. Dr. Howe was then called at my request, for cross examination, and Mr. Story asked him to describe lobelia, how it looked when growing, as he had sworn to it by the taste and smell. This seemed to put him to a stand, and after being speechless for several minutes, he said he had not seen any so long he should not know it if he should see it at this time. This so completely contradicted and did away all that he had before stated, that he went off the stand quite cast down.

Dr. Cutler was called on to inform the court what the medicine was that Dr. Howe had declared so positively to be lobelia, and after examining it, he said that it appeared to him to be marsh-rosemary, (which was the fact.) So far, all they had proved against me was that I had given the young man some marsh-rosemary, which Dr. Cutler had declared to be a good medicine.

Some young women were brought forward as witnesses, whom I had no knowledge of ever seeing before. They made some of the most absurd and ridiculous statements about the medicine, that they said I gave the young man that were probably ever made in a court of justice before—some of which were too indecent to be here repeated. One of them said that I crowded my puke down his throat and he cried murder till he died. This was well known to be a falsehood, and that the story was wholly made up by my enemies, as well as what had been before stated by those women, for the purpose of trying to make out something against me. I had two unimpeachable witnesses in court ready to swear that I never saw the young man for more than fourteen hours before he died, during all which time he was in the care of Dr. Howe; but by not having an opportunity to make my defence, in consequence of the government not making out their case against me, could not bring them forward.

John Lemon was the next witness brought forward on the part of the commonwealth, and was directed to state what he knew about the prisoner at the bar. He stated that he had been out of health for two years, being much troubled with a pain in his breast, and was so bad that he was unable to work; that he could get no help from the doctors; that he applied to me and I had cured him in one week; and that was all he knew about the prisoner, at the bar. By this time Judge Parsons appeared to be out of patience, and said he wondered what they had for a grand jury, to find a bill on such evidence. The solicitor general said he had more evidence which he wished to bring forward.

Dr. French was called, and as he had been the most busy actor in the whole business of getting me indicted, and had been the principal cause, by his own evidence, (as I was informed,) of the grand jury finding a bill against me, it was expected that his evidence now would be sufficient to condemn me at once; but it turned out like the rest to amount to nothing. He was asked if he knew the prisoner at the bar; he said he

did. He was then directed to state what he knew about him. He said the prisoner had practiced in the part of the country where he lived with good success; and his medicine was harmless, being gathered by the children for the use of the families. The judge was about to charge the jury, when the solicitor general arose and said, that if it was not proved to be murder it might be found for manslaughter. The judge said, you have nothing against the man, and again repeated that he wondered what they had for a grand jury. The charge was given to the jury, when they retired for about five minutes and returned into court and gave in their verdict of not guilty.

I was then honorably acquitted, without having had an opportunity to have witnesses examined, by whom I expected to have proved the usefulness and importance of my discovery before a large assembly of people, by the testimony of about twenty-five creditable men, who were present at the trial; besides contradicting all the evidence produced against me. After the trial was over I was invited to the Sun tavern to supper, where we enjoyed ourselves for the evening. When we sat down to the table, several doctors being present, who were so offended at my being acquitted, that they left the table, which made me think of what the scripture says, that "the wicked flee when no man pursueth, but the righteous are bold as a lion."

During the evening I consulted with my friends upon the subject of prosecuting Dr. French and making him pay damages for his abuse to me when a prisoner at his house, in saying that I had murdered fifty and he could prove it; and after having had a fair chance and having failed to prove one, it was thought to be a favorable opportunity to make him pay something for his conduct towards me, in causing me so much suffering, and for the trouble he had made me and my friends. A prosecution was agreed upon, and to bring the action in the county of York. Judge Rice agreed to be my bail, and likewise he undertook to pay my lawyers and witnesses for the above trial, and paid Mr. Bartlett forty dollars that night. Mr. Story was paid twenty dollars by a contribution of my friends in Salem. I staid at Mrs. Russell's that night; I had but little sleep, for my mind was so much agitated, when I came to consider what I had gone through, and the risk I had run in escaping the snares of my enemies; with the anxiety of my family till they got the news of my acquittal, that sleep fled from my eyelids, and I was more confused than when in prison.

The next day I went to Salisbury, and stopped with Mr. Osgood, where I was first arrested. Mrs. Osgood and a young woman who had been employed by me as a nurse, assisted to clean my clothes, and clear me of some troublesome companions I had brought with me from the prison; and when I had paid a visit to all my old friends, who were very glad to see me, I went to Portsmouth, to recover my health, which was very much impaired, by being confined forty days in those filthy and cold prisons, in the coldest part of a remarkable cold winter. My friends attended upon me and carried me through a regular course of medicine; but the first operation of it had little effect, in consequence of my blood being so much chilled, and it was a long time before I could raise a perspiration that would hold. I am confident that I should not have lived through the winter in prison, and believe that this was their plan; for which reason they managed to have me indicted for murder; knowing in that case there could be no bail taken, and there would be no court at which I could be tried, for nearly a year, I should have to lay in prison that time, and that I should probably die there, or in any case they would get rid of me for one year at least, whether there was any thing proved against me or not; and that in that time the doctors and their dupes would be enabled to run down the credit of my medicine and put my practice into disrepute among the people; but I have been able by good fortune and the kind assistance of my friends to defeat their plans. Most of those that have been instrumental in trying to destroy me and my practice, have had some judgment befall them as a reward for their unjust persecutions and malicious conduct towards me. I was credibly informed that Deacon Pecker, one of the grand Jury that found a bill against me, went with Dr. French, to hunt up evidence to come before himself, in order to have me indicted. A short time after I was put in prison, he had a stroke of the palsy, and has remained ever since, one half of his body and limbs useless. Dr. French, one year after I was acquitted, was brought to the same bar in which I was placed, and convicted for robbing a grave yard of a dead body, which it was reported he sold for sixty dollars. He lost all his credit, and was obliged to quit his country.

In the month of January, of 1810, I returned home to my family, and staid till I had in some measure recovered my loss of health by imprisonment. In March I returned to Portsmouth, and after taking the advice of my friends, made arrangements for



my prosecuting Dr. French. The prosecution was commenced and he was summoned before the court of Common Pleas, in the county of York. Judge Rice undertook the principal management of the business, and became my bail. The action was called and carried to the Supreme Court by demurrer, which was to sit at Alfred, in October. I attended with my witnesses, and expected to have gone to trial; and after waiting several days to know what the defence was going to be, the counsel for the defendant made their plea of justification. I found that their plan was to prove that I had murdered sundry persons whom I had attended, and by that means to make it out that any one had a right to call me a murderer; and that for this purpose, Dr. French had been to every place where I had practised, collecting every case of the death of any that I had attended in this part of the country, and had made out eight cases, all of which have been before mentioned in this narrative, most of which had been given over by the doctors as past cure, and the others known to be desperate cases. He had obtained the depositions of all that were prejudiced against me, and had collected a mass of evidence to support his defence. After finding what their plan was, it was thought necessary for me to go to all the places where they had been, and get evidence to contradict these highly colored and exaggerated statements, and was under the necessity of requesting a delay of the trial for one week, which was granted. I proceeded immediately and took the depositions of those who were knowing to the facts; but found that these were not sufficient and went again to Deerfield and summoned two men to appear at court and give their verbal testimony. When I had got ready to come to trial, the defendant was not ready and got it put off to the next term which would be holden at York the next year. In the spring, before the sitting of the court, I went to the clerk's office to find what the depositions were that were filed against me; and the whole appeared to be a series of exaggerated statements, made by those who were governed by their prejudices, without having but very little, if any knowledge of the facts, more than what they obtained by hearsay. This caused me to redouble my diligence and get witnesses to appear on the stand to contradict their testimony, on each case they had alleged against me.

On the day appointed for the trial, every thing was prepared on my part, to have a full hearing. Judge Parsons was on the bench, and seemed, as I thought, to be determined to have the case go against me; for he appeared to know every thing that

was to be in the defence before hand. I made out my case by proving the words uttered by the defendant, which were in my declaration. They then proceeded in the defence, to make out the eight cases of murder, which were alleged against me.—The first was a case of a man by the name of Hubbard, of Elliot, who had been dead above two years, the particulars of which I have before stated. The witnesses brought to support this case, told a very lamentable and highly colored story; and I brought on to the stand, a very respectable witness, who completely contradicted the whole statement.

The next cases brought up were the three children of Mr. Fulsom, of Deerfield, the particulars of which have been before related. A number of depositions were read, which the defendant had obtained of those that had been my enemies, and who knew nothing of the matter more than hearsay reports among themselves. They gave a very highly colored account of my treatment of the children; so much so, that it would appear by their stories, that I had taken them in health and had roasted them to death; never saying a word about the fifteen that I cured, some of which had been given over by the doctors. To rebut the evidence that was produced to prove that I had killed those children, I brought on the stand, two respectable witnesses, who were knowing to all the circumstances, being present at the time of my attending the family. They gave a correct and particular account of all the circumstances as they took place—of the situation of the family when I first saw them, and the violence of the disorder—how the doctors had lost all their patients that had been attacked with the disorder before I came—with the number that I had cured by my mode of practice; and that the doctors afterwards adopted my plan, and saved the lives of a number by it. The Judge interrupted them and read some of the depositions over again; but these witnesses stated that they were not true, and went on to give some of the particulars of the oppositon I met with in my practice from those very persons whose depositions had been read, when the Judge seemed to put out, and attempted to stop them, saying that they had said enough. They said that having been sworn to tell the whole truth, they felt it their duty to do so.

They next brought on the case of a woman who had died at Beverly, that I had attended, and with it the case of Ezra Lovett, whom I had been tried for murdering. I was very glad to have this case brought up again, as I wished to have an opportunity to prove all the facts relating to it, which I had been prevented

from doing on my trial, in consequence of being acquitted without making any defence. The evidence brought forward to support this case, were the depositions of those who had testified against me on my trial at Salem; they were pretty near the same as then given. After those depositions were read, I had called on to the stand Elder Williams and Mr. Raymond, who gave all the particulars of my attending upon the young man, as has been before related, which completely contradicted all the depositions they had read in the case. The Judge interrupted these witnesses and read the depositions of the girl, who stated that I crowded my pukes down the patient's throat and he cried murder till he died. They both positively testified, that there was not a word of it true; for when he died, and for twelve hours before he was under the care of Dr. Howe, during which time, I did not see him. As to the woman in Beverly, whom they tried to make out that I had murdered, it was proved by these witnesses, that she was in a dying condition when I first saw her, and that I so stated it as my opinion at the time, and that my medicine would not help her.

The next case was that of Mrs. Lifford, who died at Salisbury, the particulars of which have been before given. The evidence brought to prove this case of murder was the deposition of the woman who nursed her, and by whose neglect the patient took cold, after the medicine had a favorable operation, and appearances were much in her favor; in consequence of which she had a relapse, and I could not produce any effect upon her by the medicine afterwards. This woman confessed at the time, that she was the only one to blame, and that no fault ought to be attached to me; but she afterwards was influenced by Dr. French, to turn against me, and made threats that she would swear to any thing to injure me. After her deposition was read, I brought a witness on the stand, who completely contradicted every thing contained in it; but the judge read her deposition to the jury, and directed them to pay attention to that in preference to the witnesses on the stand.

The eighth and last case was that of the son of Thomas Neal of Portsmouth, who was very violently attacked, and was attended by Dr. Cutler. I was called on at night to attend him, and thought there was a possibility of helping him; but the man whom he lived with would not consent that I should do any thing for him, and I went away, after telling them that he would be either worse or better before morning, and if he was worse he would die. I was called to visit him in the

morning, and was informed that he was worse, and that his master had consented to have me attend upon him. I told his father it was undoubtedly too late; but he insisted upon it so much, I attended, and told them the chance was very small for doing him any good, as I considered it a desperate case. After being very hardly urged by his friends, I gave him some medicine, but it had no effect, and about sundown he died. The doctor who attended him was brought forward to prove that I murdered the patient. If I recollect rightly, he swore that the patient had the dropsy in the brain, and that the disorder had turned and he was in a fair way to recover; but I came and gave him my poison pikes and killed him. I brought forward evidence who swore to the facts as I have above related them, and that the doctor would give no encouragement of helping the patient. The father of the young man gave his evidence, and stated that his son was in a dying situation when I gave him medicine; but the judge interrupted him, and asked if he was a doctor, to which he answered no. He then said the doctor has stated that his disorder had turned and he was getting better—are you going to contradict the doctor—and thus managed to do away his testimony.

I have thus given a brief sketch of the evidence in the eight cases, which were attempted to be proved as murder, in order to make out justification on the part of the defendant, with my defence to the same, in as correct a manner as I am able from memory; and am confident that every circumstance as I have related it, can be substantially proved by living witnesses. After the evidence was gone through, the lawyers on both sides made their pleas, making the case on my part as good and as bad as they could. The judge then gave his charge to the jury, which was considered by those who heard it to be the most prejudiced and partial one that had been ever heard before. He made use of every means to raise the passions of the jury and turn them against me; stating that the defendant was completely justified in calling me a murderer, for if I was not guilty of wilful murder, it was barbarous, ignorant murder; and he even abused my lawyers for taking up for me, saying that they ought to be paid in screw augers and bull dogs. The people that were present were very much disgusted at his conduct, and they expressed themselves very freely upon the subject; it was said by some that our courts instead of being courts of justice, had become courts of prejudice. One man said he hoped judge Parsons would never have another opportunity to set on a cause; which

prediction turned out true, for he soon after had a stroke of the palsy, and as I am informed died before the next court met.—The jury brought in their verdict of justification on the part of the defendant, and threw the whole costs on me, which amounted to about two thousand dollars.

When I found how the case was going to turn, I went to Portsmouth, and soon after made arrangements to pay the costs. Judge Rice was my bail and undertook to pay all the bills that I had not paid at the time. On my settlement with him I owed him six hundred dollars for money that he had advanced on my account; for which I had no way to secure him, but by giving him a mortgage of my farm; which I did, and it was put on record, and never known to any of my friends till I paid it up. He charged nothing for all his time and trouble, through the whole of my persecutions and trials, for which and for his kindness and friendship on all occasions, I shall ever consider myself under the greatest obligations.

Sometime in the spring of the year previous to this trial at York, a young man came to me at Portsmouth, by the name of Alfred Carpenter, from the town where my family lived; he was recommended to me by his neighbors, as being lame and poor, and wanted my assistance. I took him out of pity and instructed him in my mode of practice, under the expectation that it would be a benefit to him and thereby he would be able to assist me in attending the sick.

About the first of June, 1811, I received a letter from Eastport, where I had been the fall before and shown some of my mode of practice. Some of the people in that place were so well satisfied with it, that seven men had subscribed their names to the letter, requesting me to come there and practice in the fevers, which prevailed in those parts. I left the care of my business at Portsmouth with Mr. Carpenter, my apprentice, and immediately took passage for Eastport, where I arrived about the middle of June. I was very gladly received by those who had wrote to me, and those with whom I had become acquainted when there before. I agreed to practice under the protection of those who had sent for me, until I had convinced them of its utility, to which they consented, and promised me all the assistance in their power. I was soon called on to practice, and had all the most desperate cases that could be found, in all of which I met with very great success. There was, I think at that time, five practising doctors on the Island, among whom my success in curing the sick caused great alarm; and I soon



experienced the same determined opposition from them, with all the arts and plans to destroy me and my practice, that I had experienced from the same class of men in other places. In order to show some of their conduct towards me, I shall relate the particulars of some of the cases I attended; but most of the numerous cases which I had under my care, were so nearly similar to those that have been already given, and my mode of treating them being about the same, that it will be unnecessary to repeat them.

I was sent for to visit a Mrs. Lovett, who was the daughter of Mr. Delisdernier, at whose house I attended her. She had the dropsy and had been under the care of one of the doctors, till he had given her over as incurable. I went to see her in company with the doctor; but we could not agree as to the cause and remedy. I asked him several questions concerning the power of the elements, and the effect of heat on the human system. He answered that the elements has nothing to do with the case. After giving him my ideas on the subject which all appeared new to him, I told him that the contending powers in this case was between the fire and water; and if I could get heat enough in the body to make the water volatile, it could not stay in the body. He said that any thing warm would not answer for her. I then asked him how he thought the hottest medicine would do. He said that it would produce immediate death. I then told him that if I did any thing for her, I should administer the hottest medicine I could give. Finding there would be a disadvantage on my part in doing any thing for her, as the doctor and I could not agree, I left the house. I was followed by the father and mother and the doctor, who all insisted on my returning; but I told them that notwithstanding the doctor had given her over, if I was to attend her and she should die, they would say that I killed her. They promised that let the consequences be what they might, no blame should be alleged against me. Upon which I agreed that I would stop on condition that two of my friends should be present as witnesses to what was said, and see the first process of the medicine, which was agreed to, and they were sent for, and heard the statements of the doctor and family. A Captain Mitchell from New York, was also present, and heard the conversation between me and the doctor; and being pleased with the principles that I laid down, which excited his curiosity so much that he expressed a wish to be present and see the operation of the medicine, and staid accordingly.

The doctor pretended to be going away till after I had given the first medicine, and appeared to be very busy going out and coming in, and had much conversation with Mrs. Lovett, the husband's mother, who was the nurse. After the first medicine had done, which operated very favorably, gave directions what to do, and particularly to keep the patient in perspiration during the night, and left medicine for the purpose; we then went home. In the morning I called to see her and to my surprise found her sitting with the window up, and exposed to the air as much as possible; on examination I found that no medicine had been used. On inquiry I found that the doctor had been in frequently to see her; and on asking why they had not followed my directions, the nurse appeared very cross, and said she would not take any of my medicine. I told them that they had not killed her, but I did not thank them for their good will any more than if they had done it. I was about leaving the house, as I found my directions would not be attended to by the nurse; but Captain Mitchell was very urgent for me to continue. I told him that if he would attend upon her and see the medicine given and every thing done according to my directions, I would continue, to which he agreed. I left the patient in his care and he attended her faithfully through the day; at night I visited her and found the swelling began to abate. He continued his care of her, and in three days she was able to go up and down stairs, and in one week she was well. By the influence of the doctor, the woman and the husband all turned against me, and I never received any thing for my trouble but their abuse and slander. The woman's father and Captain Mitchell, however, gave me all credit for the cure, and they both purchased a right.

About a year after at a private assembly of women, this Mrs. Lovett, the mother-in-law of the sick woman, gave an account of the whole transaction, and stated that there was a private interview between her and the doctor, and it was agreed to go contrary to my directions, and the doctor said she would die in the course of the night; and that he should take me up for murder, and that she must be an evidence. This appeared to be almost incredible, that they should be so void of all human feelings, as to be willing to have the woman die, in order to have the opportunity to take me up for murder; but two women who were present when she told the story, gave their deposition proving the facts as above stated.

I continued my practice on this island, at Lubeck, and on the main, paying my most particular attention to those who sent

for me, and wanted information. I practised under their inspection about five weeks, and then told them that I had done enough for a trial, to prove the use of my medicine, and should do no more till I knew whether a society could be formed. They expressed their entire satisfaction, and wished to have a society formed; a meeting was called for that purpose, and sixteen signed the articles at the first meeting. After this a meeting was held every week, at which a lecture was given for the purpose of giving information, and for the admission of members; and eight each week was added during the summer. In the fall I went back to Portsmouth to attend to my business there, and see to the society which had been formed in that place.

After staying in Portsmouth a few weeks to give information to the people, and procuring a stock of medicine, I made arrangements to return to Eastport; and sometime in the month of October, I set sail for that place taking with me my apprentice and Stephen Sewell. On my arrival I introduced Mr. Carpenter as my apprentice, and got Mr. Sewell into a school as an assistant; in which he had fifteen dollars a month, and all his leisure time he attended to gain information of the practice. I took a small shop and put into it a good assortment of medicine, and attended to practice till I had got Mr. Carpenter introduced among the people.

While practising here, I frequently heard of the abuse and scandal towards me and my practice, from Mrs. Lovett, the old woman before mentioned, as the nurse of her son's wife, whom I cured of the dropsy. This old woman was a singular character; and was called a witch by the people; I have no faith in these kind of things, yet her conduct, and certain circumstances, that took place, were very extraordinary, and puzzled and astonished me more than any thing I had ever met with, and which I have never been able to account for to this day. Mr. Carpenter was attending a man, where this woman often visited, who had the consumption, and his child, which was sick and had fits. He came to me and said that the medicine he gave would not have its usual effect; that the emetic instead of causing them to vomit would make them choke and almost strangle. I attended them myself, and on giving the medicine it would operate on the man, and not on the child, at one time, and the next time on the child and not on him. Sometimes the child would lay in fits for a whole night, and nothing would have any effect upon it, in the morning it would come out of them and appear to be quite bright and lively. I had never known the

medicine to fail of producing some effect before, where the patient was not so far gone as not to have life enough left to build upon. I can give no reason for this strange circumstance, satisfactory to myself, or which would be thought reasonable by the readers. The old woman, before mentioned, was frequently in and out of the house where the man and child were, and seemed to be very much interested about them; when she was gone the child would frequently go into violent fits, and when I steamed it, it was said the old woman would be in great distress. It caused much conversation among the neighbors; they believed it to be the power of witchcraft; and that the old woman had a control over the destinies of the man and child and was determined to destroy them in order to get her revenge on me. I have no belief in these things; but must confess that her strange conduct, and the extraordinary circumstance attending the whole affair, baffled me more than any thing I had ever met with before. I was unable to do any thing for these two patients, except sometimes by a temporary relief; they continued to grow worse, and finding it not in my power to do them any good, left them and they both soon after died.

Whether the extraordinary circumstances attending the two cases above stated, were caused by a stratagem of the doctors, in which the old woman was made their agent, to injure me by causing in some way or other poisonous medicines to be administered to them, in order to prevent my medicines from having any salutary effect, is what I do not feel disposed to assert as a fact; but the many cases in which I have been certain that such things have been done by the faculty, and their enmity and uniform opposition to my practice, both at this place and elsewhere, as well as the confession made by the old woman, would tend strongly to confirm such a belief. I could mention a great number of facts in addition to what I have said in regard to this affair, if necessary, which appeared very extraordinary to me and all who witnessed them; but think that enough has been said on the subject, and shall leave it to the public to decide between us. There were five doctors at Eastport when I went there, who had a plenty of business; but my success was so great and the people became so well satisfied of the superiority of my system of practice over theirs, that they were soon relieved from most of their labors; and in a short time after, three of them had to leave the place for want of employment.

I made arrangements to go back to Portsmouth to spend the winter, and to leave Mr. Carpenter with the care of my busi-

ness and practice at Eastport, under the protection of John Burgin, Esq. a man who has been particularly friendly to me on all occasions. I told him if he would be faithful in my business and in selling medicine, that he should have half the profits after the money was collected; and in December I took passage for Portsmouth. We had a long and tedious passage of eighteen days; the vessel took fire and our lives exposed; but we were fortunate enough to extinguish it without much damage. I stopped in Portsmouth and practised some time, then went to see my family, where I remained the rest of the winter, in which time I was employed in collecting and preparing medicine. I returned to Portsmouth in the spring of 1812, and after making the necessary arrangement, I set sail for Eastport, where I arrived about the first of May. I made a settlement with Mr. Burgin, and paid him sixty-three dollars for the board of Mr. Carpenter, and for shop rent. Then furnished the shop with a complete stock of medicine, to which I added cordials and spirits, the whole of which amounted to about twelve hundred dollars. There was a great call for medicine this spring, and also for practice.

After arranging my business, I concluded to return to Portsmouth; a short time before I came away, a Mr. Whitney came to me for assistance, and purchased a right. About the same time a Mr. McFadden applied also for assistance, who had the consumption. I left them both under the care of Mr. Carpenter, and immediately sailed for Portsmouth, where I arrived in safety. Soon after my arrival there, I found that there was going to be a war with Great Britain; in consequence of which I returned immediately back to Eastport to settle my affairs in that place. In a short time after my arrival there, the declaration of war came on, and I made the best arrangements of my business I could, leaving Mr. Carpenter with directions, if there should any thing happen in consequence of the war, so as to be necessary for him to leave the island, to come to Portsmouth. Before leaving the place, I called on him for some money, and all he could pay me was sixty-four dollars, which was but one dollar more than I had paid for his board and shop rent. The people were in such confusion it was impossible to get a settlement with any one. I left Mr. Whitney and Mr. McFadden in his care and left the island about the middle of June, and arrived in Portsmouth in forty-eight hours, where I remained the greater part of the summer; during which time I had constant practice, and formed some regulations for the society, which was



established there, for the purpose of greater facility in communicating information of my system of practice to the people who wished my assistance. In the fall of this year I published my pamphlet of directions, as many were urgent that I should not leave the place destitute of the knowledge of my practice and medicine. Many persons who had been the most urgent for me to give them information, now became the most backward, and complained that the restrictions were too hard with regard to their giving the information to others; some of whom had never done the least to support the practice or me. When any of them were sick they were ready enough to call on me for assistance; and if I relieved them quick, they thought it worth nothing, and they run out against my practice, saying I deserved no pay. This sort of treatment I have met with from a certain class of people in all places where I have practiced — I was treated with much attention when they were in danger from sickness; but when I had cured them I was thought no more of. This kind of ingratitude I have experienced a pretty large share of during my practice.

In the month of October, having got my business arranged, and a stock of medicine prepared, I returned to Eastport. On my arrival there I went to my shop, and found that Mr. Carpenter had gone home, and Mr. McFadden and a Mr. Harvey left very sick, and only a boy to take care of them and the shop. Mr. McFadden was very low with a consumption, and unable to lay down. I found there was no regulation of the business in the shop, and the property I had, chiefly gone. I was obliged to pay every attention to the sick men that had been left in this manner without assistance; I attended Mr. Harvey, and got him well enough to go home in a few days; and Mr. McFadden was so put to it for breath and was so distressed, that I had to be with him night and day for six weeks and three days, when Mr. Carpenter returned. Previous to this I found that Mr. McFadden had put his farm into the hands of Mr. Carpenter as security for his attending him in his sickness; and as he had no relations the remainder to go to him and me. On enquiry into the business, I found that he had taken a deed in his own name, and that all the bills and accounts for his practice and medicine in my absence were in his own name. I asked him for a settlement and he refused; I then asked him what he meant by his conduct; he said he owed me nothing, and bid me defiance, saying if I chose I might take the steps of the law. I could not conceive what he meant by treating me

in this manner, till after making further enquiry, I found that he had formed a connection in a family—that he had been advised to take the course he did, and as I had no receipt for the property, or any written agreement to support my claim, he could do with me as he pleased, and keep every thing for his own benefit. The night after he returned, and before I had any knowledge of his intentions, he had robbed the shop of all the accounts, notes, bills, and all other demands, so that I knew no more about the business than a stranger.

I frequently tried to get a settlement with Carpenter; but he said he had none to make with me. Mr. McFadden died shortly after and Carpenter came forward and claimed all his property, saying that it was all willed to him. I asked him why it should be willed to him, when I had borne the expence and done the principal part of the labor in taking care of him in his sickness. He said I must look to him for my pay. I told him that it was very singular that my apprentice had become my master in one year; but he denied he was my apprentice, and said that he was a partner; but I had said in order to encourage him to be faithful and do well by me, he should have half the profits of the practice, and that I had no idea of his having the whole of my property, because I made him this promise. All I could say I found would have no effect, for the more I tried to reason with him, the more obstinate and impudent he was. He even went so far as to say that the shop and all that was in it was his, and that I had nothing to do with it; he called a witness and forbid my having any concern in the shop. I found there was no other way for me, but to turn him out and get rid of him in the best manner I could; to effect which I applied to the owner of the shop and got a writing to prove my claim to the possession and immediately took measures to get rid of him. He made all the opposition, and gave me all the trouble he could; he went into the shop while I was absent, and began to throw the property out into the street; but I soon put a stop to his career, and secured the property from his reach. He still held all my books and accounts, which put my business into such confusion that I was unable to collect any of the demands that were due; and the only remedy I had was to advertise him as my apprentice and forbid all persons having any dealings with him on my account, or settling with him. My loss by the dishonest conduct of this man was very considerable, besides the injury to my feelings from his base ingratitude to me; for I had taken him from a state of poverty and distress; supported him for a

long time when he was very little benefit to me; and had instructed him in my system of practice and given him all the information in my power; had introduced him into practice, and given him every encouragement to enable him not only to assist me in supporting my system of practice, but to benefit himself; and after all this, for him to turn against me and treat me in the manner he did, was a deeper wound to my feelings than the loss of my property.

After having got clear of Carpenter, I hired a young man whom I had cured and given information to, and put him into the shop, and agreed to pay his board for one year, and then returned to Portsmouth. As Carpenter had bid me defiance, and threatened to sell my rights and give information to any one who would buy of him and, likewise I found that there was, another plot got up to destroy me; a petition had been sent on to the Legislature to have a law passed against quackery, in which I was named; and there can be no doubt but what the whole object of it was to stop my practice; I was at a stand, and put to much perplexity to know what course it was best to steer. I found I had enemies on every hand, and was in danger of falling by some of them. Every thing seemed to conspire against me; but I had some friends who have never forsaken me; my courage remained good, and my spirits were never depressed, and it appeared to me that the more troubles I had to encounter, the more firmly I was fixed in my determination to persevere unto the last.

When I had maturely considered the subject in all its bearings, and exercised my best abilities in devising some plan by which I could extricate myself from the dangers which threatened me on every hand; and to prevent those rights, which twenty years' labor, with much suffering and great expense had given me a just claim to, from being wrested from me—I finally come to the conclusion that there was only one plan for me to pursue with any chance of success; and that was to go on to Washington and obtain a patent for my discoveries; and put myself and medicine under the protection of the law of my country, which would not only secure to me the exclusive right to my system and medicine, but would put me above the reach of the laws of any state.

After coming to the conclusion to go on to the seat of government and apply for a patent, made all necessary preparation for the journey, and started from Portsmouth on the 7th of February and arrived at Washington on the 23d. The next day after my

arrival I waited on Captain Nicholas Gilman of Exeter, showed him my credentials and asked his advice, what I must do to obtain my object. He said that he thought it could not be made explicit enough to combine the system and practice, without being too long; he however advised me to carry my petition to the patent office; which was then under the control of Mr. Monroe, Secretary of State. I went to the patent office and found that Dr. Thornton was the Clerk, and presented him my petition. He asked me many questions, and then said I must call again; I called again the next day, and he said the petition was not right—that I must specify the medicine, and what disorder it must be used in—he said that those medicines in general terms to cure every thing, was quackery—that I must particularly designate the medicine, and state how it must be used, and in what disease. I then waited on Martin Chittenden, late governor of Vermont, who was at Washington, and asked his assistance; he was from the same town where my father lived, and readily consented. We made out the specifications in as correct a manner as we could, and the next day I carried them to the patent office, and gave them to Dr. Thornton; he complained much about its being too short a system, and put me off once more. I applied again and asked him for my patent; but he said I had not got the botanic names for the articles, and referred me to Dr. Mitchell of New York, who was in the House of Representatives. I applied to him, and requested him to give me the botanic names to the articles mentioned in my petition. He wrote them and I carried them to Dr. Thornton; but he was unable to read some of the names—one in particular, he said I must go again to Dr. Mitchell, and get him to give it in some other words, and not tell him that he could not read it. I went and the doctor wrote the same word again and then wrote or “snap-dragon;” which I carried to Dr. Thornton, and requested him to put in the patent my names, and record it for himself snap-dragon, or any other name he choose. He then talked about sending me to Philadelphia, to Dr. Barton, to get his names.

I found he was determined to give me all the trouble he could and if possible to defeat my getting a patent, and I intimated that I should go with my complaint to Mr. Monroe, upon which he seemed a little more disposed to grant my request, and said he would do without Dr. Barton's names. He then went to work to make out the patent, and when he came to the article of myrrh, he found much fault about that, and said it was good

for nothing. I told him that I paid for the patent and if it was good for nothing it was my loss. After much trouble I got it made out according to my request, and the medicines to be used in fevers, cholics, dysenteries and rheumatisms; he then asked me if I wanted any additions, and I told him to add "the three first numbers may be used in any other case to promote perspiration, or as an emetic," which he did. I then had to go to the treasury office and pay my money and bring him duplicate receipts. After all this trouble I at length succeeded in obtaining my patent according to my request, which was completed and delivered to me on the 3d day of March, 1813.

The next day after I had completed my business, was the day of inauguration of the President of the United States, and I had the curiosity to stay and see the ceremonies on that occasion. After the ceremonies were over I went to the stage office and found that the seats were all engaged for a fortnight; and was obliged to stay till the 13th before I could get a passage. I then took passage in the stage and came on to Philadelphia, where I remained several days for the purpose of seeing Drs. Rush and Barton, to confer with them upon the subject of introducing my system of practice to the world. I spent considerable time with Dr. Barton; but Dr. Rush was so much engaged, that I was unable to have but little conversation more than stating my business. He treated me with much politeness, and said that whatever Dr. Barton agreed to he would give his consent, so that my business was chiefly with the latter gentleman. I asked him many questions concerning my system and patent, and requested his advice of the best mode of introducing it. He advised me to make friends of some celebrated doctors and let them try the medicine and give the public such recommendation of it as they should deem correct. I told him that I feared that if I should do so, they would take the discovery to themselves and deprive me of all credit or benefit from my labors; and asked him if he thought that would not be the case. He said it might with some, but he thought there were some of the profession honorable enough not to do it. I asked him if he would make trial of it himself, and give it such credit as he should find it to deserve. He said that if I would trust it in his hands, he should be pleased, and would do justice to me and the cause. I accordingly left some of the medicine with him, with directions how to use it; but before I received any return from him he died; and Dr. Rush also died sometime previous; by which means I was deprived of the influence of these



two men, which I was confident would otherwise have been exerted in my favor.

During my interview with Dr. Barton, we had much conversation upon the subject of the medical skill, and he being quite sociable and pleasant, I expressed myself very freely upon the fashionable mode of practice, used by the physicians of the present day. He acknowledged there was no art or science so incultivated as that of medicine. I stated to him pretty fully my opinion of the absurdity of bleeding to cure disease; and pointed out its inconsistency, in as much as the same method was made use of to cure a sick man as to kill a well beast. He laughed and said it was strange logic enough.

While in the city of Philadelphia, I examined into their mode of treating the yellow fever; and found to my astonishment that the treatment prescribed by Dr. Rush, was to bleed twice a day for ten days. It appeared to me very extraordinary to bleed twenty times to cure the most fatal disease ever known; and am confident that the same manner of treatment would kill one half of those in health. This absurd practice being followed by the more ignorant class of the faculty, merely because it has been recommended in some particular cases by a great man, has, I have not the least doubt, destroyed more lives than has ever been killed by powder and ball, in this country, in the same time. Those I met in the streets who had escaped the fatal effects of bleeding, mercury, and other poisons, carried death in their countenance; and on conversing with them, they said they had never been well since they had the fever—that they took so much mercury and opium, they were afraid that they were in a decline.

After remaining in Philadelphia about two weeks, I went in the stage to New York, where I obtained a passage in a coaster, and arrived in Portsmouth on the 5th day of April. Immediately after my arrival at Portsmouth, I gave public notice in the newspapers, of my having obtained a patent, and forbid all persons trespassing upon it under the penalty of the law in such cases provided; and prepared and published a handbill, in which I gave a description of the nature of disease on the constitution of man; and also the conditions of disposing of the right of using my system of practice; and taking a number of the handbills with me, sat out for Eastport, where I arrived about the first of May. On my arrival the handbills were circulated among the people, which caused considerable stir among them, particularly with the doctors, who seemed surprised that

I had obtained a patent. I again called on Mr. Carpenter for a settlement, but could not obtain one, for his friends advised against it, telling him that he could still pursue the practice in spite of my patent, by calling the medicine by different names. I furnished my shop with a stock of medicine, and made an agreement with Mr. Mowe, the young man that I had employed since Carpenter was dismissed, to continue the practice for me, and take charge of my business at this place. My expenses for his wages, board, and shop rent was about one dollar per day; and the amount of the practice and sale of medicine, was about one hundred dollars per month.

While at Eastport I met with a loss, which I will mention to show the hard fortune I had to contend with. Wishing to send one hundred dollars to my friend judge Rice, in part payment for what I owed him, took two fifty dollar bills and went to the post-office and gave them to the post-master, with a letter directed to Alexander Rice, esq. Portsmouth, requesting him to secure them in the letter in a proper manner and send it on. The letter was never received in Portsmouth, and no traces of it could be found. I had strong suspicions that the post-master at Eastport destroyed the letter and kept the money. I made arrangements to inquire further into his conduct; but shortly after he fell from a precipice and was killed, which put a stop to pursuing the subject any further; so it turned out a total loss to me.

After settling my business in Eastport, I returned to Portsmouth, where I stopped but a short time; and taking Mr. Sewell with me, went to Portland to introduce my practice in that place. On our arrival I advertised my patent in the newspapers, and had handbills printed and circulated among the people, giving the conditions on which I should practice and the manner of selling family rights, to those who wished the use of my practice and medicine; and that I should attend to no case except such as wished to purchase the rights, to give them information, and prove the utility of the medicine. I gave the information, to Mr. Fickett, where we boarded, and a right of using the medicine for himself and family; and gave information to several of his workmen. Soon after making myself known, had a great number of desperate cases put under my charge, all of which were cured or essentially relieved. My success in the cases I attended, most of which were such as had been given over by the doctors, caused great alarm among those professional gentlemen who are styled regular physicians; and I experienced the same opposition from them that I had met

with in other places. I was followed by them, or their spies, and all kinds of false and ridiculous reports were circulated among the people to frighten and prejudice them against me and my medicine.

Soon after coming to this place, I was called on by Captain John Alden to attend his wife, who was in a very alarming situation. She was in a state of pregnancy and had the dropsy, and was then as she supposed, several weeks over her time. She had been in the same situation once before and was delivered by force, and came very near losing her life; the doctors gave it as their opinion that if she should ever be so again she would certainly die. I told him that I did not attend on any except those who wished to purchase a right, in which cases I would give them the information. I explained to him the principles upon which my system was founded, and he purchased a right; after which I attended upon his wife, and found her very low; she had not laid in bed for three weeks, being so put to it for breath when she lay down, was obliged to get immediately up again. I carried her through a course of the medicine every day for five days, during which she was reduced in size about eight inches; her travail then came on natural, and in about two hours she was delivered of a daughter, and they both did well. She was able to come down stairs in one week, and in two weeks she was well enough to be about the house. This cure so alarmed the doctors, that they circulated a story at a distance, where the facts were not known, that I was so ignorant of this woman's situation, that I killed her immediately; but the woman and her husband gave me all credit for the cure, and appeared very grateful to me for it.

During the summer a son of Captain Alden, was violently seized with the spotted fever; he was taken very suddenly, when at the pump after water, fell and was brought into the house senseless—I attended him, and his jaws being set, administered a strong solution of Nos. 1, 2 and 6, by putting my finger between his cheek and teeth, and pouring in the medicine; squeezing it round to the back of his teeth, and as soon as it reached the roots of his tongue, his jaws came open; I then poured down more of the medicine, and soon after swallowing it, his senses came to him, and he spoke; he appeared like a person waking out of a sleep. As soon as the warm effect of the medicine was over, he relapsed, and he seemed to go down with the heat. I found that I could not restore him till I could rarify or lighten the air—I laid him across the laps of three persons, shielding

him from external air with a blanket, and put under him a pan with a hot stone in it about half immersed in hot water; whilst over this steam, again gave the medicine, which raised a perspiration; and as the heat raised inside, life gained in proportion; and when the perspiration had gained so as to be equal to a state of health, the natural vigor of life and action was restored.

I was called on to attend a woman who had a relax, and in a few visits restored her to health. One night about midnight was sent for to visit this woman in consequence of their being alarmed about her, the cause of which I could never learn; for on my arrival she was as well as usual. I returned immediately home and was soon after taken in a violent manner with the same disease; and was so bad as not to be able to do any thing for myself. Mr. Sewell attended upon me and did all he could, which had no effect. I was persuaded that I should not live three days unless I could get some relief. I had no pain and every thing I took passed through me in two minutes; nothing seemed to warm me. I sent and obtained some butternut bark, boiled it, and took some as strong as it could be made; as soon as it began to operate, I followed it with brandy and loaf sugar burnt together, till it became a syrup; this soon put me in pain; I then followed my general rule of treatment, and was soon relieved.

While at Portland was sent for to see a Mr. Mason, who was very sick, and it was expected that he would not live through the night. He had been attended by the doctors of the town for a sore on his nose, which was much inflamed; they had given him so much salt petre to kill the heat, that they almost killed him. I had the hardest trial to save his life of any one I ever attended; and was obliged to carry him through a course of medicine two or three times a week for three months, besides visiting him every day. The doctors said he would certainly die, and if he did, they meant to take me up for murder; and every means were resorted to, by discouraging him and other ways, to prevent his getting well; and when he got so as to be about, and it was decided that he was going to recover under the operation of the medicine; one who pretended to be his friend gave him a bottle of pepper vinegar—I had made a free use of this article in his case, and he took some of what was given him by this friend, and he soon grew worse. The man who gave him the pepper vinegar often inquired how he did, and when told that he was worse, he would say that I should kill him. I could not ascertain the reason of this patient being

affected in the manner he was, till Mr. Sewell took some of the same, and was immediately taken in the same manner as the sick man. He took medicine and got over it, and a short time after, took some more, and was attacked in a similar manner. I then began to mistrust that there was something in the pepper vinegar, and on examining it, was satisfied that it had been poisoned to destroy the patient in order to take advantage of me. I was obliged to carry them both through a course of the medicine, and they afterwards had no such turns.

This patient, after about three month's close attention, gained so as to enjoy a comfortable state of health. The undertaking was very tedious on my part; I should be hardly willing to go through the same process again, for any sum whatever. The destructive effects of salt petre is the worst of any poison I ever undertook to clear the system of. The only method I have found successful, is to give No. 1, and No. 2, and throw all of it out of the stomach that can possibly be done; and by steaming keep the heat of the body above it—all other poisons can be eradicated by the common course of medicine. I was called on to attend the sick from all quarters; but few of them were able to purchase the information, and many who had it have never paid any thing. The people generally were well satisfied with its utility; my friends were very zealous in introducing it among the people; but my opponents were not slack in doing every thing in their power to prejudice the public against me and the medicine. The doctors seemed much troubled at the success of the practice, many having been cured who were given over by them. One woman, who had been unable to walk for about nine months, after having been confined, and the doctors could not help her, was attended by Mr. Sewell, and in a short time restored to a comfortable state of health, which gave them great offence; and some of them published in the news papers, part of my trial for murder, in order to prejudice the public against me. I prepared an answer, but they had so much influence with the printers, that I was unable to get it inserted; they had the meanness to circulate the report that I acknowledged the fact because I did not answer their statement. Thus have the faculty, by such unprincipled conduct, managed to keep the people blind to the benefit they might receive from the use of the medicine, for the purpose of keeping up their own credit and making them tributary to themselves, without regard to the public good.



This season I went to Eastport and collected some money to pay my friend Rice; and thinking to make some profit, laid it out in fish, and sent it to Portland, consigned to my friend Fickett. When I went there myself, sold the fish to him. I afterwards made a settlement with him, and took his note for one hundred and sixty-three dollars, which he agreed to pay Judge Rice, as he was going to Boston in a short time, and he would call on him at Portsmouth for that purpose. I then went home to see my family, and in about six months after, returned to Portsmouth, and on calling on Judge Rice found to my surprise, that Mr. Fickett had not paid the money, that he had failed and there was no chance for me to get any thing of him. So I was again disappointed in my expectations of paying this demand, and it appeared to me that all my hard earnings would be sacrificed to pay the expense of prosecutions; but my friend Rice was very indulgent; and instead of complaining, did all he could to encourage me and keep up my spirits.

In the fall of the year 1816, I started from Portland to go to Eastport, and took Mr. Sewell with me, in order to try to get a settlement with Mr. Carpenter; as he knew all the particulars of the agreement between us. After suffering many hardships, and being at great expense, in consequence of having to go part of the way by water and part by land, owing to the war that then existed, we arrived there on the twelfth day of November. On my arrival I made enquiry concerning my affairs with Carpenter, and ascertained what proof I could obtain to support an action against him for the property he had wronged me out of; and after making an unsuccessful attempt to get my account books out of his hands, brought an action against him for the property left in his possession; this being the only way in which I could bring him to an account. After much time and expense I at last obtained a judgment against him, got out an execution, which was levied on the land he had unjustly got a deed of, and it was finally appraised to me; and after having to get a writ of ejectment to get Mr. Tuttle out of possession of it, who claimed it under a pretended deed from Carpenter, to prevent it from being attached, I at last got the farm which had cost in getting it more than it was worth; so I had to put up with the loss of all my earnings at Eastport for two years, with the loss of medicine sold by Carpenter, all of which amounted to not less than fifteen hundred dollars.

I returned to Portland, where I remained to attend to my practice and the society that had been formed there, for consid-

erable time; and after settling and arranging my business as well as I could, I left Mr. Sewell in charge of my affairs there, and in January 1814, returned to Portsmouth, which place I made the principal depot of my medicines; having previous to my returning from the eastward, made arrangements with my agents to supply them, and all others who had purchased the rights, with such medicine as they might want, by their applying to me for them. I had laid in a large stock, the value of which I estimated to be about one thousand dollars. I went to Boston and Salem to procure some articles that could not be obtained elsewhere, in order to complete my stock; when absent the great fire took place at Portsmouth, and all my stock of medicine was consumed. This was a very serious loss to me, not only in a pecuniary point of view, but it disarranged all my plans, and put it out of my power to supply those whom I knew depended upon me for all such articles as were most important in the practice. The season was so far advanced that it was impossible to obtain a new recruit of most of the articles; and I was obliged to collect a part of what had been sent to different places, in order to be able to supply in the best manner I could, such demands for medicine, as I should be called on for. In doing this I was put to great trouble and expense, and in order to make myself whole, was under the necessity of raising the price of the medicine fifty per cent; this caused much grumbling and complaint from the members of the societies in different places, and was taken advantage of by my enemies to injure me all they could.

I sent in the estimate of my loss, to the committee, who had the charge of the money contributed by the people in different parts, for the relief of the sufferers by the fire, and afterwards called on them, with an expectation of receiving my share; but they said my loss was of such a nature they could not give me any thing, as I should be able to collect another supply the next season, and I never received a cent from them. In addition to my loss by the fire, and other difficulties I had to encounter, and while I was at Portsmouth using all my exertions to replenish my stock of medicine, and assist those who were suffering from disease and needed the benefit of my practice, I received information from Portland that the doctors had obtained one of my books of direction, which was published expressly for the information of those who purchased the right of using my system of practice, and had some knowledge of it by verbal and other instruction, had printed an edition of it, and advertised

them for sale at thirty-seven and a half cents a copy. They stated in their advertisements, that "this invaluable work which had heretofore been selling for twenty-dollars may now be had for thirty-seven and a half cents;" and sent them to all places where my societies had been formed, and my practice had been introduced, for the purpose of putting me down and preventing the use of my medicine; but after all this pitiful attempt to do me the great injury which they so fondly anticipated, they gained nothing by it, except it was the contempt of all the honest part of society who were knowing to the circumstances. To put a stop to these practices and prevent the public from being imposed upon, I caused a notice to be published in the Portsmouth and Portland papers, cautioning the people against buying these books, or making use of the medicine, and trespassing on my patent under the penalty of the law in such cases provided; and also offered a reward of fifty dollars to any one who would give information of any doctor, who should trespass on my patent, and ten dollars for any one who should be found guilty of seling the books. This put a stop to the sale of the books, and prevent them from doing me any injury by this trick; for those concerned in this disgraceful manœuvre, were compelled to acknowledge that my agents could sell more books at twenty dollars, than they could at thirty-seven and a half cents.

I continued in Portsmouth after the loss I met with from the fire, informing the people in that place and vicinity until I collected another assortment of medicine, during which time fifty members were added to the society there. I appointed Mr. John Locke as my agent in Portsmouth, and the society accepted of him as such, to take the management of the practice and supply them with medicine; I agreed to allow him twenty-five per cent, on the sale of rights, and in eighteen months he added about forty members to the society. He conducted himself with the greatest propriety in the performance of all the duties assigned him, and in this, as well as in all other concerns which I had with him, has given me the highest satisfaction. I mention this tribute of praise to his fidelity, the more readily, as he is one of the very few whom I have put confidence in that I have found honest enough to do justice to me and the people. It has generally been the case, with those I have appointed as agents, that as soon as they have been sufficiently instructed to attend to the practice with success, and give satisfaction to the people, that they have made it a matter of speculation; and

have, by all means that they could devise, attempted to get the lead of the practice into their own hands, and deprive me of the credit and profits of my own discovery; and when I have found out their designs, and put a stop to their career by depriving them of their agency, they have uniformly turned against me and done every thing in their power to injure me and destroy the credit of the medicine. This kind of conduct has been a very serious evil, and had caused me much trouble and expense, besides destroying the confidence of the people in the beneficial effects of the medicine and practice, and keeping back the information necessary for its being properly understood by them. This, however, has not been the case with all that I have entrusted with the care of my business as agents, for some of them have been uniformly honest and faithful, both to me and to those to whom they have given the information.

While Mr. Locke was acting as my agent at Portsmouth, he gave offence, by his faithful and upright conduct, to some members of the society, who wanted to reap all the advantages and profits without any labor or expense. They made complaints to me of his conduct, and wished him turned out; but on asking them for their charges against him, they said he speculated on the medicine, and sold it one third higher than I did. I told them that I had been obliged to raise the price in consequence of my loss by the fire, and that he was not to blame for it.—They, however, persisted in their complaints and after finding that they could not make me turn against him, they turned against me. After making further inquiries into the subject, I satisfied myself of their reasons for wishing Mr. Locke turned out of the agency. A man by the name of Holman, whom I had four years previous cured of a consumption, as has been before related, and to whom I had given the information and authorised to form a society at Hopkinton, where he had practised three years without making me any returns, had returned to Portsmouth and practiced with Mr. Locke as an assistant.—This man formed a plan to have Mr. Locke turned out in order to get his place himself, and had managed so as to gain over to his side a number of the society, who joined with him in effecting this object. They made use of all kinds of intrigue to get the control of the practice out of my hands, by offering to buy the right for the county, and many other ways; but I understood their design and refused all their offers.

At the next annual meeting of the society, Holman was chosen their agent without my consent, and I refused to autho-

rize him to give information; for he had deceived me before by saying on his return to Portsmouth, that he could not form a society a Hopinton, which I had found out to be false; and many other things in his conduct had caused me to be so much dissatisfied with all he did, that I declined having any thing further to do with him. He persisted in practising and in eighteen months by his treacherous conduct, run down the credit of the medicine and practice, and broke up the society, after it had, the eighteen months previous, got under good way by Mr. Locke's agency, and was in a very prosperous condition. I had good reason to believe that Holman was employed by my enemies to break me up in this place and destroy the credit of the medicine; for when I was absent I ascertained that he gave salt petre and other poisons, under the pretence that by giving it the night before it would prepare the stomach for my medicine to be taken in the morning. This was like preparing over night to build a fire in the morning, by filling the fire-place with snow and ice. After preparing the stomach in this way, the medicine would have no beneficial effects; and he would then place the patient over a steam, which caused them to faint. In this way he proved to the members of the society that my mode of practice was bad, and thus used his influence to destroy the credit of my medicine in their minds, and make them believe that I had deceived them. His practice turned out very unsuccessful, and he lost many of his patients. He had lost more in six months, than I had lost in six years, which I imputed entirely to his bad conduct.

After my return, finding how things were situated in regard to the practice; that all the credit I had gained by seven years labor, had been destroyed in eighteen months, led me to make a particular inquiry into the cause. On visiting his patient's I found some of the pills made of salt-petre, and also some opium pills, which he had been in the habit of administering secretly to his patients under the name of my medicine; and after collecting an assortment of his poison, I called a meeting of the society, and proved to them that he had made use of these poisons under the pretence of giving my medicine; and also, that he had confessed to have given tobacco when called on to administer my medicine; all of which satisfied the society so well of the baseness of the conduct of their agent, that they immediately passed a vote dismissing him from his agency. A committee was appointed to investigate the whole of his conduct, and publish a statement of the same, in order to do away the



false impression that had been made on the public mind, and convince them that the bad success of this man's practice had been owing to his own wicked conduct: and not to any fault in the medicine, I was never able, however, to get this committee to meet and attend to the duty assigned them by the society, although they confessed themselves satisfied of the truth of my charges against Holman, and of the injury I had sustained by his conduct; and after waiting six months and finding that they were more willing that I should suffer, than that the blame should fall where it justly belonged, I left them to their more fashionable practice, and withdrew all my medicine from the place.

In the spring of the year of 1814, I wrote to Mr. Mowe, my agent at Eastport, to leave that place in consequence of the war becoming troublesome, and come to Portsmouth. He came up in May. I took him with me and went to Surry, where we continued through the summer, and he assisted me in carrying on my firm and collecting an assortment of medicine. In August we went to Onion river where my father resided, to make a visit and collect some articles of medicine, that could not be obtained in Surry. After my return Mr. Mowe went to Portsmouth, and I remained at home till after the harvesting was over, then went to Portsmouth to collect medicine, and attended to some practice. Sometime in December I returned home and found an express had been there for me to go to Guilford, sent by Mr. Davis, whom I had attended the year before at Portsmouth. I went with all speed and found his wife sick with a consumption. I attended her a few days to give them information, and sold him the right of using the medicine; and also sold some rights to others; I then returned to Portsmouth, and sent Mr. Mowe to Guilford to practice and give information to those who had purchased the rights, where he remained till spring.

During the time Mr. Mowe was at Guilford, he was very successful in the practice, and made some remarkable cures.—Great opposition was made to his practice, by the doctors, and all the false representations made about it, that they could invent to prejudice the minds of the people against the medicine and stop its being introduced among them. After this another plan was got up to injure me; societies were formed in the manner I had formed mine, and members were admitted for two dollars; the only information given them was to furnish each member with one of the pamphlets, containing my directions, which had

been stolen from a woman and published at Portland, without my knowledge. In this manner my system of practice in the hands and under the superintendence of those who were endeavoring to destroy me, became popular in Guilford and the towns adjacent; and had become so important, that a general invitation was given throughout the neighboring towns for the people to come and join them in the great improvement of restoring the health of mankind. Thus did these professional gentlemen tamper with my rights and the credulity of the people, for the pitiful purpose of injuring me, by pretending to sell all my information for two dollars, for which I asked twenty; and in their hands called it honorable scientific knowledge. After these trespasses had become open and general, and the people had been invited to join it, my agent wrote me a letter giving information of the transaction, and I went there to see to it; on my arrival I conversed with those who had purchased their rights of me or my agent; they informed me of the facts as above related, and said that they had been solicited to join the society, that had been formed; and they wished my advice, whether they should attend a general meeting which was to be held in about a fortnight. I told them that they had better attend—they then asked me if they should be asked for information what they should do about giving it; I told them that I thought people joined societies to get information and not to give it. I employed an attorney to proceed against those who trespassed, and have them punished according to law in such cases provided and returned to Portsmouth.

In the month of February, 1815, I had an application to go to Philadelphia and introduce my societies and system of practice in that city. Thinking it not proper to go alone, I made an agreement with Mr. John Locke to go with me; and after we got every thing prepared, he started on the 7th in the morning to go in the stage, and I chose to go by water, and sailed the same day in a vessel for New York. We had a long and tedious passage, suffering very much from the cold. We had a gale of wind which blew us off into the Gulph Stream, and we were two hundred miles south of our port; on getting into a warmer latitude the weather became warmer, when we were enabled to get clear of the ice with which the vessel was much burdened, and could set some sail; and we arrived at New York after a very rough passage of seventeen days.

During the passage one of the crew had frozen his hands and feet very badly, and when we got where the weather became

warmer he was in the most extreme pain. He said that it seemed as though the bones of his hands and feet were coming in pieces; his suffering was so great that the tears would run from his eyes, and the sweat down his cheeks, with the pain. I was requested by the captain and crew to do something to relieve him. I agreed to do the best I could for him, in the cold and comfortless situation we were in. There was no place to keep a fire under decks, and the weather was so rough that we could seldom keep any in the caboose on deck. I was obliged to administer the medicine according to my judgment in the best manner I could. In the first place I procured handkerchiefs and cloths enough to wrap his hands and feet up in several thicknesses, then wet them well with cold water, and wrapped his hands and feet as well as I could, wetting them with cold water, and put him in his birth, covered well with blankets, and gave him the warmest medicine to take I had with me, and repeated it to keep the inward heat sufficient to cause a free circulation in the limbs; and if his hands and feet grew painful, poured cold water on the cloths and continued this course of treatment, of keeping the inward heat above the outward, by raising the one and letting down the other, till I got the fountain above the stream; and in about two hours, freed him from all pain, to the surprise and astonishment of all the hands on board. When I come to take off the cloths the blood had settled under the nails and under the skin, which came off without any blister being raised, and before we arrived at New York, he was able to attend his watch.

It was said by the captain and crew that this was the most remarkable cure they had ever known; and that if he had been attended in the common form, he would have lost his toes if not his feet, besides suffering much pain and a long confinement. It will be necessary to remark that the greatness of this cure consisted in its simplicity; any person could have performed the same, who had come to years of discretion, by adopting the same plan, and many times be the means of saving the amputation of limbs. There is no mystery in it, the whole plan consists in keeping the determining powers to the surface, from the fountain of the body, which is the stomach; from which all the limbs receive their support and warmth, and when you cannot raise the fountain sufficient to give nature its proper course, you must lower the stream, or outward heat, by keeping the heat down on the limbs, and raising the inward heat, when there can no mortification ever return from the limbs to the body, any more than a log can float against a stream.

In the case above stated, before I began to do any thing for the man, I duly considered his situation; he had been almost chilled to death by the extreme cold weather, so that his limbs had very little warmth from the body, not enough to bring them to their feeling, until the warm weather raised a fever on the limbs faster than in the body, and in proportion as the heat in the extremities is raised above that in the body, by applying hot poultices or other similar applications, so much will the whole system be disordered, and the parts that have been injured will be extremely painful, and by a continued application of such means, the fever or outward heat will increase by the current being turned inward, till mortification takes place, when the limbs have to be taken off to save life; and in most cases the body has become so much disordered, that they die after all. This may, I am confident, be avoided by understanding my plan of treatment and pursuing it with zeal, particularly in all cases of burns or freezing.

On my arrival at New York, I found Mr. Locke, who had come in the stage, and had been waiting for me ten days. The next morning we started in the stage for Philadelphia, where we arrived that evening, and went to a boarding house and put up for the night. In the morning we went in search of Elder Plummer, with whom I had engaged the fall before, to go to Philadelphia; we found him in the course of the forenoon, and he expressed much joy at our arrival. He preached a lecture that evening and appointed a meeting at the same place the next evening for me; at which I attended and gave a lecture; there was a large collection of people attended this meeting, and I gave a full and explicit explanation of the principles upon which my system is founded. There were two medical students present, and while I was endeavoring to give a view of the formation of the animal creation out of the four elements; that heat was life, and cold death; and that the blood was necessary to life, as being the nourishment of the flesh, and in as much as it was taken away, so much was life and health diminished; one of them interrupted me and said, that cold was a promotion of life, and that bleeding was beneficial to preserve life also. I answered him by stating, that admitting his doctrine to be true, an animal that had the blood taken from it and was frozen, would be the liveliest creature in the world. This unexpected retort caused a laugh and the two medical gentlemen left the room. I then went on and concluded the explanations I wished to make, which gave general satisfaction to the people present;

and sixteen signed the articles of agreement that night, to obtain the knowledge of the medicine and practice, to whom I engaged to give information by lectures. We remained there about a week, in which time about twenty bought the right.

When we had completed our business at Philadelphia, we went on to Washington, where we remained several days, and had a view of the ruins of the public buildings, which had been destroyed by the British, when they took possession of that city about six months previous to our being there. While at the capitol I had an interview with General Varnum, and some conversation passed between us concerning the pipsisway, which had been found useful in a case of cancer for which I attended his wife when practising at Pelham in the year 1807. He said that it having been found so useful in all cancerous cases, he thought it ought to be published in the newspapers or almanac, for the benefit of those who were afflicted with this dangerous disease, and expressed a wish that I would do it. I told him that I thought it would be better for him to publish it than for me, and he consented; and the next year he published it in the almanac, which was the cause of much speculation in this article, and of which I shall give some account in another part of this work.

After staying in Washington a few days we went to Alexandria, where we remained about a week, in which time I collected some cypress bark, which is known there by the name of poplar, and what we call poplar, is by them called quakingasp, on account of the constant shaking of its leaves. While at this place I fell in company with Captain Davis, of Portsmouth, and agreed to take passage with him and return to that place.—Arrangements were made for Mr. Locke to return by land; and I directed him to stop at Washington and get a copy of my patent, then to go on to Philadelphia and remain there as long as it should be necessary to give information to those who purchased the rights, or any that should wish to purchase them in that city, and after paying proper attention to them, to return to Portsmouth. I then went on board the vessel and we set sail; and after a long passage arrived safe at Portsmouth about the same time that Mr. Locke got there.

During this summer I visited Eastport, Portland, Charlestown, South-Reading, and other places where societies had been formed, or rights sold to individuals, to give information to the people; and in all places where I went, found the book of directions, which had been clandestinely obtained and published by the



doctors and others, to injure me by stopping the sale of rights, selling at 37½ cents. I was under the necessity of putting an advertisement in the papers, cautioning the people against this imposition, which put a stop to their sale; but great pains were taken by my enemies to circulate them among the people; and this is the way that some of my articles of medicine came to be made use of through the country in colds, such as cayenne, ginger, &c. In 1815, I published another edition of my book of directions, and secured the copy right; but this was reprinted at Taunton, and I advertised it as before, and stopped its progress.

In the fall of the year 1815, I went to Cape Cod, to procure some marshrosemary, and collected a quantity, carried it to Portsmouth and prepared it for use. This is the last time I have collected any of this article, and as it becomes scarce, think I shall not make any more use of it. It is too cold and binding, without using a large share of bayberry bark and cayenne with it, to keep the saliva free. I have found other articles as substitutes, which answer a better purpose, such as hemlock bark, which I have of late made use of, and found very good, white lily roots, witch-hazle, raspberry leaves, and sumach berries; the last article is very good alone, steeped and sweetened, and is as pleasant as wine; it is good for children in cases of canker, especially in long cases of sickness when other articles become disagreeable to them.

In the spring of the year 1816, I went again to Cape Cod, for medicine, and found that the spotted fever, or what was called the cold plague, prevailed there, and the people were much alarmed, as they could get no help from the doctors. I told them I had come after medicine where they were dying for want of the knowledge how to use it. They were desirous for me to try my practice and satisfy them of its utility. A young man in the next house to where I was, being attacked with the fever the day before, I went to see him, and the family expressed a wish to have me try my medicine. I put a blanket round him and put him by the fire; took a tea-spoonful of composition, and added more No. 2, and as much sugar, put it in a tea-cup, and poured to it a wine glass of hot water, when cool enough to take, added a tea-spoonful of the rheumatic drops; he took it, and in fifteen minutes was in a free perspiration—he was then put in bed and a hot stone wrapped in wet cloths put to his feet to raise a steam. I then left him in the care of his friends, with some medicine to be given during the night; they kept the per-

spiration free all night, and in the morning, heat had gained the victory, the canker was destroyed, and he was comfortable and soon got well.

I attended three other persons in one house, who had been sick a longer time, and had taken other medicine, so that it was more difficult to cure them. I steeped No. 3, and poured off half a tea-cup full and sweetened it, and added half a tea-spoonful of No. 2, when cool enough to take, put in one tea-spoonful of No. 1, and gave it to each of the patients, repeating it three times, whether they puked or not in that time—kept a hot stone wrapped in wet cloths at their feet, to keep up a steam; while they were under the operation of the puking and sweating, gave them as much cider or water to drink as they required. When they had done vomiting, gave milk porridge freely. As soon as they had done sweating, and their strength had returned, got them up and steamed them as long as they could bear it; then rubbed them over with spirits, water or vinegar, changed their clothes, and they went to bed, or sat up as their strength would permit. I will here remark for the information of the reader, that when the patient is so bad as not to be able to get up, they must be steamed in bed as hot as they can bear it, then set them up on end, and rub as before mentioned, change their clothes and bed clothes. This last direction is important to be attended to, for if their own clothes are changed without changing the bed clothes, they will absorb a part of the filth that has been discharged through the pores and add to what remains of the disorder. This precaution is all important in every case of disease, and should be paid particular attention to, in order to guard against taking back any part of what has been thrown off by the operation of the medicine. The nurse or those who attend upon the sick, are also in danger from the same cause, and should be particularly careful to guard against taking the disorder by breathing in the foul vapour from the bed clothes, and standing over the patient when under the operation of the medicine, the principal effect of which is to throw off by perspiration and other evacuations, the putrefaction that disease has engendered in the body. To guard against this, take some hot bitters and keep a piece of ginger root in the mouth, occasionally swallowing some of it, when most exposed; also take a tea-spoonful of Nos. 2. and 3, steeped in hot water, when going to bed; one ounce of preventative in this way, is better than a pound of cure when sick.

After relieving these four cases, I was sent for to attend a woman, who had been sick for a long time: I declined attending any more unless they would buy the right—this displeased her so much, because I was not willing to practice and cure all of them for nothing, that she abused me for my declining to attend her. Two men bought the right, and they asked me how much I would take for the right of the whole town. I offered it to them for the price of twenty rights; but they said that the sickness had so much abated that the alarm was nearly over, and declined my offer. This disease first appeared in Eastham the forepart of February, in which month 27 died, in March, 14, and 5 in April, making in the whole 46 in three months in this place. I left some medicine with those who had purchased the rights and returned to Boston.

Within a week after my return from Cape Cod, I received a letter from Eastham to come there as soon as possible; I took a stock of medicine and went on there as quick as I could; and on my arrival found that the fever had again made its appearance among the people, with double fatality. I soon found enough ready to purchase the twenty rights, for which I had offered to sell the right of the whole town. I attended on many of those who had the disease, in company with the two men who had purchased the right of me when here before, and instructed them how to carry the patients through a course of the medicine; and they attended and gave information to others; when they could meet together I gave information by lectures; those who got the information attended whenever they were wanted. I pursued my usual mode of treatment, by administering the medicine to promote a free perspiration, and when necessary steamed and gave injections, cleansed the stomach and cleared off the canker; the success in curing in this alarming disease was very great. I staid about two weeks, during which time there were attended with my medicine, thirty-four cases, of whom only one died, the rest got well. At the same time, of those who were attended by the regular doctors, eleven out of twelve died, making in the whole upwards of fifty deaths in a short time in this place, which was about one twelfth part of the inhabitants that were at home. The truth of the above statements is authenticated by the certificates of the Selectmen of the town and other respectable inhabitants, which will be inserted in another part of the work.

During my stay this time, I attended the husband of the woman who had abused me when here before, at the house of

his sister; she came there while I was attending upon her husband, and treated me and him in the most abusive manner, saying that she would sooner die than take any of my medicine, or have any thing to do with me. After she had vented her spite to her own satisfaction, she went home, was taken sick on the way, and was one of the last who died with the fever at this time. The people generally treated me with kindness and respect, and took great interest in my cause; and the success of my system of practice in relieving them from this alarming disease, gave universal satisfaction.

I formed those who had purchased the rights, into a society; and they chose a committee, whom I authorised as agents to sell rights and medicine; but this caused a jealousy among the rest of the members, who said I gave privileges to some more than to others.

I have formed four societies and given them certain privileges, by allowing them part of the profits on the sale of rights and medicine; but as soon as there was any funds, it has always created uneasiness among the members. Some of the ignorant and selfish, would call for their dividends, as though it was bank stock, instead of feeling grateful for the advantages they enjoy by having their diseases cured and their minds relieved from the alarming consequences of a disease, with a trifling expense. I have since altered my plan, and now have but one society. Every one who purchases a right for himself and family, becomes a member of the Friendly Botanic Society, and is entitled to all the privileges of a free intercourse with each other, and to converse with any one who has bought a right, for instruction and assistance, by advice or otherwise, when called on by a member. In this way much more good can be done, and there will be much more good will towards each other, than where there is any money depending.

I had now been in practice, constantly attending upon those laboring under disease, whenever called on, for about thirty years; had suffered much both in body and mind, from the persecutions I had met with, and my unwearied exertions to relieve the sick; and to establish my system of practice upon a permanent basis, that the people might become satisfied of its superiority over that which is practised by those styled regular physicians; putting it in their power to become their own physicians, by enabling every one to relieve themselves and friends, from all disease incident to our country, by making use of those vegetable medicines, the produce of our own country, which are

perfectly safe and easily obtained; and which, if properly understood, are fully sufficient in all cases of disease, where there can be any chance of cure, without any danger of the pernicious, and often fatal consequences attending the administering those poisons that the fashionable doctors are in the habit of giving to their patients.

After having discovered a system, and by much labor and constant perseverance reduced it to practice, in a manner that had given general satisfaction to all who had become acquainted with it, and having secured the same by patent, in order that I might reap some benefit from my discovery, to support me in my old age, having by a long series of attendance on the sick, both as physician and nurse, become almost worn out, I came to the determination to appoint some suitable person, who would do justice to me and the cause, as a general agent, to take the lead in practice, and give the necessary information to those who should purchase the rights, which would enable me to retire from practice, and receive a share of the profits as a reward for my long sufferings. After considerable inquiry I became acquainted with Elias Smith, who was recommended as a man in whom I could confide, and who was every way qualified as a suitable person to engage in the undertaking. I found him in Boston, and in every poor circumstances; having been for many years a public preacher, but in consequence of his often changing his religious principles and engaging in different projects in which he had been unsuccessful, he was now without a society or any visible means of supporting himself and family. He readily engaged with me, and promised to do every thing in his power, to promote my interest and extend the usefulness of my system of practice.

I sold him a family right in December, 1816, and was in his family during the winter, for the purpose of instructing him to practice, to qualify him to attend upon the sick and give information to others. I put the utmost confidence in his honor and, spared no pains in communicating to him, without any reserve whatever, all the knowledge I had gained by my experience, both by practice and verbal instruction; under the expectation, that when he became sufficiently acquainted with the system and practice, I should be rewarded for my trouble, by his faithfully performing his duty towards me according to his promise. I shall make no remark upon my being disappointed in all my expectations in regard to Mr. Smith's conduct, and the treatment I received from him after he had gained a knowledge of the



practice from me, to enable him to set up for himself; but shall proceed to give a short account of what took place during my connection with him.

The first case I attended with him was in his own family.—His son had the itch very badly, so that he was nearly one half of him one raw sore. They had tried the usual remedies without any benefit. I showed him the use of No. 3, to wash with, to stop the smart of the sores; then took some rheumatic drops and added about one fourth part of spirits of turpentine and washed him with it; this is very painful when applied where the skin is off; to prevent which mix with it some of the wash made of No. 3; at the same time of applying the above, give some of the composition, especially when going to bed; and occasionally give about fifteen of the drops, shaken together, on loaf sugar. By pursuing this treatment one week this boy was entirely cured.

The next case, which was the first we attended together out of his house, was a young woman who had the ague in her face, I showed him the whole process of curing this complaint; which was done by putting a small quantity of No. 2 in a cloth, and placing it between her cheek and teeth; at the same time giving her some of Nos. 2 and 3 to take, and in two hours she was cured.

I was constantly with him in practice from February till June; during which time we attended many bad cases with great success. A Mrs. Grover came to his house to be attended, who had the dropsy. She had been given over by her doctor as incurable, and was so much swelled as to be blind, and her body and limbs in proportion. Mr. Smith undertook her case under my direction, and carried her through a course of the medicine every day for nine days, and then occasionally once or twice a week till she was cured. She was thus attended under my inspection for three weeks, and in four was entirely cured; for which she gave Mr. Smith about forty dollars. In this case I did a great part of the labor and he got the pay. About the third time of carrying her through a course of the medicine, I was absent; her symptoms appeared unfavorable, and he got frightened; a nurse woman, to whom I had given information, and who had more experience than he had, came to his assistance, and by using injections relieved her, and prevented mortification. The circumstance of this woman proving that she was forward of him in information, seemed to fix in Mr. Smith's mind a dislike to her ever after, as his subsequent treatment of her will show, the particulars of which will be hereafter related.

Another case was of a man that came to his house, who was in a declining way, and had taken a great quantity of physic before he came, which would not operate. On taking my medicine, as soon as he began to be warm, so as to cause motion in his bowels, the physic he had before taken operated and run him down with a relax; then the dysentery set in and he suffered much with pain and had discharges of blood. I gave Mr. Smith directions to use injections, to clear his bowels of canker and prevent mortification; but he neglected it until I had told him three days in succession. He then got alarmed and sent for me; but before I arrived he had given an injection which had relieved the patient. He remained and was attended about three weeks and went home in a comfortable state of health. This man paid Mr. Smith about thirty dollars.

About the same time a man by the name of Jennings applied to Mr. Smith, who had lost the use of one of his arms by the rheumatism. He had been attended by the doctor for nine months, and had been given over by him as incurable. His arm was perished, and was in poor circumstances, having paid all he had to the doctor; he wanted relief, but said he could pay nothing for it unless he was cured, so that he could earn something by his labor. Mr. Smith asked me if I was willing to assist to cure him on these terms, to which I agreed. We carried him through a course of the medicine and steaming twice or three times a week for four weeks, when a cure was effected. The last time he was carried through was on election day, and he expressed a wish to go on the Common in the afternoon, to which I gave encouragement. The medicine was done about ten o'clock; he was then steamed and washed all over with pepper-sauce. He complained bitterly of the heat and threw himself on the bed; I took a tea-spoonful of good cayenne, and put in two spoonfuls of pepper-sauce and gave it him to take. This raised the inward heat so much above the outward, that in two minutes he was comfortable; and in the afternoon he went on the common. His arm was restored and he was well from that time; he afterwards, as I have been informed, paid Mr. Smith forty dollars for the cure.

A Mrs. Burleigh came to his house about this time, who had the rheumatism very badly, so that her joints were grown out of place; and I assisted in attending her. She had never taken much medicine, which made it the easier to cure her; as we had nothing to do but remove the disease, without having to

clear the system of poisonous drugs, as is the case in most of those who apply for relief in complaints of long standing. She was carried through the medicine several times and steamed; the last time I attended her, and gave the medicine three times as usual, which raised a lively perspiration and a fresh color, showing an equal and natural circulation; but did not sicken or cause her to vomit, as is the case most generally. I mention this to show that the emetic qualities of the medicine will not operate where there is no disease. She was then steamed and washed, and went out of doors, being entirely cured of her complaint.

Sometime the last of April or first of May, a woman that was a relation of the nurse, who assisted Mr. Smith, and of whom I have before spoken, hired a room of him and moved into his house, and the nurse lived with her. She had more experience than he had; I had put the utmost confidence in her, and she had in many instances proved her superiority in a knowledge of the practice over him. A singular circumstance took place, the particulars of which I shall relate and leave the reader to make his own inferences. Sometime in May, while I boarded with Mr. Smith, I lost my pocket book, which contained upwards of thirty dollars in bank bills, and notes to the amount of five hundred dollars. I made strict search for it, and advertised in the papers, but have never gained any information of it or the contents to this day. It was in my coat pocket, and I could think of no way in which I had been exposed, or could lose it, except in his house. I lost it between Friday night and Monday morning, during which time I attended a woman in his chamber, and several times had my coat off, which appeared to me to be the only time that it could be taken, or that I could lose it. The only persons present in the room were Mr. Smith and his wife, and the nurse; I had no suspicions of any person at the time. About ten days after, being alone with Mr. Smith, he asked me if I ever mistrusted the nurse being dishonest. I told him no, for if I had I should not have introduced her as a nurse. He then said that there had been a number of thefts committed since she had been in the house, both from him and other people, and named the articles and circumstances. He further said that the girl who lived with him had said that she thought the nurse was as likely to take my pocket book as to take the things she had undoubtedly stolen. The circumstances which he related and the interest he seemed to take in my loss, convinced me beyond a doubt that this woman had taken my pro-

perty. During this conversation with him, he said, that if she did not move out of the house he would. The consequence was that the family moved out of his house, and I dismissed the nurse from having any more to do with my practice. Since Mr. Smith has taken to himself the lead in my system of practice, he has acknowledged, that he has become convinced beyond a doubt, that this woman was not guilty of taking the things which she had been accused of; without assigning any reason, as I have been able to learn, for his having altered his opinion.

During the time the above circumstances happened, his son Ira came home, after being absent about four years; but was not treated with that affection a child expects to receive in a father's house, he was sent off to seek lodgings where he could. About twelve o'clock he returned, not being able to obtain lodgings, and called up a young man who boarded with Mr. Smith, made a bitter complaint, on account of the treatment he received from his father, which he attributed to be owing to the influence of his mother-in-law; he took a phial and drank from it, and soon after fell on the floor. The young man being alarmed, awaked his father, and informed him of the circumstance; before he got to his son he was senseless, and stiff in every joint. I was in bed in the house, and Mr. Smith came immediately to me, and requested my assistance, said that he expected Ira had killed himself. He showed me the phial and asked what had been in it—I told him it had contained laudanum. I got up as soon as possible and on going down, met Mr. Smith and the young man bringing Ira up stairs. I directed them to lay him on the hearth, and took a bottle from my pocket, which contained a strong preparation of Nos. 1, 2, and 6—took his head between my knees, his jaws being set, and put my finger between his cheek and teeth, and poured in some of the medicine from the bottle; as soon as it reached the glands of his throat, his jaws became loosed, and he swallowed some of it—in five minutes he vomited—in ten he spoke—in one hour he was clear of the effects of the opium, and the next day was well. After this the affection of the father seemed in some measure to return; he clothed him, took him to Taunton and introduced him into practice as an assistant. He did very well till his mother-in-law arrived there, when a difficulty took place between them, and he went off. His father advertised him, forbidding all persons from trusting him on his account. He was absent four years, when he returned again to his father's house, and was received

in the same cold and unfeeling manner as before, was not allowed to stay in the house, but was obliged to seek an asylum among strangers. He staid in town several days, became dejected, in consequence, as he said, of the treatment he had met with at his father's house, went over to Charlestown, took a quantity of laudanum, and was found near the monument senseless; was carried to the alms-house, where he died, and was buried from there.

I continued with Mr. Smith, as has been before mentioned, giving him instruction, till the first of June, when I appointed him agent; with authority to sell family rights and medicine. An agreement was drawn up and signed by both parties, in which it was stipulated, that I was to furnish him with medicine, and allow him 25 per cent. for selling; and he was to have 50 per cent. for all the rights he sold; which was ten dollars for each right, for giving the necessary information to those who purchased, and collecting the pay. His principal dependence at this time was upon me and the practice, for his support. He paid me one half of what he received for family rights as he sold them. The first of July, I contemplated going home to get in my hay; but Mrs. Smith, expecting to be confined soon, was very urgent that I should stay till after she was sick, which detained me three weeks. I staid accordingly and attended her through her sickness, for which they gave me great credit and praise at the time. I then went home to attend to my farm and get in my hay; after which I returned to Boston, and in the fall went to Cape Cod, to attend to some business there, and on my return to Boston, I found Mr. Smith's youngest child sick with the quinsy, or rattles; he had done all he could and given it over to die. The woman had taken charge of the child, after he had given it up, and had given it some physic. When I saw the child I gave some encouragement of a cure, and they were very desirous of me to do something for it. I told them they had done very wrong in giving any physic, for it was strictly against my orders to ever give any physic, in cases where there was canker. They observed that there was no appearance of canker. I told them it would never appear when they gave physic, for it would remain inside, till mortification decided the contest.

I began with the child by giving No. 2, which caused violent struggles and roused it from the stupid state in which it had laid, until the moisture appeared in the mouth; then gave some No. 3, steeped, and Nos. 1, and 2, to start the canker, and cause



it to vomit. This soon gave relief. The women who were present accused me of the greatest cruelty, because I brought the child out of its stupid state, and restored its sense of feeling, by which means the life of the child was saved. The next morning its mouth was as white as paper with canker; they were then all satisfied that I knew the child's situation best, and that I had saved its life. I considered the child so much relieved, that the father and mother would be able to restore it to perfect health, left it in their care and went out of town. I returned the next day about noon, and found that they had again given it up to die; its throat was so filled with canker that it had not swallowed any thing for four hours. I was in suspense whether to do any thing for the child or not; but told the father and mother I thought if it was mine, I would not give it up yet; they wished me to try. I took some small quills from a wing, and stripped them, except about three quarters of an inch at the point, tied several of them together, which made a swab, dipped it in canker tea, and began by washing the mouth; then rinsing it with cold water—then washed with the tea again, putting the swab down lower in the throat which caused it to gag, and while the throat was open, put it down the swallow, and took off scales of canker, then rinsed again with cold water. Soon as it could swallow, gave some tea of No. 2, a tea-spoonful at a time, and it soon began to struggle for breath, and appeared to be in great distress, similar to a drowned person coming to life. In its struggling for breath discharged considerable phlegm from its nose and mouth; I then gave some more of the emetic with canker tea, which operated favorably; in two hours it was able to nurse and it soon got well, to the great joy of the father and mother, who said that the life of the child was saved by my perseverance.

Soon after this child got well, which was in the fall of the year 1817, Mr. Smith moved to Taunton. Previous to his removal a man from that place by the name of Eddy applied to him to be cured of a bad humor, caused by taking mercury. I assisted in attending upon him part of the time. Mr. Smith began with him, and on the turn of the disorder, the man and he got frightened and sent for me. He had been kept as hot as he could bear, with the medicine, for six hours, which increased the heat of the body sufficient to overpower the cold, the heat turned inward and drove the cold on the outside; this produces such a sudden change in the whole system, that a person unacquainted with the practice would suppose they were dying; but

there is no danger to be apprehended, if proper measures are taken and persevered in by keeping up the inward heat. In such cases steaming is almost indispensable; for which reason I have been obliged to steam the patient in most cases where the complaint has been of long standing, especially when much mercury has been taken, as nothing will make it active but heat. This man soon got well and returned home.

I furnished Mr. Smith with a stock of medicine, and in the winter paid him a visit, found him in full practice and Mr. Eddy assisting him. I carried with me a quantity of medicine, renewed his stock, and stored the remainder with him. He had sold several rights, and was very successful in his practice, which caused great alarm among the doctors; they circulated all kinds of false and ridiculous reports about his practice, to break him up; but not succeeding, they raised a mob and twice broke open Mr. Smith's house, in his absence, and frightened his family.

In the spring of this year Mr. Smith moved to Scituate, to preach there and attend to practice; and the medicine left with him, I consigned to Mr. Eddy by his recommendation. The amount of the medicine was about one hundred dollars, and I sent him a note for twenty dollars, which he collected, and afterwards went off, and I lost the whole amount. During this season I went to Plymouth to visit some there who had bought family rights, and returned by the way of Scituate, in order to visit Mr. Smith, look over his books, and have some settlement with him. I had let him have medicine as he wanted it, trusting him to give me credit for what he sold or used. I think he had given me credit, so that the balance due me at this time, for what he had, was four hundred dollars. He was unable to pay me any thing and I returned to Boston.

Mr. Smith afterwards removed his family to Boston, and in the fall of the year 1818, he said that he was not able to pay me any money; but he would let me have such things as he could spare. I was disposed to be as favorable towards him as I could and took what he chose to offer at his own price. He let me have two old watches, at one hundred dollars, and an old mare at eighty, which was for medicine at cash prices. I gave him all the chance of selling rights and medicine, in hopes that he would be able to do better by me. I often had requested him to deliver lectures on my system of practice, as this had been a favorite object with me in appointing him agent; but never could prevail with him to do any thing in that way. Another

important arrangement I had made with him was, that he was to assist me in preparing for the press, a work to contain a narrative of my life, and a complete description of my whole system. I had written it in the best manner I could, and depended on him to copy it off and prepare it in a correct manner to be printed; but he put me off from time to time, and was never ready to attend to it. All this time I never had any suspicion of his having a design to wrong me, by usurping the whole lead of the business, and turning every thing to his own advantage.

I continued to keep medicine at his house, which he had free access to, and took it when he pleased, giving me credit for it according to his honesty. There was two or three thousand dollars worth at a time, in the house. He charged me three dollars per week for board, for all the time I was at his house, after he returned from the country; and he had given me credit for only eighty dollars for medicine the year past. On a settlement with him at this time, (1819) he owed me about four hundred dollars; I asked him for a due-bill for the balance, but he refused to give one—and said that Mr. Eddy had received two hundred dollars worth of the medicine, for which he had received nothing, and he ought not to pay for it. I agreed to lose one half of it, and allowed one hundred dollars the same as if I had received cash of him. I took a memorandum from his book of what was due me, which was all I had for security.—In the fall of the year 1820, I had another settlement with Mr. Smith, and he owed me about four hundred dollars, having received no money of him the year past. He told me that all the property he had was a horse and chaise, and that if I did not have it somebody else would. I took the horse and chaise at three hundred dollars, and the hundred dollars I agreed to allow on Mr. Eddy's account, made us, according to his accounts, about square, as to the medicine he had given me credit for.—He made out a statement of fifty-seven family rights that he had sold at twenty dollars each, twenty-three of which he had never paid me any thing for; his plea for not paying me for them was, that he had not received his pay of those who had bought them. His agreement with me was, that he should account to me for ten dollars, for each right sold, and he was to have ten dollars each for collecting the money and giving the necessary information to the purchasers.

In the winter of 1819, I went to Philadelphia, and previous to my going made arrangements with Mr. Smith to publish a new edition of my book of directions; we revised the former edi-

tion and made such additions as we thought would be necessary to give a complete and full description of my system, and the manner of preparing and using the medicine; and I directed him to secure the copy-right according to law; I left the whole care with him, to arrange the matter, and have it printed. On my return to Boston in March, he had got it done: but in a manner very unsatisfactory to me, for he had left out twelve pages of the most useful part of the remarks and directions, and it was otherwise very incorrectly and badly printed. I asked him the reason of this, and he said a part of the copy had got mislaid, and the printer had not done his work well. I had no idea at the time, that he had any design in having this pamphlet printed in the manner it was; but his subsequent conduct would justify the belief, that he had previous to this, formed a plan to usurp the whole of my system of practice, and turn every thing to his own advantage; for he has since attempted to satisfy the public that my system was no system; and has brought forward this very book, which was printed under his own inspection and arranged by him, as a part of his proof that I was incapable of managing my own discoveries, and of communicating the necessary information in an intelligible manner to make my system of practice useful to those who purchase the rights. It is a well known fact, that some of the most essential parts of the directions was to be verbal; and I had allowed him ten dollars each, to give the proper instruction to all those to whom he sold the rights.

Another circumstance that I have recently found out, goes to show a dishonesty in design, to say the least of it. He deposited the title-page of the above mentioned pamphlet, and obtained a certificate from the clerk, in the name of Elias Smith as proprietor, and caused it to be printed in the name of Samuel Thomson as author and proprietor. What his intentions were in thus publishing a false certificate, I shall not attempt to explain; but leave the reader to judge for himself. If I had been taken away, he possibly might have come forward and claimed under it a right to all my discoveries, and eventually to substitute himself in my place as sole proprietor. From that time he neglected the sale of rights, and turned his attention mostly to practice and preparing his own medicine. During the summer of 1820, he employed Mr. Darling to assist him in practice and prepare medicine, and while with him he prepared thirty-eight bottles of the rheumatic drops, which by agreement he was to have of me; he also directed him to take the mate-

rials from my stock, which was in his house, and prepared twenty five pounds of composition, and this was kept a secret from me. The reason he gave Mr. Darling for not having medicine of me according to his agreement, was, that he owed me so much now that he was afraid he should never be able to pay me. I thought his taking the preparing and selling my medicine to himself, was a very singular way to pay an old debt.

In May 1820, Mr. Smith collected together those in Boston who had bought rights of me or my agents, and formed them into a society, under a new name; he wrote a constitution, which they signed; and the members paid one dollar entrance and were to pay 12½ cents per month assessment, for which he promised them important instructions and cheap medicine.—He was appointed president and treasurer, and after he had obtained their money, the meetings were discontinued and the society was broken up in the course of nine months. In this he appears to have taken the lead of all those who had purchased the rights of me and make them tributary to himself.

In November I returned from the country and found that he had advertised, without my knowledge or consent, in the Herald, a periodical work published by him at that time, "proposals for publishing by subscription, a book to contain the whole of the system and practice discovered by Samuel Thomson, and secured to him by patent—The price to subscribers to be five dollars—By Elias Smith." This mostly stopped the sale of rights, for no one would purchase a right of me or my agents, at twenty dollars, when they had the promise of them at five. I went to him to know what he meant by his conduct, in issuing these proposals; he plead innocence and said he had no improper design in doing it.

I was now under the necessity of doing something, in order to counteract what had been done by Mr. Smith, in publishing the above proposals: and came to the determination to issue new proposals for publishing a narrative of my life as far as related to my practice, with a complete description of my system of practice in curing disease, and the manner of preparing and using the medicine secured to me by patent; the price to subscribers to be ten dollars, including the right to each of using the same for himself and family. Mr. Smith undertook to write the proposals and get them printed; after they were struck off, I found he had said in them, by Samuel Thomson and Elias Smith; all subscribers to be returned to him. I asked him what he meant by putting his name with mine—he said in



order to get more subscribers. I said no more about it at that time, and let them be distributed.

When I settled with him the last time, I asked him what he would charge me to prepare my manuscript for the press; he said he thought we were to write it together; I asked him what made him think so; he said because his name was on the proposals with mine; I admitted this—but told him the reasons he had assigned for putting his name to it without my consent or knowledge. He then intimated that he thought he was to be a partner with me, I asked him what I ever had of him to entitle him to an equal right to all my discoveries. To this he made no reply; but said he would write it, and we would agree upon a price afterwards—I told him no—I must know his price first. He said he could not tell within fifty dollars. I then told him we would say no more about it. This conversation, together with his conduct in regard to the proposals, convinced me beyond all doubt, that his design was to destroy me and take the whole business to himself. I felt unwilling to trust him any longer, and took all my books and manuscripts from his house. His subsequent conduct towards me has fully justified all my suspicions, and left no room for a doubt, that his intentions were to take every advantage of me in his power, and usurp my whole system of practice.

My system of practice and the credit of my medicine, were never in a more prosperous condition, then when I began with Mr. Smith, to instruct him in a knowledge of all my discoveries and experience in curing disease; and appointed him agent. The people wherever it became known, were every day becoming convinced of its utility, and the medicine was in great demand—family rights sold readily, and every thing seemed to promise complete success in diffusing a general knowledge of the practice among all classes of the people; but under his management, the whole of my plans have been counteracted, and my anticipations in a great measure have been frustrated. By his conduct towards me, in his attempt to take the lead of the practice out of my hands, and destroy my credit with the public, has not only been a serious loss to me in a pecuniary point of view, but the people at large are deprived of the blessings that might be derived by a correct knowledge of my discoveries; and have in their power to relieve themselves from sickness and pain with a trifling expense, and generations yet unborn be greatly benefitted thereby.

I tried to get a settlement with Mr. Smith, for the medicine he had prepared and sold, and also for the rights he had not accounted to me for, with the affairs that remained unadjusted between us; but could not get him to do any thing about it—and finding there was no chance of obtaining an honorable settlement with him, about the first of February, 1821, I took all my medicine from his house, and discontinued all connection or concern with him. I was then, after waiting about four years for him to assist me in writing, which was one of my greatest objects in appointing him agent, obliged to publish a pamphlet, in which I gave some of the principles upon which my system was founded, with explanations and directions for my practice, and also to notify the public that I had appointed other agents, and caution all persons against trespassing on my patent.

He continued to practice and prepare medicine, bidding me defiance. I made several attempts to get an honorable settlement with him, without success. I employed three persons to go to him and offer to settle all our difficulty by leaving it to a reference; but he refused to do any thing; continued to trespass, and made us of every means to destroy my character by abusive and false reports concerning my conduct, both in regard to my practice and private character. Finding that I could get no redress from him, I put an advertisement in the papers, giving notice that I had deprived him of all authority as my agent; and cautioning the public against receiving any medicine or information from him under any authority of mine. He redoubled his diligence in trespassing, and prepared the medicine and advertised it for sale under different names from what I had called it. I found there was no other way for me to do, but to appeal to the laws of my country for justice, and brought an action against him for a trespass on my patent, to be tried at the Circuit Court, at the October term, 1821. The action was continued to May term, when it was called up and the judge decided that the specifications in the patent were improperly made out, not being sufficiently explicit to found any action upon. In consequence of which, I had to become non-suited, and stop all further proceedings against him, till I could make out new specifications and obtain a new patent from the government.

Mr. Smith has lately published a book, in which he has given my system of practice, with directions for preparing and using the vegetable medicine secured to me by patent, and my plan of treatment in curing disease as far as he knew it. In the whole of this work there is not one principle laid down, or one idea

suggested, except what is taken from other authors, but what he has obtained from my written or verbal instructions; and still he has the effrontery to publish it to the world as his own discovery, without giving me any credit whatever, except he has condescended to say, that "Samuel Thomson has made some imperfect discoveries of disease and medicine, but has not reduced any thing to a regular system." This assertion will appear so perfectly ridiculous to all those who have any knowledge of my practice, that I shall forbear making any comment upon it. It is true that he had made alterations in the names of some of the preparations of medicine; but the articles used and the manner of using them is the same as mine. It is also a well known fact, that he had no knowledge of medicine, or of curing disease, until I instructed him; and if what he says be true, the effect has been very remarkable, in as much as his magnetical attraction has drawn all the skill from me to himself, by which he has taken upon himself the title of physician, and left me nothing but the appellation of Mr. Thomson, the imperfect projector.

I have been more particular in describing Mr. Smith's conduct, because it has been an important crisis in the grand plan for which I have spent a great part of my life, and suffered much, to bring about; that of establishing a system of medical practice, whereby the people of this highly favored country may have a knowledge of the means by which they can at all times relieve themselves from the diseases incident to our country, by a perfectly safe and simple treatment, and thereby relieve themselves from a heavy expense, as well as the often dangerous consequences arising from the employing those who make use of poisonous drugs and other means, by which they cause more disease than they cure; and in which I consider the public as well as myself have a deep interest. I have endeavored to make a correct and faithful statement of his conduct, and the treatment I have received from him; every particular of which can be substantiated by indisputable testimony if necessary. I now appeal to the public, and more particularly to all who have been benefitted by my discoveries, for their aid and countenance, in supporting my just rights against all encroachments, and securing to me my claims to whatever of merit or distinction I am honorably and justly entitled. While I assure them that I am not to be discouraged or diverted from my grand object by opposition, or the dishonesty of those who deal deceitfully with me; but shall persevere in all honorable and fair measures to accomplish what my life has principally been spent in fulfilling.

*ADDITIONS TO SECOND EDITION—Nov. 1825.*

Since the first edition of my narrative was published, some circumstances have occurred, which I think worth relating; and shall, therefore, continue to give the reader an account of all those things relating to my system of practice, and the success it has met with, up to the present time.

After having failed in my attempt to obtain justice, by prosecuting Elias Smith for trespass, as has been before related, I found it necessary to adopt some new plan of procedure in order to meet the universal opposition I have in all cases met with, from not only the medical faculty, but from all those who belong to what are called the learned professions. Judge Story decided that the action could not be sustained, because the specifications in my patent were not so explicit as to determine what my claim was. He said it contained a number of recipes which no doubt were very valuable; but I did not say what part of it I claimed as my own invention. How far this opinion was governed by a preconcerted plan to prevent me from maintaining my claim as the original inventor of a system of practice, and proving its utility in a court of justice, it would not be proper for me to say; but I have an undoubted right to my own opinion on the subject; besides I had it from very high authority at the time, that this was the fact, and that I should always find all my efforts to support my claim, frustrated in the same manner. When I obtained my patent, I had good legal advice in making out the specifications, besides it was examined and approved by the Attorney General of the United States; and it was said at the time of the trial, by several gentlemen learned in the law, to be good; and that the very nature and meaning of the patent was, that the compounding and using the articles specified in manner therein set forth, was what I claimed as my invention.

There was, however, no other way for me to do, but to obtain another patent; and immediately after the above decision, I set about getting one that would meet the objection that had been made to the first. In making new specifications, I had the assistance of several gentlemen of the law and others, and every precaution was taken to have them according to law; but whether my second patent will be more successful than the first, time must determine. It embraces the six numbers, composition or vegetable powders, nerve powder and the application of steam to raise perspiration; and to put my claim beyond doubt, I ad-

ded at the end as follows, viz:—"The preparing and compounding the foregoing vegetable medicine, in manner as herein described, and the administering them to cure disease, as herein mentioned, together with the use of steam to produce perspiration, I claim as my own invention." My second patent is dated January 28, 1823.

In obtaining a patent, it was my principal object to get the protection of the government against the machinations of my enemies, more than to take advantage of a monopoly; for in selling family rights, I convey to the purchaser the information gained by thirty years practice, and for which I am paid a sum of money as an equivalent. This I should have a right to do if there was no patent in the case. Those who purchase the right have all the advantages of my experience, and also the right to the use of the medicine, secured to me by patent, and to the obtaining and preparing it for themselves, without any emolument to me whatever. And in all the numerous cases where I have sold rights, there has been very few instances where any objections have been made to paying for them, where notes had been given, and these were by those who had been persuaded by men opposed to me and my practice, and who had interested views in doing all the injury they could; but where suits have been commenced to recover on notes given for rights, it has been decided that the demand is good in law, and the plea set up of no value received, is not valid; because the information given, and the advantages received, is a valuable consideration, without any reference to the patent right. In all cases where a person possesses valuable information from his own experience or ingenuity, there can be no reason why he should not have a right to sell it to another as well as any other property; and that all contracts made in such cases should not be binding, provided there is no fraud or deception used.

When a suitable opportunity offers, I shall avail myself of my patent rights, for the purpose of stopping the people being imposed upon by those who pretend to practice by my system, having no authority from me, and have not a correct knowledge of the subject; but are tampering with all kinds of medicines to the injury of their patients and the great detriment of the credit of my system of practice; for when they happen to be successful, they arrogate to themselves great credit for the cure; but when the patients die, it is all laid to the door of my system. The doctors are ready enough to avail themselves of these cases, and to publish exaggerated accounts of them, to preju-



dice the minds of the people against me. Whenever I again make an attempt to vindicate my rights, by appealing to the laws of my country, I am determined, if possible, to take such measures as shall give me a fair chance to obtain justice. All I ask is to have a fair opportunity to prove my medicine to be new and useful, which is all the law requires to make the patent valid. In doing this I shall spare no expense to have the most able counsel in the country engaged, and shall not stop at any decision against me, till carried to the highest judicial tribunal in the country.

It is a matter of much gratulation to me, and a balm for all my sufferings, that my system of practice is fast gaining ground in all parts of the country. The people wherever it is introduced, take a lively interest in the cause, and family rights sell rapidly; and all who purchase give much credit to the superior and beneficial effects of the medicine above all others. The prejudices of those who have been opposed to it seem to be fast wearing away before the light of reason and common sense. A number of gentlemen eminent for their scientific researches and usefulness in society, have become advocates for the cause; and although they may not be perfectly converted so as to give up all their former opinions, yet they allow that the system is ingenious and philosophical, and that the practice is new and safe.

In introducing my new mode of practice to the people of this country, I have never sought the patronage or assistance of the great; and the success it has met with has been altogether owing to its own merit. There has been no management, or arts, used to deceive or to flatter the vanity of any one; but in all cases have endeavored to convince by demonstrating the truth, by the most plain and simple method of practice, to effect the object aimed at, and to cure disease by such means as I thought would cause the least trouble and expense. This probably has been one of the greatest causes of the opposition I have met with from the people; for they have so long been in the habit of being gulled by designing men, and the ostentatious show of pompous declarations and high sounding words, backed by the recommendations of those they have flattered and deceived, that nothing brought forward in a plain and simple dress seems worthy of notice. If I had adopted a more deceptive plan, to suit the follies of the times, I might have been more successful; but I am satisfied I should have been less useful.

There is one thing which I think cannot be matter of doubt, that I have been the cause of awakening a spirit of inquiry among the people of this country, into the medical practice and the fashionable manner of treatment in curing disease, from which great benefits will be derived to the community. Many new contrivances and plans have been introduced by different men, by the use of vegetables, which unquestionably have taken their origin from my practice. When I began to make use of steam, a great deal of noise was made about it throughout the country, and I was called the *Steaming* and *Sweating* doctor by way of ridicule. It was even stated by the doctors that I steamed and sweat my patients to death. This no doubt led some ingenious men to investigate the subject by experiments, and on discovering that it was useful in restoring health to the afflicted, particularly in scrofulous complaints, different contrivances have been introduced to apply steam to the sick. Jennings's vapor bath was highly recommended and considerably used a few years ago; but it has been found not to be safe in cases where there is a high state of inflammation, without the use of my medicine to first produce an equilibrium in the system. A man by the name of Whitlaw has lately introduced what he calls his medicated vapor bath, which has made considerable stir among the medical faculty.

It seems that this Mr. Whitlaw, from what I can learn of him from his publication, about six years ago, went from this country to England, and there introduced a new system of practice and became celebrated in curing all kinds of scrofulous complaints and diseases of the glands, by means of his method of applying steam and the use of decoctions from American vegetables. How he got his knowledge, or what first induced him to fix upon this plan, I know not; but it seems as far as I can understand him, that he has adopted my system of practice as far as he has been able to get a knowledge of it. He says something about gaining his knowledge from an Indian in this country; but this is too stale to require any notice. One of the great principles upon which my system is founded, is that all disease originates in obstructions in the glands, and if not removed becomes scrofulous; and the only remedy is to remove the obstructions by raising perspiration by steam and hot medicine. In all my practice for nearly for forty years, there has been nothing that I have succeeded more completely in, than the cure of scrofulous complaints, such as salt rheum, St. Anthony's fire, salt heads, cancers, king's evil, rheumatism and consumption,

It appears that the above gentleman has met with great success in England, and that he has had the support and patronage of many of the first men in the kingdom, who have liberally contributed to the support of an asylum for the cure of the poor, and that his success has given universal satisfaction.— And it also appears that he has met with abuse from the medical faculty, both there and in this country. This was to be expected, and is the best evidence of its utility. I feel no enmity towards those who are benefiting by my discoveries, and it gives me much pleasure to think that I have been instrumental in introducing a new system of medical practice, by which I feel confident so much benefit will be derived, by relieving in a great measure, the sum of human misery. But I think those gentlemen who have gained any knowledge from my practice, for which I have suffered so much for introducing, ought, in justice, to allow me some credit for the discovery.

It has been my misfortune to meet with not only opposition in my practice, but to suffer many wrongs from some with whom I have had dealings, and this in many cases where those who have attempted to injure me were among those that I considered under obligations to me. I have related a number of cases in the course of my narrative; but the disposition in many, still seems to continue. In selling family rights, I have always been as liberal to purchasers as they could wish, particularly where I was convinced their circumstances made it inconvenient for them to pay the money down; and have been in the habit of taking notes payable at a convenient time. This has occasioned me considerable loss; but in most cases the purchasers have shown a disposition to pay if in their power, have treated me with a proper respect, and have been grateful for the favor; with these I have been satisfied, and no one has had reason to complain of my want of generosity towards them. There have been some, however, who have taken a different course, and have not only refused to comply with their contract; but have, notwithstanding they have continued to use the medicine, turned against me and have tried to do me all the harm in their power. Such conduct has caused me some considerable vexation and trouble.

At the time I failed in my attempt against Elias Smith, in consequence of the decision against the correctness of the specifications of my patent, as has been before related, I had a number of notes for rights sold, among them were two against a person, who had previously expressed great zeal in my cause;

for a right for himself and one for his friend. During the pending of the trial, he took sides with Smith; and after the decision, came to the conclusion, or, as I suppose, was told by Smith, that the notes could not be collected by law, and refused to pay them. I did not wish to put him to cost and therefore let the business rest, in hopes he would think better of it and pay me according to contract; but after waiting until the notes were nearly withheld, and he still refusing to pay, I put one of them in suit, and the action was tried before the Boston Police Court. The defence set up was, that the contract was void, in consequence of the failure of the patent; and also that there was no value received.

The trial was before Mr. Justice Orne, and was managed by Mr. Morse, for the plaintiff, and Mr. Merrill, for the defendant. On this trial, as on all others in which I have been engaged, there seemed to be the same fixed prejudice against me and my system of practice. The defendant's lawyer opened the defence with all the old sling about quackery, alluding to the report of my trial for murder, and that he was going to make out one of the greatest cases of deception and fraud ever known; but when he came to hear the evidence in support of my claim, and the great credit given to my medicine and practice, by many respectable witnesses, he altered his tone very much, and I hope became convinced of his erroneous impressions; and seemed to abandon this part of the defence, placing his dependence on the question of law, as the failure of the patent. This question the judge seemed not willing to decide alone, and the case was continued for argument before the full court, on this point.

The case was argued before the three Judges, who all agreed in the opinion, that the decision of the Circuit Court did not affect the patent right; but was a mere suspension, in consequence of an informality in the specifications, which did not debar me from recovering according to the contract. After this decision another hearing was had, and another attempt made to prove that the defendant had not been furnished by me with the necessary information to enable him to practice with safety; but in this he failed altogether; for it was proved that he had the privilege of being a member of the Friendly Botanic Society, and had also all the advantages that others had, and that he did not improve it, was his own fault. It was also proved that he had been in the constant practice of using the medicine in his family, and prepared and offered it for sale to others. In the course of the examination. Elias Smith was brought forward

ly the defendant to prove, as I presume, that I was not capable of giving information on my own system of practice; but this testimony was so contradictory, to say the least of it, that it did more harm than good to the defendant's cause. There was also a doctor of the regular order introduced in the defence: but he seemed to know nothing about the practice or the case before the court, and of course his evidence amounted to very little, as his opinion upon a subject that he knew nothing about, was not of much value, and was very properly objected to by the plaintiff's counsel.

In the course of the trial, a great number of gentlemen of undoubted veracity, were brought forward to prove the utility of my system of practice, who gave the most perfect testimony in its favor. Several stated, that they were so well convinced of its superiority over all others, and they were so well satisfied with the benefits they had derived from its use, that no sum of money whatever would induce them to be deprived of a knowledge of it. Among the witnesses, an eminent physician of Boston, who has on all occasions been very friendly and shown a warm interest in support of my system of practice, voluntarily came forward and gave a very fair and candid statement in favor of its utility, the value of my discoveries, and the important additions I had made to the *Materia Medica*.

The judge took several days to make up his judgment, and finally decided in my favor, giving me the full amount of my claim; thus settling the principle, that obligations given for family rights were good in law. This was the first time I have ever had a chance to prove the utility of my medicine and system of practice before a court of law; having always before been prevented by some management of the court.

A knowledge of the vegetable medicine that I have brought into use in curing the diseases incident to this country, and what the faculty call, my "*novel mode of practice*," is fast gaining ground in all parts of the United States; but in no part of it of late, has it been more completely successful, than in the state of New York, notwithstanding the virulent opposition the doctors in that state have made to its progress. They have succeeded in getting a law passed by their legislature, to put a stop to quackery, as they call all practice, except by those who get a diploma from some medical society established by law; depriving all others the right of collecting their demands for medical practice; and they have also gone one step further than any other state, by making it penal for any one who is not of the regular order to sell medicine to the sick: imposing a fine of twenty-five



dollars on all who offend; thus taking away from those who are so unfortunate as to be sick, all the right of determining for themselves, who they shall employ to cure them, or what medicine they shall make use of. The Medical Society of Pennsylvania, made an attempt to get a similar law passed in that state; but the good sense of Governor Shultze put a stop to it, for which he is entitled to great praise. After they had managed to get it through the legislature, he refused to sign it, and returned the bill with his reasons; the principal of which was, that he considered it altogether unconstitutional; and it is to be hoped that the enlightened statesman and scholar, now Governor of New York, will use his influence to stop the interested and monopolizing schemes of the medical faculty in that important and enterprising state.

The remarkable extension of the practice in the state of New York, was in a great measure owing to accident; and proves what I have found to be the case in many other places, that where it has met with the greatest opposition from the faculty, the spread of a knowledge of its utility, has been the most rapid and permanent. In the year 1821, my son, Cyrus Thomson, who had settled in Ohio, was passing through the state of New York, on a visit to his friends; while in Manlius, he stopped to see a man, who I had authorised to practice, and while there was requested by him to go and see two patients he had been requested to attend: both of them had been given over by the doctors as incurable. One of them was found to be past help, very little was done for her, and she soon after died. The other was cured by the use of the medicine. The death of the above person was taken advantage of by the doctors, who circulated a report that she was murdered by the medicine that had been given her. This produced a strong excitement among the people, who knew nothing about the facts; a warrant was got through the influence of the doctors, and my son and the other man were arrested. My son was thrown into prison, and the other was put under bonds of a thousand dollars to appear at the next court. The first, however, after laying in jail three days was enabled to give bonds, also, for his appearance.

Being thus prevented from pursuing his journey, he set himself down in the town where the above occurrence took place, and went into practice. The persecutions of the faculty gave him friends, as it led the people to inquire into their conduct, and being satisfied of their motives, did all they could to protect him and increase his practice. His success has been greater than in any other part of the country, the practice having

spread over a country of more than two hundred miles in extent; and his success in curing disease has been very great, having lost but six patients out of fifteen hundred. This has caused the faculty to follow up their persecutions, in order to drive him out of the country; but he is too firmly established in the good opinions of the people for them to effect their object. I have another son established in the practice at Albany, who has been very successful in introducing the knowledge of it there; and a number of gentlemen of the first respectability are taking a strong interest in promoting its success.

A writer has lately come forward and published a series of numbers in the Boston Patriot, under the title of "Ecclectic," who appears well qualified, and seems disposed to do me and my system of practice justice, by laying before the people a correct view of my case. This practice is now gaining a respectable stand in all parts, and particularly in Boston, where Mr. John Locke has lately established himself and is getting a great run of practice. He has accommodations to receive patients at his house, and is well qualified to give relief to the sick.

I shall now bring this narrative of those events and circumstances that have taken place in my life, in which the public are interested, to a close; having stated every particular that I thought worthy of being recorded, in as concise and plain a manner as I was capable; and am not without a hope that my endeavors to promote the public good, will be duly appreciated. Some certificates and statements of cases that have been attended under my system of practice, from those who have been my agents, or who have purchased family rights and have had long experience in the effects produced by a use of my medicine are subjoined. They furnish much useful information on the subject, and will convey a more correct view of the success which has attended the administering my medicine, and following the mode of treatment recommended by my system of practice, than could be given in any other manner. Reference has been made to some of them in the course of the foregoing narrative, and their publication in the work seemed necessary, to convey a correct knowledge of many statements therein given, to show the safety and success with which various diseases have been cured by others, who have had no other knowledge of medicine than the instructions received from me; and will, I trust, be sufficient to satisfy every reasonable person how easy it would be for every one to become possessed with the means of curing themselves of disease, without being under the necessity of calling the aid of a physician.

## CERTIFICATES AND STATEMENTS,

CONCERNING THE TREATMENT AND CURE OF DISEASE, UNDER  
THE SYSTEM OF PRACTICE DISCOVERED BY DR. SAMUEL  
THOMSON.

Certificates

The following documents have been voluntarily communicated to me by persons of respectable standing in society, as evidence of their zeal in promoting a cause in which they take a deep interest; and on whom the most implicit reliance may be placed, for veracity and a thorough knowledge of the subject upon which they treat. They have been selected from a mass of evidence that might be produced in support of the utility of the system; in fact, certificates of the cure of individual cases might be obtained sufficient to fill a large volume, if thought necessary; but the following being accounts of the various kinds of disease incident to our country, most of which were considered desperate, that have been cured in different parts of the country and at different times, and under a variety of circumstances, will give a tolerable fair view of the success with which the practice has been attended.

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*A remarkable case of Dysentery, in Jericho, Vermont, in October, 1807.*

In September of the year 1807, this disease prevailed, and was very mortal, so that but two out of twenty two lived that were under the care of the regular physicians. The disease seemed to threaten general destruction; so that there were not enough in health to attend the sick. The inhabitants of the town held a consultation, as to the best mode of procedure, and agreed to send for Dr. Samuel Thomson, of Surrey, N. H. one hundred and thirty miles distant, which was accordingly done. In five days he arrived, and I was appointed to wait on him, and attend through the whole.

In three days thirty were committed to his care, and in eight days, by the use of his medicine, the town was clear of the disease, with the loss of two only, who were past cure before he saw them.

JOHN PORTER.

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We, the subscribers, citizens of the states of New Hampshire and Massachusetts, certify—That we have for four years been personally acquainted with Dr. Thomson, and his medicine, and mode of practice, and do say, that we have experienced the

most safe and speedy relief from complaints common to the inhabitants of this climate; such as Hemiplegy, Consumptions, Rheumatism, Cholic, Fevers, Stranguary, &c. And that we are well satisfied with the benefit we and our acquaintances have received by being relieved from the above disorders.

ALEXANDER RICE,	STEPHEN NEAL,
JOHN ROGERS,	RICHARD RICE,
BENNING HALL,	HUNKIN LOUD,
JOSHUA JONES,	THOMAS CLAPHAM.

This certifies—That I have from my infancy been afflicted with the Salt Rheum, and for thirty years have had it very bad, which from year to year has been growing worse. But by the use of Dr. Thomson's medicines I have been entirely relieved, and I believe radically cured.

ELIZABETH MARSHALL.

Portsmouth, May, 1813.

*Extract of a certificate from Eastham, county of Barnstable, Mass. containing an account of Dr. Thomson's Medicine.*

In February, 1823, the spotted fever first appeared in the town; eight persons, heads of families, within one mile of each other died in about thirty-six hours. In three houses, within one fourth of a mile, ten persons died. In one house was a mother and four children. Six physicians in this county attended, but to little or no purpose. Upwards of forty had died by the first of May and but few lived who had the fever. In this month Dr. Thomson was called on for assistance. He sold the right of using the medicine to several individuals of the town, and gave them liberty to administer the same to the sick. In the course of the month, the men who used the medicine, relieved upwards of thirty who were seized with this violent disease, with the loss of but one.

At the same time and place, those who were attended by the regular physicians, eleven out of the twelve died.

The above is authenticated by the names of the following persons:

PHILANDER SHAW, *Minister of Eastham.*

OBED KNOWLES, *one of the Selectmen.*

SAMUEL FREEMAN *do.*

HARDING KNOWLES, *Justice of the Peace.*

*Certificate of the Postmaster of Eastham.*

I do hereby certify that the above statement of mortality in this town, and the success of Dr. Thomson's medicine, was taken from a journal kept in my house, and is correct.

JOSEPH MAYO.

*Agent for the Society, and Postmaster.*

'This certifies,' that at the early age of sixteen, I had a severe attack of the Rheumatism, which so confined me to my bed, that I could not bear to be touched or moved, but in the most easy and gentle manner, being in exquisite pain at times and extremely sore in every part of my frame. I continued in this situation about four months, and though I had the best medical aid the country afforded at that time, I received little or no benefit, till the opening of the season with its warming and refreshing influence ameliorated my distressing malady, and it gradually wore away.

I continued to experience every year similar attacks, though less severe, of shorter or longer continuance, till in the year 1802 or 3, it returned again with unusual and alarming violence. The best medical aid was employed, a depletive train of remedies prescribed, which I at once commenced. I was bled, and the bleeding repeated for several days together; blisters were applied; strong drastic purges often administered; and my regimen very low and spare. Thus one intention of the physicians, to wit: depletion, was accomplished, for I was greatly reduced in less than three weeks, and my strength and spirits in the same degree. And though my pains were removed in a great measure, yet my weakness and debility, which were excessive, seemed to be proportioned to my freedom therefrom, so that I was very far from a state of health. I was closely confined five or six months, and it was about two years, before I could attend to my usual avocations. But all that had been hitherto done, by no means removed the cause of my complaint, for I continued to be assailed in the same manner each successive year, and confined for weeks together. Till in the year 1803, I became acquainted with Dr. Samuel Thomson, and by a knowledge of his medicine, its use, and the application thereof, I have always been relieved when assailed, in twelve or twenty-four hours to the extent; and have suffered no other confinement from my old malady, or any other, to the present time. My family likewise have experienced the most beneficial effects



from the same medicine, in all the complaints common to this part of the country. I find it to answer all the purposes that medicine can answer, and were it generally used, and its real value known, chronic complaints which I and so many others have labored under, so tedious and distressing, would be banished from the earth.

Many in the vicinity where I reside, whose cases were very difficult and complicated, to my own personal knowledge, have been restored to perfect health by this medicine. More than twelve persons of a consumption I could particularly name; one of a mortification, one of a dropsy, and one of numb palsy, and others of divers diseases. The cures are truly extraordinary, and what my ears never heard nor my eyes ever witnessed to be done by any other medicine. As health is the greatest earthly blessing, from the highest good will to mankind, and for the cause of suffering humanity, I wish its universal prevalence.

The mode of treatment is according to the case. If a slight headache, a pinch of vegetable snuff at once removes the pain. If severe, in addition to the snuff we bathe the head with the rheumatic drops. If it is obstinate, and the above application insufficient, in addition to these, we administer a portion of the rheumatic drops with No. 2, and seat the patient by the fire, shielded from the air by a proper covering. This procedure rarely fails of the desired intention; but should it, the case is serious and demands a partial or full process of medicine, which cleansing the stomach and bowels, remove the cause of pain, and these produce the desired effect. In case of pain in the stomach, side, or bowels, we give sometimes a portion of the composition, No. 3. or No. 2, with hot water; or from a tea-spoonful to a great spoonful of the rheumatic drops and bathe the part with the same; in cases of obstinacy, and where it is requisite, let the patient go to bed and apply a hot stone to the part, wrapped up with a cloth wet with vinegar, and repeat the dose. But where the patient chooses and is able, he sits by the fire shielded from the air, as above stated. When in any case, these lesser administrations fails, and in violent and alarming attacks, we commence the process by giving Nos. 1, 2 and 3, one after another, or combining the whole and repeating the same two or three times, or more as the case demands, till a thorough operation is performed, and in due time repeat the process, till the patient is convalescent.

ALEXANDER RICE.

*Kittery, Nov. 20th, 1821.*

The undersigned having experienced the benefit of the medicine of our own country, discovered and used by Dr. Samuel Thomson, submit the following facts to the public, with the hope that those who are suffering with disease may be induced to adopt a course so simple and certain to effect a cure. In the latter part of the year 1810, many persons in this neighborhood were afflicted with fevers or other fatal diseases, which baffled the skill of the best informed physicians. Alarmed at the progress which disease and death were making among us, some of us with our friends, made an arrangement to send to Portsmouth, New Hampshire, for Dr. Thomson, of whose skill and success we had heard a flattering account. We carried our plan into effect, and in the spring of 1811, Dr. Thomson came among us, and succeeded in demonstrating the superiority of his system of practice over every other. Five cases of consumption, supposed to be desperate were relieved in the course of three weeks, and all of them restored to health, which they continue to enjoy to this day. A case of the dropsy, considered hopeless, was completely cured in one week. In consequence of the success uniformly attending him, about one hundred of the people in this town and vicinity purchased of him the right to prepare and use his medicine, for which he has obtained a patent. From that time to the present, his medicine has been in constant use with undiminished success, and increasing patronage. In the time of the late war, when the dysentery and other diseases incident to the camp, raged with a fatality which the skill of the faculty could not arrest, many of the soldiers applied to Dr. Thomson and were relieved at their own expense, in preference to having the army surgeons. For the fever and ague we believe it to be an unfailing remedy. In new countries it is invaluable, as it can be administered by any one in the smallest degree acquainted with its use, without danger to the patient. We are acquainted with many of the difficulties with which Dr. Thomson has had to contend—the interest of some, the ignorance of others, and the prejudice of all, have continually assailed him. With the two first, every new discovery will have to contend; experience of the good effects of this system will finally overcome them all; no sick person within our knowledge, who has given it a fair experiment, has ever given it up to seek other remedies. We wish Dr. Thomson remunerated for his unwearied labors for the relief of the diseased; and hope the United States will pur-

chase the right, and promulgate a knowledge of the system for the benefit of the whole community.

JOHN BURGIN,  
JERRY BURGIN,  
SOLOMON RICE.

*Eastport, July 20, 1821.*

*Eastport, Washington county, State of Maine, July 19, 1821.*

John Burgin, Jerry Burgin, and Solomon Rice, who have subscribed the foregoing, are well known to me; they are men of respectability and entitled to full faith and credit.

I. R. CHADBOURNE, *Justice of the Peace.*

*Eastport, July 14, 1821.*

DOCTOR SAMUEL THOMSON,

Sir—You inquire of me relative to the benefits I received from the use of your medicine. I reply, that in February 1819, I was attacked with a violent cold, which terminated in what I as well as my friends considered to be a consumption—it being a disease which has been fatal to many of our family. I continued to grow worse until the following June, when I considered my situation hopeless. The last of June you administered your medicine to me, which afforded me great relief. My health has constantly amended, until it appears to be fully established. I ascribe it under God, to the use of your medicine, and am your well wisher and friend.

I. R. CHADBOURNE.

*Case of Seth Mason, Portland.*

He was attended by Dr. Coffin of that place, but his situation becoming desperate (for the messenger said it was thought he could not live two hours,) Dr. Thomson was sent for, and I attended with him. We arrived at the house at about 11 o'clock, and found the patient in the most anguishing pain and distress. Dr. Thomson administered a portion of the rheumatic drops, and repeated the dose. In about three hours the patient was relieved and freed from pain. After this I attended him, and carried him through a regular process of the medicine several times, and in about a fortnight he went out; but he soon experienced a most violent relapse, which again threatened his life. I again applied the medicine in the usual form, which had so favorable effect as to encourage a perseverance. In about three

or four months he was able to attend to his business, and now enjoys as tolerable a degree of health as could be expected, considering the large quantities of nitre he took previous to our seeing him. His head was much affected, and so sharp and acrimonious the matter discharged therefrom, that small bones came away eaten like a honey-comb. To relieve the distress of his head and to enable him to breathe through his nose, which was greatly swelled, I practiced steaming it with pepper sauce, covering his head with a blanket, and pouring it on a hot stone placed in an iron bason on a chair by the bed side. This caused copious discharges of matter, some of which once fell into his eye, which I apprehended would have destroyed it as quick as vitriol, but for a counter application. He likewise discharged a great quantity of putrid blood and corruption from his stomach. His case was truly a desperate one, and his recovery exceeded all expectation.

S. SEWALL.

*Scarborough, January 9, 1822.*

*Case of Mrs. Sally Keating, Portland.*

Her complaints arose from taking cold before or after lying in. She had been doctored a whole year by the first physician in Portland, and given over as incurable when I saw her. She was much debilitated, and her left side, if I rightly remember, was in a wasting, perishing state. After such a length of time, her disorder became chronic, and so confirmed as not easily to be removed. In my first applications I administered the nerve powder, syrup, rheumatic drops, and Nos. 2, 3 and 4. She took three or four portions of one or the other of these medicines as her case required in the course of the day. A tea-spoonful of the powder to half a cup full of hot water sweetened, was the quantity taken at a time, and an equal quantity of No. 2, 3 and 4, separately, was administered in the same manner, and about a great spoonful of the rheumatic drops, to a portion. The intention of those applications was to quiet and strengthen the nerves, and to restore as far as possible the digestive powers, which had been greatly impaired; and the success exceeded expectation. This method was continued for sometime, till the patient at last felt encouraged to try a regular course of the medicine. When some warm medicine was given as preparatory; No. 3, was steeped and about half a cup full of the decoction made strong and sweetened, to which was added a tea-spoonful of Nos. 1 and 2. was administered, and once or twice

repeated in short intervals. After the operation was over, the steam bath was applied, followed with the cold bath. The effect was highly promising and salutary, and the whole process was repeated seven or eight times at proper intervals; her decaying side was surprisingly restored, and she was recovered to an excellent state of health, which she enjoys to this day.

S. SEWALL.

*Scarborough, January 1, 1822.*

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This certifies that for seventeen years past, I have been in a very poor state of health, afflicted with a variety of complaints, as fevers, cholics, dysentery, &c. which left me in a low, lingering condition; and although I sought relief from every quarter I could hear of, and employed ten or a dozen physicians of celebrity, I could find no remedy, till in the year 1813, I had recourse to Dr. Samuel Thomson's system and medicine, and went through three courses thereof under the administration and direction of Mr. S. Sewall, and was from that time able to go to work, and have been ever since, by an occasional process of the medicine. I became a purchaser of the information for my family's use, seven in number, and find it so well to answer the purpose in all cases of sickness, that I have not since that time been at a shillings' expense from any other source.

THOMAS SEAVEY.

*Scarborough, November 2, 1821.*

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This certifies that my daughter Mary, from her infancy to the age of sixteen years, had been afflicted with dispepsia, or indigestion, to such a degree that her stomach would scarcely bear the lightest kind of food. Application was made to medical aid, but without any benefit, till September in the year 1814, she was first under the care of Mr. S. Sewall, and was carried eight times through the common process of Dr. Samuel Thomson's medicine, which with the aid of his other remedies, removed her malady, and restored her to a sound state of health, which she now enjoys. From this time I became a purchaser of the information for the use of my family, thirteen in number, and have had more or less sickness; but it has ever answered the purpose, nor have I had occasion to try any other medicine.

ISAAC DEERING

*Scarborough, November 2, 1821.*



This certifies, that for several years past, I have been afflicted with the chronic rheumatism, and confined from my business eight or nine weeks together, and so very ill as to need watchers, and could find no relief from the faculty. In the year 1813, I became acquainted with Dr. Samuel Thomson's medicine and found it beneficial. In the year following I experienced an attack of my old rheumatic complaint, and was fully relieved by a course of the above medicine. Finding it so valuable, I have not for myself or family, used any other remedy from that time to the present.

JOB SEAVEY.

*Scarborough, November 6, 1821.*

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*Case of an infant child of Lewis Demott's, Scarborough.*

This infant had not been born but about thirty-six hours, when it was taken very ill, with difficulty of breathing; I administered a preparation of No. 1, 2, and 3, but with not the least promising effect. The symptoms became in the highest degree alarming, and threatened a sudden dissolution. The room being an open one and quite cold, I concluded the pressure of this cold air, might counteract the operation of the medicine and thus defeat my design. To remedy this difficulty, I had the child put to bed, and covered all over, and steamed with a large hot stone wrapped in wet cloths, applied to it, and then repeated No. 1, 2, and 3. I soon perceived an alteration for the better, the child breathed more free and easy by intervals and continued to do so till towards morning, about eight hours from the commencement of my first application, when a most thorough operation of the medicine took place, and the child was entirely relieved, and restored to perfect health, nor is there at the present time a healthier child in the town.

S. SEWALL.

*Scarborough, November 20, 1821.*

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*Case of Samuel Libbey's infant child, Scarborough.*

A new born child of Samuel Libbey's was so far given over by the attendant physician, that he said it was not worth while even to dress it, for it could not live. I prescribed for the child, and a young woman by the name of Eliza Seavey, acquainted with the medicine, and with nursing, administered. The babe was carried through a process of the medicine four times, and Nos. 1, 2, and 3, freely given at each operation, and though the

state of the child rendered it a very hopeless case, it being very much swelled and the blood so stagnated as to turn of a deep purple over the surface of the whole body, and although it had not taken the least thing till the medicine given, yet by perseverance it was recovered, and restored to the most perfect health, which it is in the full enjoyment of at the present time.

S. SEWALL.

*Scarborough, December 1, 1821.*

In the fall of the year 1807, Dr. Samuel Thomson attended Mrs. Osgood at Salisbury Mills, who was given over with the lung fever; her fever was turned in about fourteen hours by the use of his medicine; she was soon restored to health, and in some cases of sores, extraordinary cures were performed at that time. In the spring of 1808, Dr. Thomson returned again to Salisbury and attended to practice; a Mrs. Sawyer, wife of Capt. George Sawyer, was relieved of a sickly consumption, and appeared to have been held up by his medicine for five years; two other women who were supposed to be more likely to recover were attended by the regular doctors, and both died in two months.

Mrs. Sawyer used to express the highest satisfaction in using the emetic herb, or lobelia, and said she should rather be deprived of her bread than of this article and cayenne, which medicine was first brought in use in these parts by Dr. Thomson. The emetic he used to give tinctured in spirit, or in powder, which was useful in consumptive and asthmatic complaints.

In the spring of 1808, I was relieved of a complaint called the nettlespring, or St. Anthony's fire, caused by overheating myself by fighting fire about twenty-five years before. Several times in a year I used to have turns of breaking out and swelling as though I had been stung with bees, almost all over, especially in my limbs. The doctor carried me through two courses of his medicine, then steamed me until I felt the same as when I fought the fire. I was kept with a hot stone at my feet through the night, to keep from cooling too sudden, as he said that had been the cause of my disorder. This process entirely cured me of this disorder to this day; and I have not used any other practice since, and have relieved many very obstinate cases in my family by the same medicine.

JABEZ TRUE.

*Elder of the Baptist Church in Salisbury.  
Salisbury, December 6, 1821.*

In the fall of the year 1803, Dr. Samuel Thomson was sent for in this town; I attended with him and was knowing to all that transpired with Mr. Lovett, in his sickness until he died, which is as follows, viz: Mr. Ezra Lovett came for Dr. Thomson, to visit his son Ezra, who was sick of a fever; the doctor could not attend until he had called several times. He gave him medicine first on Monday evening, and on Wednesday attended through a full course, and also a cousin of his, who had been given over by all the doctors in a consumption of the liver, and was completely cured by one operation; and enjoys his health to this day. Mr. Ezra Lovett, Jr. was so far relieved that the doctor thought he would not need any more medicine and was called to see elder Bowles of Salem; but gave Lovett strict charge not to go out or expose himself. On the Friday following he was so well that he ventured out and went down the shore to see his friend; the wind was eastward and extremely cold; he had a severe relapse and was much out; continued to grow worse, and on Saturday night I sat up with him; his father wished me to administer some medicine, but I declined, as he was so sick; I advised to send to Salem for Dr. Thomson, who was attending elder Bowles. He was accordingly sent for, and on Sunday evening he arrived, and on seeing the young man, he expressed great doubts of his recovery. He administered his medicine and gave his strict attention to him for about two hours and gave him over, as out of the reach of his medicine, and requested his father to send for some other doctor; but he declined, saying if he could not help him, he did not think any doctor could; and requested him to stay all night, to which he agreed. Elder Williams was called in to pray with him. In the morning Dr. Thomson renewed the request to Mr. Lovett to have another doctor to take charge of his son. He accordingly called in Doctor Howe and Dr. Fisher, who took charge of him, about sun rise in the morning. Dr. Thomson then left him and those doctors attended him until about ten o'clock the next night, when he died. Notwithstanding Dr. Thomson gave him over in two hours after seeing him, and the doctors administered their medicine to him for twelve hours, yet about one year after Dr. Thomson was taken up for the murder of said Lovett, and no credit given him for the wonderful cure of his cousin, who was attended with him.

Elder Bowles, was attended at the same time, who was in the last stage of a consumption, and was cured. John Lemmon, was also cured of a consumption—Isaac Perkins' wife, was

cured of a dropsy of a desperate nature; all these cures I was well knowing to, have been done at that time.

WILLIAM RAYMOND.

Beverly, December 7, 1821.

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*The following statement of the Rev. E. WILLIAMS, the gentleman alluded to in the foregoing certificate of Wm. Raymond, has been lately received and is now published for the information of the public.*

In the year 1808, I had a daughter (Mrs. Appleton,) in a very declining state of health, and being on a journey from the eastward, in passing through Salisbury, heard much conversation concerning Dr. Thomson's practice, and of several remarkable cures he had performed; particularly of a woman he had raised from apparently the last stage of a consumption, to comfortable health. The thought occurred to me that he might help my daughter; but to satisfy my own mind, I called to see the woman above mentioned, and found from her own lips, that what I heard respecting her situation to be correct. On my return to Beverly I stated to Mr. Appleton and his wife, what I had seen and heard; and the consequence was that Dr Thomson was sent for, and came and administered for her; at the same time observing, "that he could set a person on their legs, but they might be too weak to stand,"—and had he seen her before she was reduced so low, she might have recovered her health. I ever thought he was instrumental in prolonging her life; and her death which took place some months after, was occasioned by the bursting of a blood vessel in a severe turn of coughing. I being out of health at that time, took his medicine, and thought I experienced much relief, as did several others.

I well remember that while Mr. Ezra Lovett, was under the care of Dr. Thomson, he was said in a day or two to have got comfortable; at which time, Rev. Mr. Bowles of Salem, was very ill and his life almost despaired of; application was made to me by one of the deacons of the church, respecting my opinion of Dr. Thomson's practice, and the probability of his being helpful to Mr. Bowles. I was very cautious of giving any direct opinion on the subject, well knowing the prejudices of physicians and people. Very early in the morning of the next day the same deacon called on me, stating that Mr. Bowles' case appeared to be desperate, that the physician who attended him could afford him no relief, and wished me immediately to

bring Dr. Thomson to Salem, and introduce him to Mr. Bowles and some gentlemen of his church and society, who were present. The result of his visit and attendance on Mr. Bowles, was manifest to all his acquaintances, in his speedy relief from his bodily indisposition, and recovery to health. While Dr. Thomson was attending on Mr. Bowles, Mr. Lovett, experienced a relapse of his disorder, in consequence of taking cold by walking out some distance on a very cold day in the month of December. Dr. Thomson was immediately sent for, myself being in the neighborhood, was called in; Dr. Thomson observed that Mr. Lovett had done very wrong in going out to expose himself in such weather, in his situation, and was very doubtful whether he should be able to help him. Mr. Lovett appeared in great distress and partially deranged; at the request of his father, Dr. Thomson administered some medicine, but apparently without any effect. Dr. Thomson was obliged to return to Salem, to attend on Mr. Bowles, and left Mr. Raymond to stay with Mr. Lovett, who growing worse, two respectable physicians in the place were sent for and came; whether or not they administered any medicine, I am not able to say, but on the following day at night, Mr. Lovett died.

I have read a statement of Mr. Wm. Raymond, which has been published in Dr. Thomson's Narrative, and so far as my recollection serves, I think it to be correct.

E. WILLIAMS.

*Boston, November 15, 1825.*

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*A few statements of the diseases and manner of treatment by Dr. Thomson's system and directions, and the benefit received under the administration of his medicine; by STEPHEN NEAL, Esq. of Elliot, Me.*

I am now willing to assert with all the boldness that truth inspires, that I have made use of the medicine aforesaid for the space of ten years last past, in my own family, and in the time have not used any other medicine, or called on any other physician for advice. I have administered the medicine to a great number of my friends and neighbors, which generally produced beneficial effects. I shall state a few of the many cases and the treatment and advantage received.

In April, 1810, my son who was in the eighteenth year of his age, had a severe attack of the palsy on his left side, his hand was entirely useless—we attended him under the directions of two respectable physicians until sometime in the month of



November following, and in all that time he received but very little benefit from any thing done. I was then advised to call on Dr. Samuel Thomson, and get his opinion and advice, which I did, he being at that time an utter stranger to me; I called on the doctor and he came to see my son; and after some conversation had passed relative to his situation, the doctor observed, that it was a very unfavorable season of the year, (the beginning of winter) to undertake to remove the complaint; and he did not appear willing to undertake so arduous a task as that appeared to be; (his left side at that time was wholly numb) but said, if by our best exertions we could keep him where he then was until the return of warm weather, we then might stand some chance to help him; but if he was neglected until that time, he might not live, or if he did his case might be out of the reach of medicine. I then concluded fully to try the experiment; and received medicine with directions from the doctor, who showed me how to apply the same twice or three times. I proceeded to follow his directions, which was to place the patient over a steam made by a gallon bason with one quart of water in it, and a hot stone put into the bason, covering the patient at the same time with blankets sufficient to keep him from the air, all except his face, and while in this situation gave him a compound of Nos. 2 and 3, or the composition powder, to keep up the inward heat, promote perspiration more freely and prevent faintness; after pursuing this course as long as the circumstances of the patient could comfortably bear and necessity required, put him into a warm bed, with the hot blankets about him, with as many hot stones quenched in water, wrapped in cloths wet with vinegar, as was sufficient to keep up a good degree of perspiration; then gave a portion of No. 1, and when that had its operation placed the patient over the steam again a few minutes, if able to bear it, then bathed him all over instantly with cold vinegar, or water; then put on dry clean clothes, gave him a warm bed, put a hot stone at his feet, and gave a portion of the composition powder, to keep up a moderate perspiration.

We continued this process during the winter as often as twice or three times a week. I was confident of some gain during this time; but in the spring he mended much faster, so that by the next fall he could walk and use his hand. I then concluded that I understood something of the use and virtue of the medicine, and I agreed with the doctor to give me the information. My son continued to mend under the administration of the medicine until quite relieved of that complaint.

November, 1813, attended to a man who had taken a bad cold and had an attack of the rheumatism; so violently was he seized that he was utterly helpless, not able to stand on his feet, or put his hand to his mouth. I put him in bed (as he could not stand over a steam) with hot stones quenched in water wrapped up in cloths wet with vinegar at his feet, and on each side, which brought him into a free perspiration, gave him a decoction of No. 2 and 3, which prepared him for the emetic. I kept him in that situation five hours, in which time the medicine had performed its operation. I then changed his clothes, bathed him in cold vinegar, and he was then able to dress himself and walk with ease and comfort, and has been free from that complaint ever since.

About the same time I attended a man who had the cholic extremely bad—I gave him a compound of Nos. 2 and 3, which brought him into a gentle perspiration; then gave him No. 1, freely, which operated in about twenty-five minutes, and gave him such relief that he went to sleep; the next evening I visited him again, gave him a second gentle course of medicine, which entirely relieved him, and he has enjoyed a good state of health ever since, although before he had been subject to having violent fits of the same disease.

In November 1816, my daughter appeared to be languishing under the symptoms of the dropsy, as it proved to be; she continued to grow large and no operation of medicine appearing to have the desired effect; she not being attended to seasonably, by reason of her not being willing to take medicine, when I told her of the necessity of it. On the second day of February, 1817, Dr. Thomson was sent for, who came and assisted us in tapping her and took away seventeen pounds three ounces of water, and by the constant application of the medicine aforesaid, aided by the blessing of divine Providence, she is restored to health. One other case of a young woman in the vicinity; the disease had been apparent not more than fifteen or twenty days of a dropsical habit; I attended and a cure was obtained without tapping, by giving her No. 2 and 3, carrying her through the steam, giving the emetic and bathing her abdomen with the rheumatic drops, and taking some inwardly. She remains well as to that complaint.

In April, 1819, Nathan Nason, Jr. of South Berwick, was falling a tree, when a boy that was with him accidentally cut off the main bone of Nason's leg just above the ankle joint; a doctor came and placed the bones together, and took two or

three stitches to keep the ends of the bones in their place, which grew together very exact; but while the leg bone was healing, the foot became very numb and diseased; had, as they said, the appearance of mortification; the doctor then made several incisions on the bottom of the foot, and found that the flesh there had lost all sense of feeling. The doctor then concluded that the wound was incurable without cutting off the leg—accordingly the time was set to perform the operation on the 12th of August. I heard of it the evening before and went to see Nason the next morning; I examined his foot and told him I thought I could cure it. He was much pleased to have his leg saved, and to be freed from the pains of amputation. The doctors came at eleven o'clock with the necessary apparatus; he declined having the operation performed and the doctors went off. Nason sent for me the next morning, I attended him, and began my operation on the wound, took out the cotton that was crowded into the incision on the bottom of the foot, and washed it with soap and water until it was clean, and then applied the rheumatic drops, while the poultice was making of upland willow root bark and the inner rind of white pine, boiled in water. I applied this kind of poultice several days, which with the application of the drops, the wound immediately came to its feeling and soon began to heal; I applied the rheumatic drops and lint and salve, and gave him some bitters and drops to take to produce a due circulation, which had the desired effect; and in about sixty days he was able to walk across the floor without cane or crutch. He can now walk on his foot tolerably well and do any sort of farming business, and enjoys good health; often expresses his thanks to his Maker and good will to his friends.

I have experienced the operation of the medicine aforesaid, in one case of the lock-jaw, so called. I put the boy into a free perspiration by placing him in bed, after giving him a strong solution of the emetic and rheumatic drops to still his nerves; and kept him in a moderate perspiration under the operation of the medicine, about five or six hours, at which time his spasms left him, and he immediately recovered so as to return to his business. He had been attended four days by one of the regular physicians, previous to my seeing him, who said, or signified, that he could do no more.

One case of the typhus fever, among many, I will not omit to state; a young man was taken with the disease, who was attended by a physician of the order, about three weeks, gradu-

ally wasting in strength and flesh; his physician at last despairing of his recovery, I was called to attend him. I placed him over the steam, gave him Nos. 2 and 3, then put him in bed with hot stones around him, sufficient to keep up perspiration, and gave an emetic; when that had operated I changed his clothes, bathed him in cold vinegar, put him into bed, clean and comfortable. I carried him through three operations, as above, and in ten days he recovered so far as to ride out; his appetite returned and his general health amended, and he now enjoys a good state of health.

STEPHEN NEAL.

*Eliot, January 18, 1822.*

About the year 1809, Dr. Samuel Thomson visited these parts, and made known his system and method of practice in this town (Eliot,) and though some unfavorable reports were spread by his enemies we were convinced of their falsity, by the remarkable cures that were wrought in our neighborhood and vicinity; and since by a still more special and intimate knowledge of the medicine in our own family; where we have proved to our entire satisfaction its perfect innocence and unfailing beneficial effects. In the year 1810, we purchased the information, and have used no other remedy since that time to the present. Our family is large, fourteen in number, and the different members of it have often been assailed with disease under one form or other, such as fever, cholera, dysentery, spitting of blood, &c. &c. but by the timely application of the medicine, the malady whatever form it assumed, has been immediately removed, and the patient restored to usual health.

As to the manner of treatment we vary it according to the nature of the attack, whether mild or violent. In the first instance of common complaint, we generally give some warm article, to wit; a little cayenne and hot water, or composition powder, No. 3, sometimes Nos. 2 and 4 combined; or a great spoonful of rheumatic drops, with No. 2. When these applications are insufficient, and the symptoms violent and alarming, we make use of Nos. 1, 2 and 3, and carry the patient through the whole process of the medicine, and repeat it as occasion requires, till the patient recovers.

JOHN RAITT.

*Eliot, November 28, 1821.*

This may certify, that about the year 1803, I was sick with the pulmonary fever and was attended by Dr. Tilton. I was

braced up by the barks, which caused a stricture in breathing and soon began to swell, which progressed for about five years, when I was in a dropsical habit and continued to grow worse until a jury of four doctors held a consultation and pronounced my case hopeless, giving me over. I continued under the care of Dr. Shepard, who visited me and said my complaint was beyond the reach of medicine, and I could not continue over three weeks. At this time, in May 1808, I was advised to go to Dr. Thomson. I went to see him although with but little faith, as my case was so desperate; my breathing was with great difficulty. After being attended through several courses of his medicine, in three weeks I was reduced about fifteen inches in bigness. I returned home and have gained until this day; and am now enjoying a better state of health than I have before enjoyed for sixteen years.

MARY EATON.

*Exeter, November 20, 1821.*

This may certify, that Hannah my wife, had been afflicted with the asthma for the space of ten years. I applied to the most eminent physicians, as many as six in number, who used their utmost skill without the least beneficial effects. She had been unable to lay in bed for six months at a time, in each year, for a number of years, until in the fall of the year 1808, I sent for Dr. Samuel Thomson. He visited her and went with me into the field and gathered some of the emetic plants, bruised and tinctured them in spirit, which was his mode at that time of using it. He gave her one spoonful of the tincture and cayenne, which so far relieved her that she lay in bed the greater part of the first night, which was the first time for six months, that she had lain in bed. By using the same medicine she has always been able to lay in bed and rest comfortable, for twelve years. I ascribe it under God to the use of this medicine.

EPHRAIM COLEMAN.

*Newington, Dec. 3, 1821.*

A young man in Roxbury, from some cause unknown, took a large dose of ratsbane with the intention of destroying himself. Dr. P. was called, and on examining into the circumstances, said there was no more chance for him to live than there would be if his head was cut off. After the doctor had left him, I being present from curiosity, and having purchased the right of using the medicine and practice secured to Dr. Thomson by patent, proposed to the friends of the young man,



to make a trial of the same, to save his life. The friends giving their consent, I administered said medicine, which had such a very favorable effect, that the next morning he was quite comfortable. After he was relieved, Dr. P. called to see him and expressed great astonishment that he was alive, saying that there was not one case in a thousand that a man could live under similar circumstances. I attended him three or four days, and he is now so far recovered as to walk about the room.

ELIJAH SIMONDS.

*Roxbury, Feb. 23, 1821.*



**INTRODUCTION**  
TO THE  
**NEW GUIDE TO HEALTH,**  
OR,  
**Botanic Family Physician.**

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THERE are three things which have in a greater or less degree, called the attention of men, viz: Religion, Government and Medicine. In ages past, these things were thought by millions to belong to three classes of men, Priests, Lawyers and Physicians. The Priests held the things of religion in their own hands, and brought the people to their terms; kept the scriptures in the dead languages, so that the common people could not read them. Those days of darkness are done away; the Scriptures are translated into our own language, and each one is taught to read for himself. Government was once considered as belonging to a few, who thought themselves "born only to rule." The common people have now become acquainted with the great secret of government; and know that "all men are born free and equal," and that magistrates are put in authority, or out, by the voice of the people, who choose them for their public servants.

While these and many other things, are brought where "common people," can understand them; the knowledge and use of medicine, is in a great measure, concealed in a dead language, and a sick man is often obliged to risk his life, where he would not risk a dollar: and should the apothecary or his apprentice make a mistake, the sick man cannot correct it, and thus is exposed to receive an instrument of death, instead of that which would restore him to health had he known good medicine.

"It may be alleged, (said Dr. Buchan.) that laying medicine more open to mankind, would lessen their faith in it. This indeed would be the case with regard to some; but it would have a quite contrary effect upon others. I knew many people who have the utmost dread and horror of every thing prescribed by a physician, who will nevertheless, very readily take a medicine which they know, and whose qualities they are in some measure acquainted with."

"Nothing ever can, or will inspire mankind with an absolute confidence in physicians, but by their being open, frank, and undisguised in their behavior."

"The most effectual way to destroy quackery in any art or science, is to diffuse the knowledge of it among mankind.—Did physicians write their prescriptions in the common language of the country, and explain their intentions to the patient, as far as he could understand them, it would enable them to know when the medicine had the desired effect; would inspire him with absolute confidence in the physician; and would make him dread and detest every man who pretended to cram a secret medicine or poison down his throat."

It is true, that much of what is at this day called medicine, is deadly poison; and were people to know what is offered them of this kind, they would absolutely refuse ever to receive it as a medicine. This I have long seen and know to be true; and have labored hard for many years to convince them of the evils that attend such a mode of procedure with the sick; and have turned my attention to those medicines that grow in our own country, which the God of nature has prepared for the benefit of mankind. Long has a general medicine been sought for and I am confident that I have found such as are universally applicable in all cases of disease, and which may be used with safety and success, in the hands of the people.

After thirty years study and repeated successful trials of the medicinal vegetables of our own country, in all the diseases incident to our climate: I can with well grounded assurance, recommend my system of practice and medicines to the public, as salutary and efficacious.

Great discoveries and improvements have been made in various arts and sciences since the first settlement of our country, while its medicines have been very much neglected. As these medicines, suited to every disease, grow spontaneously upon our own soil; as they are better adapted to the constitution; as the price of imported drugs is very high; it follows, whether we

consult health, which is of primary importance, or expense, a decided preference should be given to the former, as an object of such magnitude as no longer to be neglected. Yet in the introduction of those medicines I have been violently opposed, and my theory and practice condemned, notwithstanding the demonstrative proofs in their favor. But those who thus condemn have taken no pains to throw off prejudice, and examine the subject with candor and impartiality. Such as have, are thoroughly satisfied of their utility and superior excellence.

From those who measure a man's understanding and ability to be beneficial to his fellow men, only from the acquisition he has made in literature from books; from such as are governed by outward appearance, and who will not stoop to examine a system on the ground of its intrinsic merit, I expect not encouragement, but opposition. But this will not discourage me. I consider the discovery I have made, of inestimable value to mankind, and intended for the great benefit of those who are willing to receive it.

Being born in a new country, at that time almost an howling wilderness, my advantages for an education were very small; but possessing a natural gift for examining the things of Nature, my mind was left entirely free to follow that inclination, by inquiring into the meaning of the great variety of objects around me.

Possessing a body like other men, I was led to inquire into the nature of the component parts of what man is made. I found him composed of the four elements—Earth, Water, Air, and Fire. The earth and water, I found were the solids; the air and fire, the fluids. The two first I found to be the component parts; the two last kept him in motion. Heat, I found, was life; and cold, death. Each one who examines into it will find that all constitutions are alike. I shall now describe the fuel which continues the fire, or life of man. This is contained in two things—food and medicine; which are in harmony with each other: often grow in the same field to be used by the same people. People who are capable of raising their food and preparing the same, may as easily learn to collect and prepare all their medicines and administer the same, when it is needed. Our life depends on heat; food is the fuel that kindles and continues that heat. The digestive powers being correct, causes the food to consume; this continues the warmth of the body, by continually supporting the fire.



The stomach is the deposit from which the whole body is supported. The heat is maintained in the stomach by consuming the food; and all the body and limbs receive their proportion of nourishment and heat from that source; as the whole room is warmed by the fire which is consumed in the fire place. The greater the quantity of wood consumed in the fire place, the greater the heat in the room. So in the body; the more food well digested, the more heat and support through the whole man. By constantly receiving food into the stomach which is sometimes not suitable for the best nourishment, the stomach becomes foul, so that the food is not well digested. This causes the body to lose its heat—then the appetite fails; the bones ache, and the man is sick in every part of the whole frame.

This situation of the body shows the need of medicine, and the kind needed; which is such as will clear the stomach and bowels, and restore the digestive powers. When this is done, the food will raise the heat again, and nourish the whole man. All the art required to do this is, to know what medicine will do it, and how to administer it, as a person knows now to clear a stove and the pipe when clogged with soot, that the fire may burn free, and the whole room be warmed as before. The body, after being cleared of whatever clogs it, will consume double the food, and the food will afford double the nourishment and heat that it did before. We know that our life depends on food and the stomach being in a situation to receive and digest it. When the stomach and bowels are clogged, all needed is, the most suitable medicine to remove the obstruction in the system. All disease is caused by clogging the system; and all disease is removed by the digestive powers, so that food may keep up that heat on which life depends.

I have found by experience, that the learned doctors are wrong in considering fever a disease or enemy; the fever is a friend, and cold the enemy. This I found by their practice in my family until they had five times given them over to die. Exercising my own judgment, I followed after them, and relieved my family every time. After finding a general principle respecting fevers, and reducing that to practice, I found it sure in all disease, where there was any nature left to build on, and in three years practice I never lost one patient.

I attended on all the fevers peculiar to our country, and always used it as a friend, and that returned the gratitude to the patient. I soon began to give this information to the people, and convinced many that they might as certainly relieve themselves of

their disease as their hunger. The expense to them to be always able to relieve themselves and families would be but small; and the medicine they may procure and prepare themselves.

This greatly disturbed the learned doctors, and some of them undertook to destroy me, by reporting that I used poison; though they made no mention of my using their instruments of death, Mercury, Opium, Ratsbane, Nitre, and the Lancet. I considered it my duty to withstand them, though I found my overthrow was what they aimed at. A plan was once laid to take me in the night, but I escaped. Next, I was indicted as though I had given poison, and a bill brought against me for wilful murder. I was bound in irons and thrust into prison, to be kept there through the winter, without being allowed bail. I petitioned for and obtained a special court to try the cause, and was honorably acquitted after forty days imprisonment. I maintained my integrity in the place where my persecutions began. In five years, while vindicating this new and useful discovery, I lost five thousand dollars, besides all the persecution, trouble, loss of health, and reproach which has been in connexion with the losses.

It has been acknowledged, even by those who are unfriendly to me and my practice, that my medicine may be good in some particular cases, but not in all. But this is an error. For there are but two great principles in the constitution of things, whether applied to the mind or body; the principle of life and the principle of death. That which contains the principle of life, can never be tortured into an administration of death. If, then, a medicine is good in any case, it is because it is agreeable to nature, or this principle of life, the very opposite of disease. If it is agreeable in one case, it must be absolutely so in all.

By the active operation of nature, the whole animal economy is carried on; and the father of the healing art, Hippocrates, tells us, what is an obvious truth, that Nature is Heat. The principle is the same in all, differing only in degree. When disease invades the frame, it resists in proportion to its force, till overpowered into submission, and when extinguished, death follows, and it ceases to operate alike in all. If then, heat is life, and its extinction death, a diminution of this vital flame, in every instance, constitutes disease, and is an approximation to death. All then, that medicine can do in the expulsion of disorder, is to kindle up the decaying spark, and restore its energy till it glows in all its wonted vigor. If a direct administration can be made to produce this effect, (and it can,) it is evidently immaterial what is the name or color of the disease,

whether bilious, yellow, scarlet or spotted; whether it is simple or complicated, or whether nature has one enemy or more.—Names are arbitrary things; the knowledge of a name is but the cummin and anise, but in the knowledge of the origin of a malady, and its antidote, lies the weightier matters of this science. This knowledge makes the genuine physician; all without it, is real quackery.

It has been a general opinion, that extensive study and great erudition are necessary to form the eminent physician. But all this may be, as Paul saith, but science, falsely so called. A man may have a scientific knowledge of the human frame—he may know the names in every language of every medicine, mineral and vegetable, as well as every disease, and yet be a miserable physician. But there have been men, without this to boast of, from the earliest ages of the world, who have “arisen, blest with the sublimer powers of genius, who have, as it were, with one look pierced creation, and with one comprehensive view, grasped the whole circle of science: and left learning itself, toiling after them in vain.” A man never can be great without intellect, and he never can more than fill the measure of his capacity. There is a power beyond the reach of art, and there are gifts that study and learning can never rival.

The practice of the regular physicians, that is, those who get a diploma, at the present time, is not to use those means which would be most likely to cure disease; but to try experiments upon what they have read in books, and to see how much a patient can bear without producing death. After pursuing this plan during their lives, they know just about as much as they did when they began to practice, of what is really useful to mankind. If a patient dies under their hands, why, it is the will of God, and they are sure to get extravagantly paid for their trouble, and nothing more is said about it; but if one out of hundreds of my patients die, and where the doctors have given them over as incurable, they at once cry out, that it is quackery—that I gave them poison, &c. for the purpose of running me and my medicine down, and to prevent its being used by the people. The fact is well known to thousands who have used my medicine, to which they are ready to attest, that it is perfectly harmless; and I defy the faculty to produce one instance wherein it has had any bad effects.

It is true; that the study of anatomy, or structure of the human body, and of the whole animal economy, is pleasing and useful; nor is there any objection to this, however minute and critical, if

it is not to the neglect of first principles, and the weightier matters of knowledge. But it is no more necessary to mankind at large, to qualify them to administer relief from pain and sickness, than to a cook in preparing food to satisfy hunger and nourish the body. There is one general cause of hunger and one general supply of food; one general cause of disease and one general remedy. One can be satisfied, and the other removed, by an infinite variety of articles, best adapted to those different purposes—That medicine, therefore, that will open obstruction, promote perspiration, and restore digestion, is suited to every patient, whatever form the disease assumes, and is universally applicable. And acute disorders, such as fevers, cholera, and dysentery, may be relieved thereby, in twenty-four or forty-eight hours, at most.

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### REMARKS ON FEVERS.

Much has been said and written upon fevers, by the professedly learned Doctors of Medicine, without throwing the most profitable light on the subject, or greatly benefitting mankind. They have been abundantly fruitful in inventing names for disease; and with great care and accuracy distinguished the different symptoms; but they appear quite barren as to the knowledge of their origin and remedy. To the first, but little importance, comparatively speaking, can be attached; the latter is of the highest importance to all classes of people.

According to the writings of learned Physicians, there are a great variety of fevers, some more and some less dangerous.—But to begin with a definition of the NAME. What is fever? Heat, undoubtedly, though a disturbed operation of it. But is there in the human frame, more than one kind of heat? Yes, says the physician, (strange as it may appear,) there is the pleuritic heat, the slow nervous heat, the putrid heat, the hectic heat, the yellow heat, the spotted or cold heat, the typhus or ignorant heat, and many other heats; and sometimes, (calumnious to tell,) one poor patient has the most, or the whole of these fevers, and dies at last for want of heat!

Is fever or heat a disease; Hippocrates, the acknowledged father of physicians, maintained that nature is heat; and he is correct. Is nature a disease? Surely it is not. What is commonly called fever, is the effect, and not the cause of disease. It is the struggle of nature to throw off disease. The cold cause an obstruction, and fever arises in consequence of that

obstruction, to throw it off. This is universally the case.— Remove the cause, the effect will cease. No person every yet died of a fever! for as death approaches, the patient grows cold until in death, the spark of heat is extinguished. This, the learned doctors cannot deny; and as this is true, they ought, in justice, to acknowledge that their whole train of depletive remedies, such as bleeding, blistering, physicking, starving, with all their refrigeratives; their opium, mercury, arsenic, antimony, nitre, &c. are so many deadly engines, combined with the disease, against the constitution and life of the patient. If cold, which is the commonly received opinion, (and which is true.) is the cause of fever, to repeatedly bleed the patient and administer mercury, opium, nitre, and other refrigerents to restore him to health, is as though a man should, to increase a fire in his room, throw a part of it out of the house, and to increase the remainder, put on water, snow and ice!

As it is a fact, that cannot be denied, that fever takes its rise from one great cause or origin, it follows of course, that one method of removing that cause, will answer in all cases; and the great principle is to assist nature, which is heat.

At the commencement of a fever, by direct and proper application of suitable medicine, it can be easily and speedily removed and the patient need not be confined long. Twenty-four or forty-eight hours, to the extent, are sufficient, and often short of that time, the fever may be removed, or that which is the cause of it. But where the patient is left unassisted, to struggle with the disease, until his strength is exhausted, and more especially, when the most unnatural and injurious administrations are made, if a recovery is possible, it must of necessity take a long time.— These declarations are true and have been often proved, and can be again, to the satisfaction of every candid person, at the hazard of any forfeiture the faculty may challenge.

Notwithstanding all these things, how true are the words of the intelligent Dr. Hervey, who says, "By what unaccountable perversity in our frame does it appear, that we set ourselves so much against any thing that is new? Can any one behold, without scorn, such drones of physicians, and after the space of so many hundred years experience and practice of their predecessors, not one single medicine has been detected, that has the least force directly to prevent, to oppose, and expel a continued fever? Should any, by a more sedulous observation, pretend to make the least step towards the discovery of such remedies, their hatred and envy would swell against him, as a legion of devils



against virtue: the whole society will dart their malice at him, and torture him with all the calumnies imaginable, without striking at any thing that should destroy him root and branch. For he who professes to be a reformer of the art of physic, must resolve to run the hazard of the martyrdom of his reputation, life and estate."

The treatment which the writer has received from some of the learned physicians since his discovery of the remedy for the fever and various other diseases, is a proof of the truth of this last saying of Dr. Hervey. They have imprisoned him, and charged him with every thing cruel and unjust; though upon a fair trial their violent dealings have come down upon their heads; while he has not only been proved innocent before the court, but useful; having relieved many which the other physicians had given over to die. I will now take notice of the yellow fever. The cause of this fatal disease is similar to the spotted fever.—The cause of death in the latter, is in consequence of its producing a balance by cold, outward and inward; and in the former there is a balance of heat outward and inward; both produce the same thing, that is a total cessation of motion, which is death. The color of the skin has given name to both these diseases. The yellow is caused by the obstruction of the gall; instead of being discharged through its proper vessels, it is forced and diffused through the pores of the skin. The same effects that are produced by these two fevers may be observed in the motion of the sea; when the tide is done running up, there is what is called slack water, or a balance of power, and the same thing takes place when it is done running down; when the fountain is raised, the water runs from it; but when it is lowered the water runs towards it. The same cause produces the same effects in the spotted and yellow fevers; for when a balance of power between the outward and inward heat takes place, death follows.

Having described the two kinds of fevers which are the most alarming, they being most fatal, I shall pass over those of a less alarming nature, and merely observe, that there is no other difference in all cases of fever, than what is caused by the different degrees of cold, or loss of inward heat, which are two adverse parties in one body, contending for power. If the heat gains the victory, the cold will be disinherited and health will be restored; but, on the other hand, if cold gains the ascendancy, heat will be dispossessed of its empire, and death will follow of course. As soon as life ceases, the body becomes cold, which

is conclusive evidence that its gaining the victory is the cause of death. When the power of cold is nearly equal to that of heat, the fever or strife between the two parties, may continue for a longer or shorter time, according to circumstances; this is what is called a long fever, or fever and ague. The battle between cold and heat will take place periodically, sometimes every day, at other times every other day, and they will leave off about equal, heat keeping a little the upper hand. In attempting to cure a case of this kind, we must consider whether the fever is a friend or an enemy; if it is a friend, which I hold to be the fact, when the fever-fit is on, increase the power of heat, in order to drive off the cold, and life will bear the rule; but, on the contrary, should cold be considered a friend, when the cold-fit is on, by increasing its power, you drive off the heat, and death must ensue. Thus you may promote life or death, by tempering cold and heat.

Much has been said by the doctors concerning the turn of a fever, and how long a time it will run. When it is said that a fever will turn at such a time I presume it must mean that it has been gone; this is true, for it has then gone on the outside, and is trying to turn again and go inside where it belongs.—Instead of following the dictates of nature and aiding it to subdue the cold, the doctor uses all his skill to kill the fever. How, would I ask, in the name of common sense, can any thing turn when killed? Support the fever and it will return inside; the cold which is the cause of disease, will be driven out, and health will be restored. In all cases called fever, the cause is the same in a greater or less degree, and may be relieved by one general remedy. The cold causes canker, and before the canker is seated, the strife will take place between cold and heat; and while the hot flames and cold chills remain, it is evidence that the canker is not settled, and the hot medicine alone occasionally assisted by steam, will throw it off; but as the contest ceases the heat is steady on the outside; then canker assumes the power inside; this is called a settled fever. The truth is, the canker is fixed on the inside and will ripen and come off in a short time, if the fever is kept up so as to overpower the cold. This idea is new and never was known until my discovery. By raising the fever with Nos. 1 and 2, and taking off the canker with No. 3, and the same given by injections we may turn a fever when we please; but if this is not understood, the canker will ripen and come off itself; when the fever will turn and go inside and the cold will be driven out; therefore they will do

much better without a doctor than with. The higher the fever runs, the sooner the cold will be subdued; and if you contend against the heat, the longer will be the run of the fever, and when killed, death follows.

When a patient is bled, it lessens the heat and gives double power to the cold; like taking out of one side of the scale and putting in the other, which doubles the weight, and turns the scale in favor of the disease. By giving opium it deadens the feelings; the small doses of nitre and calomel tend to destroy what heat remains, and plants new crops of canker, which will stand in different stages in the body, the same as corn planted in the field every week, will keep some in all stages; so is the different degrees in canker. This is the reason why there are so many different fevers as are named; when one fever turns another sets in and so continues one after another until the harvest is all ripe, if the season is long enough: if not, the cold and frost takes them off—then it is said they died of a fever. It might with as much propriety be said that the corn killed with frost, died with the heat. The question, whether the heat or cold killed the patient, is easily decided, for that power which bears rule in the body after death is what killed the patient, which is cold—as much as that which bears rule when he is alive is heat. When a person is taken sick, it is common to say, I have got a cold and am afraid I am going to have a fever; but no fears are expressed of the cold he has taken; neither is it mentioned when the cold left him. The fashionable practice is to fight the remains of heat till the patient dies, by giving cold the victory, in which case, is it not a fact that the doctor assists the cold to kill the patient? Would it not have been more reasonable, or likely to have cured them, when the fever arose to throw off the cold, to have helped the fever and give nature the victory over its enemy, when the health would be restored the same as before they took the cold.

We frequently see in the newspapers, accounts of people dying in consequence of drinking cold water when very warm.—Some fall dead instantly, and others linger for several hours; the doctors have not been able to afford any relief when called. The principal symptoms are chills and shivering with cold, which is viewed with astonishment by those who witness it.—Proper caution should always be observed by persons when very warm and thirsty, who go to a pump to drink, by swallowing something hot before drinking the water, and swallowing a little at a time, which will prevent any fatal effects.

This strange circumstance, of being cold on a hot day, and which has never been accounted for in a satisfactory manner to the public, I shall endeavor to explain in as comprehensive and plain language as I am capable. The component parts of animal bodies are earth and water, and life and motion are caused by fire and air. The inward heat is the fountain of life, and as much as that has the power above the outward heat, so much we have life and strength, and when we lose this power of heat, our strength and faculties decay in proportion; and it is immaterial whether we lose this power by losing the inward heat or raising the outward heat above it, as the effect is the same.— If you raise the stream level with the fountain, it stops the current and all motion will cease; and the same effects will follow by lowering the fountain, to a level with the stream.— When the outward heat becomes equal with the inward, either by the ones being raised or the others being lowered, cold assumes the power and death takes place.

The cause of the fatal effects by drinking cold water, is because the fountain of life is lost by the stream being raised above the fountain, or the inward heat lowered by throwing into the stomach so large a quantity of cold water as to give the outward heat the power of balancing the inward, and in proportion as the one approaches to an equality with the other, so the strength is diminished, and when equal, they die.

I shall now make some further remarks on this and other subjects, with a hope that it may be beneficial to mankind.— The reason why these extraordinary cases appear so wonderful to the people, is because they are unacquainted with the cause. Why should we wonder at a person being cold on a hot day when we are not, any more than we should wonder at another being hungry, when we have just been eating; or that others can be in pain when we are enjoying good health? The one is as plain and simple as the other, when understood. The want of inward heat is the cause of their being cold, just as much as the want of food is the cause of hunger, or the want of health is the cause of pain. One person may have lost the natural power of heat, by an effect which others in similar situations may not have experienced, and will suffer the consequences of cold in proportion to the loss of inward heat; this is manifest in the different degrees of sickness. If the inward heat loses its balance of power suddenly, death is immediate; which is the case in spotted fever and in drowned persons. When the inward and outward cold is balanced, life ceases.

and the blood being stopped in its motion, settles in spots, which appearance has given name to what is called spotted fever. The same appearances take place on drowned persons and from the same cause.

The practice of bleeding for the purpose of curing disease, I consider most unnatural and injurious. Nature never furnishes the body with more blood than is necessary for the maintenance of health; to take away part of the blood, therefore, is taking away just so much of their life, and is as contrary to nature, as it would be to cut away part of their flesh. Many experiments have been tried by the use of the lancet in fevers; but I believe it will be allowed by all, that most of them have proved fatal; and several eminent physicians have died in consequence of trying the experiment on themselves. If the system is diseased, the blood becomes as much diseased as any other part; remove the cause of the disorder and the blood will recover and become healthy as soon as any other part; but how taking part of it away can help to cure what remains, can never be reconciled with common sense.

There is no practice used by the physicians that I consider more inconsistent with common sense, and at the same time more inhuman than blistering to remove disease; particularly insane persons, or what the doctors call dropsy on the brain; in which cases, they shave the head and draw a blister on it.—Very few patients, if any, ever survive this application. What would be thought if a scald should be caused by boiling water to remove disease? Yet there is no difference between this and a blister made by flies. I have witnessed many instances where great distress and very bad effects have been caused by the use of blisters; and believe I can truly say, that I never knew any benefit derived from their use. It very frequently causes strangury, when the attempted remedy becomes much worse than the disease.

In support of my opinions on the subject, I will give the following extract from the writings of Dr. Hillary, an eminent physician of London.

“I have long observed that blisters are too frequently and too often improperly used, as they are now so much in fashion. It is very probable, that we have no one remedy, in all the *Materia Medica*, that is so frequently, and so often improperly applied, not only in too many cases where they cannot possibly give any relief, but too often where they must unavoidably increase the very evil which they are intended to remove or



relieve. How often do we see them applied, and sometimes several of them, by pretended dabblers in physic, not only where there are no indications for applying them, but where the true indications are against their application; as, in the beginning of most fevers, and especially those of the inflammatory and of the putrid kind, where, in the first, the stimulus of the acrid salts of the *cantharides*, which pass into the blood, must unavoidably increase both the stimulus and the momentum of the blood, which were too great before, and so render the fever inflammatory, and all its symptoms worse.

"And it is well known that the *cantharides* contain a great quantity of alkaline semi-volatile salts, which pass into the blood though they are applied externally; and attenuate, dissolve and hasten and increase its putrefaction, which is also confirmed by the putrid alkaline acrimony which they produce in the urine, with the heat and stranguary which it gives to the urinary passage."



### ON STEAMING.

Steaming is a very important branch of my system of practice, which would in many cases without it, be insufficient to effect a cure. It is of great importance in many cases, considered by the medical faculty as desperate; and they would be so under my mode of treatment, if it was not for this manner of applying heat to the body, for the purpose of reanimating the system and aiding nature in restoring health. I had but little knowledge of medicine, when through necessity, I discovered the use of steaming, to add heat or life to the decaying spark; and with it I was enabled, by administering such vegetable preparations as I then had a knowledge of, to effect a cure in cases where the regular practitioners had given them over.

In all cases where the heat of the body is so far exhausted as not to be rekindled by using the medicine, or being in bed, and chills or stupor attend the patient, then applied heat by steaming becomes indispensably necessary; and heat caused by steam, in the manner that I use it, is more natural in producing perspiration, than any dry heat that can be applied to the body in any other manner, which will only serve to dry the air and prevent perspiration in many cases of disease, where a steam by water or vinegar would promote it and add a natural warmth to the body, and thereby increase the life and motion, which has lain silent in consequence of the cold.

Dr. Jennings has contrived a plan to apply heat to the body by a dry vapor, caused by burning spirit, which he calls a vapor

bath, the idea of which was, I have no doubt, taken from hearing of my steaming to raise the heat of the body. It may answer in some cases and stages of disease; but in a settled fever and other causes where there is a dry inflammation on the surface of the body, it will not answer any good purpose, and I think would be dangerous, without the use of my medicine to first raise a free perspiration; for when the surface of the body is dry the patient cannot bear it, as it will crowd to the head and cause distress, the same as is produced by burning charcoal, or from hot stoves in a tight room, and will bring on a difficulty in breathing, which is not the case in steaming in my way. This machine can only be used in bed, where the vapor cannot be applied to the body equally at the same time, therefore is no better than a hot dry stone put on each side and to the feet of the patient, for he can turn himself and get heat from them as well as to have all the trouble of burning spirit and turning to the vapor of it, to get warm by this dry heat. When the patient stands over a steam raised by putting a hot stone in the water, which gives a more equal heat all over the body than can be done in any other manner, it can be raised higher, and may be tempered at pleasure by wetting the face and stomach with cold water as occasion requires.

The method adopted by me, and which has always answered the desired object, is as follows:—Take several stones of different sizes and put them in the fire till red hot, then take the smallest first, and put one of them into a pan or kettle of hot water, with the stone about half immersed—the patient must be undressed and a blanket put around him so as to shield his whole body from the air, and then place him over the steam. Change the stones as often as they grow cool, so as to keep up a lively steam, and keep them over it; if they are faint, throw a little cold water on the face and stomach, which will let down the outward heat and restore the strength—after they have been over the steam long enough, which will generally be about fifteen or twenty minutes, they must be washed all over with cold water or spirits and be put in bed, or may be dressed, as the circumstances of the case shall permit. Before they are placed over the steam, give a dose of No. 2 and 3, or composition, to raise the inward heat. When the patient is too weak to stand over the steam, it may be done in bed, by heating three stones and put them in water till done hissing, then wrap them in a number of thicknesses of cloths wet with water, and put one on each side and one at the feet, occasionally wetting the face and stomach with cold water, when faint.

Many other plans may be contrived in steaming, which would make less trouble and be more agreeable to the patient, especially where they are unable to stand over the steam. An open worked chair may be made, in which they might sit and be steamed very conveniently; or a settee might be made in the same manner, in which they might be laid and covered with blankets so as to shield them from the surrounding air. Such contrivances as these would be very convenient in cases where the patient would have to be carried through a course of medicine and steamed a number of times, as is frequently necessary, particularly in complaints that have been of long standing.

As I have frequently mentioned a regular course of medicine, I will here state what is meant by it, and the most proper way in which it is performed. Firstly, give No. 2 and 3, or composition, adding a tea-spoonful of No. 6; then steam, and when in bed repeat it, adding No. 1, which will cleanse the stomach and assist in keeping up a perspiration; when this has done operating, give an injection made with the same articles. Where there are symptoms of nervous affection, or spasms, put half a tea-spoonful of the nerve powder into each dose given, and into the injection. In violent cases, where immediate relief is needed, Nos. 1, 2, 3, and 6, may be given together. Injections may be administered at all times and in all cases of disease to advantage; it can never do harm, and in many cases they are indispensably necessary, especially where there is canker and inflammation in the bowels, and there is danger of mortification, in which case, add a tea-spoonful of No. 6. In cases of this kind the injection should be given first, or at the same time of giving the composition, or No. 3.

The use of steaming is good in preventing sickness as well as curing it. When a person has been exposed to the cold, and is threatened with disease, it may be prevented, and long sickness and expense saved by a very little trouble, by standing over a steam and following the directions before given, till the cold is thoroughly thrown off and a lively perspiration takes place; then go to bed, taking the stone from the kettle, and wrap it in wet cloths and put it to the feet. This may be done without the medicine, when it cannot be had; but is much better to take something to raise the inward heat at the same time. A tea made of mayweed, or summer-savory, or ginger and hot water sweetened, may be given, or any thing that is warming. This advice is for the poor, and those who have not a knowledge of the medicine; and will many times save them much trouble and long sickness.

advice is for the poor and those who have not a knowledge of the medicine; and will many times save them much trouble and long sickness.

Steaming is of the utmost importance in cases of suspended animation, such as drowned persons; in which case, place the body over a moderate steam, shielded by a blanket from the weight of the external air, and rarifying the air immediately around them with the steam. Pour into the mouth some of the tincture of Nos. 1, 2, and 6; and if there is any internal heat remaining, there will be muscular motion about the eyes and in the extremities. If this symptom appears, repeat the dose several times, and renew the hot stones, raising the heat by degrees; if the outward heat is raised too sudden, so as to balance the inward, you will fail of the desired object, even after life appears. This is the only danger of any difficulty taking place—always bear in mind to keep the fountain above the stream, or the inward heat above the outward, and all will be safe. After life is restored, put them in bed and keep the perspiration free for twelve hours, by hot stones wrapped in cloths wet with water, and occasionally giving the tincture as before mentioned, when the coldness and obstructions are thrown off, and the patient will be in the enjoyment of his natural strength. Beware of bleeding or blowing in the mouth with a bellows, as either will generally prove fatal.

In many cases of spotted fever, steaming is as necessary as in drowned persons; such as when they fall apparently dead; then the same treatment is necessary to lighten the surrounding air till you can raise the inward heat so as to get the determining power to the surface. Begin with a small stone and as life gains increase the steam as the patient can bear it; if the distress is great, give more hot medicine inside, and as soon as an equilibrium takes place the pain will cease. In all cases of this kind the difficulty cannot be removed without applied heat to the body, and is more natural by steam than by any other means that can be made use of. In cases of long standing, where the patient has been run down with mercury and left in a cold and obstructed state, liable to rheumatism and other similar complaints, they cannot be cured with medicine without applied heat by steam, as nothing will remove mercury but heat.

When a patient is carried through a course of my medicine and steamed, who has been long under mercurial treatment; and while under the operation of the steam, when the heat is at the highest, the face will swell, in consequence of the poisonous

vapour being condensed by the air, the face being open to it. To relieve this, put them in bed, and take a hot stone wrapped in several thicknesses of cloth wet with water, pouring on a little vinegar, and making a lively steam; put it in the bed and cover the head with the clothes and let them breathe the steam as hot as can be borne, until the sweat covers the swelled part. This will in about fifteen or twenty minutes throw out the poison and the swelling will abate. This method also is of great service in agues and teeth ache caused by cold; and many other cases of obstruction from the same cause, especially young children stuffed on the lungs.

To steam small children, the best way is to let them sit in the lap of a person; covering both with a blanket and set over the steam, pouring a little vinegar on the stone; or it may be done in bed with a hot stone, wrapped in cloths wet with water, putting on a little vinegar, and covering them with the bed-clothes laid loosely over them; but in this way you cannot exercise so good judgment in tempering the steam, as when you are steamed with them. If the child appears languid and faint, the outward heat is high enough; put a little cold water on the face or breast, which will restore the strength, then rub them in a cloth wet with vinegar, spirit or cold water, put on clean clothes, and put them in bed, or let them set up, as their strength will permit. This is safe in all cases of cold and obstructed perspiration. It ought always to be borne strongly in mind, to give a child drink often, when under the operation of medicine, or while steaming; if this is not done they will suffer much, as they cannot ask for it.

In all cases of falls or bruises, steaming is almost infallible; and is much better than bleeding, as is the common practice which tends to destroy the life instead of promoting it. If the person is not able to stand over the steam, it must be done in bed, as has been described. Give the hottest medicine inside that you have, and keep the perspiration free till the pain and soreness abates, and the strength will be soon restored. If the advantages of this mode of treatment were generally known, bleeding in such cases, or any other, to remove disease, would never be resorted to by the wise and prudent.

The use of steaming is to apply heat to the body where it is deficient, and clear off obstructions caused by cold, which the operations of the medicine will not raise heat enough to do; for as the natural heat of the body becomes thereby lower than the natural state of health, it must by art be raised as much above



as it has been below; and this must be repeated until the digestive powers are restored, sufficient to hold the heat by digesting the food, then the health of the patient will be restored by eating and drinking such things as the appetite shall require. In this way the medicine removes disease, and food, by being properly digested, supports nature and continues that heat on which life depends.

Some who practice according to my system boast of carrying their patients through in a shorter time without the trouble of steaming; this is easily accounted for; steaming is the most laborious part of the practice for those who attend upon the sick, and the most useful to the patient; as one operation of steaming will be more effectual in removing disease, than four courses without it; and to omit it is throwing the labor upon the patient, with the expense of three or four operations more of the medicine than would be needed, did the person who attends do his duty faithfully.

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### ON GIVING POISON AS MEDICINE

The practice of giving poison as medicine, which is so common among the medical faculty at the present day, is of the utmost importance to the public; and is a subject that I wish to bring home to the serious consideration of the whole body of the people of this country, and enforce in the strongest manner on their minds the pernicious consequences that have happened, and are daily taking place by reason of giving mercury, arsenic, nitre, opium and other deadly poisons to cure disease. It is admitted by those who make use of these things, that the introducing them into the system is very dangerous and that they often prove fatal. During thirty year's practice, I have had opportunity to gain much experience on this subject, and am ready to declare that I am perfectly and decidedly convinced, beyond all doubt, that there can be no possible good derived from using, in any manner or form whatever, those poisons: but on the other hand, there is a great deal of hurt done. More than nine tenths of the chronic cases that have come under my care, have been such as had been run down with some one or the whole of the above named medical poisons; and the greatest difficulty I have had to encounter in removing the complaints which my patients labored under, has been to clear the

system of mercury, nitre, or opium, and bring them back to the same state they were in before taking them. It is a very easy thing to get them into the system, but very hard to get them out again.

Those who make use of these things as medicine, seem to elude the administering them under the specious pretence of great skill and art in preparing and using them; but this kind of covering will not blind the people, if they would examine it and think for themselves, instead of believing that every thing said or done by a learned man must be right; for poison given to the sick by a person of the greatest skill, will have exactly the same effect as it would if given by a fool.—The fact is, the operation of it is diametrically opposed to nature, and every particle of it, that is taken into the system, will strengthen the powers of the enemy to health. If there should be doubts in the minds of any one of the truth of what I have said concerning the articles I have named being poisonous and destructive to the constitution and health of man, I will refer them to the works published by those who recommend their use; where they will find evidence enough to satisfy the most credulous, of the dangerous consequences and fatal effects, of giving them as medicine. To remove all doubts of their being poison I will make a few extracts from standard medical works, as the best testimony that can be given in the case.

*"Muriate of Mercury,* is one of the most violent poisons with which we are acquainted. Externally it acts as an escharotic or a canstic; and in solution, it is used for destroying fungous flesh, and for removing hepatic eruptions; but even externally, it must be used with very great caution." Yet, reader, this active poison is used as medicine, and by being prepared in a different form, and a new name given it, (calomel,) its good qualities are said to be invaluable, and it is a certain cure for almost every disease.

*"Oxyl of Arsenic,* is one of the most sudden and violent poisons we are acquainted with. In mines, it causes the destruction of numbers of those who explore them; and it is frequently the instrument by which victims are sacrificed, either by the hand of wickedness or imprudence. The fumes of arsenic are so deleterious to the lungs, that the artist ought to be on his guard to prevent their exhalation by the mouth; for if they be mixed and swallowed with the saliva, effects will take place similar to those which follow its introduction into the stomach in a saline state; namely, a sensation of a piercing, gnawing, and

burning kind, accompanied with an acute pain in the stomach and intestines, which last are violently constricted; convulsive vomiting; insatiable thirst, from the parched and rough state of the tongue and throat: hiccough, palpitation of the heart and a deadly oppression of the breast, succeed next; the matter ejected by the mouth as well as the stools, exhibit a black, foetid, and putrid appearance; at length with the mortification of the bowels, the pain subsides, and death terminates the sufferings of the patient." "When the quantity is so very small as not to prove fatal, tremors, paralysis and lingering hectic succeed."

Notwithstanding this terrible description of the fatal effects of this article, the author says, "though the most violent of mineral poisons, arsenic, according to Murray, equals, when properly administered, the first medicines in the class of tonics." "Of all the diseases, (says Dr. Duncan,) in which white oxyd of arsenic has been used internally, there is none in which it has been so frequently and so successfully employed, as in the cure of intermittent fevers. We have now the most satisfactory information concerning this article, in the Medical Reports, of the effects of arsenic in the cure of agues, remitting fever, and periodical headaches, by Dr. Fowler of Stafford." "Such are the powers of this medicine, that two grains of it are often sufficient to cure an intermittent that has continued for weeks!" "As an external remedy, arsenic has long been known as the basis of the celebrated *cancer powders*: Arsenic has ever been applied in substance, sprinkled upon the ulcer: but this mode of using it is exceedingly painful and extremely dangerous.—There have been fatal effects produced from its absorption." "No other escharotic possesses equal powers in cancerous affections; it not unfrequently amends the discharge, causes the sore to contract in size, and cases have been related of its having effected a cure." But, says Dr. Willich, "we are, on the combined testimony of many medical practitioners, conspicuous for their professional zeal and integrity, irresistibly induced to declare our opinion, at least, against the internal use of this active and dangerous medicine."

I shall leave it to the reader to reconcile, if he can, the inconsistencies and absurdities of the above statements, of the effects of this bene; and ask himself the question, whether it can be possible for an article, the use of which is attended with such consequences, can be in any shape or form, proper to be used as medicine; yet, it is a well known fact, that this poison is in constant use among the faculty, and forms the principal in-

gredient in most of those nostrums sold throughout the country, under the names of drops, powders, washes, balsams, &c. and there can be no doubt, that thousands either die, or become miserable invalids in consequence.

*Antimony*, in the modern nomenclature, is the name given to a peculiar metal. The antimonial metal is a medicine of the greatest power of any known substance; a quantity too minute to be sensible in the most delicate balance, is capable of producing violent effects, if taken dissolved or in a soluble state." "Sulphureted antimony was employed by the ancients in Collyria, against inflammation of the eyes, and for staining the eyebrows black. Its internal use does not seem to have been established till the end of the fifteenth century; and even at that time it was by many looked upon as poisonous." "All the metallic preparations are uncertain, as it entirely depends on the state of the stomach, whether they have no action at all, or operate with dangerous violence." "The principal general medicinal application of antimony has been for the use of febrile affections." "In the latter stage of fever, where debility prevails, its use is inadmissible." Of the propriety of using this metal as medicine, I shall leave it to the reader to judge for himself.

*Nitre.* Salt-petre. This salt, consisting of nitric acid and potash, is found ready formed on the surface of the soil in warm climates." "Purified nitre is prescribed with advantage in numerous disorders. Its virtues are those of a refrigerant and diuretic. It is usually given in doses from two or three grains to a scruple, being a very cooling and resolvent medicine, which by relaxing the spasmodic rigidity of the vessels, promotes not only the secretion of urine, but at the same time insensible perspiration, in febrile disorders; while it allays thirst and abates heat; though in malignant cases in which the pulse is low, and the patient's strength exhausted, it produces contrary effects."—"This powerful salt, when inadvertently taken in too large quantities, is one of the most fatal poisons." "For some interesting observations relative to the deleterious properties of salt-petre, the reader is referred to Dr. Mitchell's letter to Dr. Priestly."

I have found from a series of practical experiments, for many years, that salt-petre has the most certain and deadly effects upon the human system, of any drug that is used as medicine. Although the effects produced by it are not so immediately fatal as many others, yet its whole tendency is to counteract the

principles of life and destroy the operation of nature. Experience has taught me that it is the most powerful enemy to health, and that it is the most difficult opponent to encounter, with any degree of success, that I have ever met with. Being in its nature *cold*, there cannot be any other effects produced by it, than to increase the power of that enemy of heat, and to lessen its necessary influence.

"*Opium*, when taken into the stomach, to such an extent as to have any sensible effect, gives rise to a pleasant serenity of the mind, in general proceeding to a certain degree of languor and drowsiness." "It excites thirst, and renders the mouth dry and parched." "Taken into the stomach in a larger dose, gives rise to confusion of the head and vertigo. The powers of all stimulating causes of making impressions on the body are diminished; and even at times and in situations when a person would naturally be awake, sleep is irresistibly induced. In still larger doses, it acts in the same manner as the narcotic poisons, giving rise to vertigo, headache, tremors, delirium and convulsions; and these terminating in a state of stupor, from which the person cannot be roused. This stupor is accompanied with slowness of the pulse, and with stertor in breathing, and the scene is terminated in death, attended with the same appearances as take place in an apoplexy." "In intermittents it is said to have been used with good effect." "It is often of very great service in fevers of the typhoid type." "In small pox, when the convulsions before eruption are frequent and considerable, opium is liberally used." "In cholera and pyresis, it is almost the only thing trusted to." "The administration of opium to the unaccustomed, is sometimes very difficult. The requisite quantity of opium is wonderfully different in different persons, and in different states of the same person. A quarter of a grain will, in one adult, produce effects which ten times the quantity will not do in another. The lowest fatal dose to the unaccustomed, as mentioned by authors, seems to be four grains; but a dangerous dose is so apt to puke, that it has seldom time to occasion death."

From the above extracts it will readily be seen, that the use of opium as medicine is very dangerous, at least, if not destructive to health; its advocates, it will be observed, do not pretend that it will cure any disorder, but is used as a palliative for the purpose of easing pain, by destroying sensibility. Pain is caused by disease, and there can be no other way to relieve it but by removing the cause. Sleep produced by opium is unnatural,



and affords no relief to the patient, being nothing more than a suspension of his senses; and it might with as much propriety be said, that a state of delirium is beneficial, for a person in that situation is not sensible of pain. The fact is, opium is a poison, and when taken into the system, produces no other effect than to strengthen the power of the enemy to health, by deadening the sensible organs of the stomach and intestines, and preventing them from performing their natural functions so important to the maintaining of health and life. In all the cases that have come within my knowledge, where the patient has been long in the habit of taking opium, I have found it almost impossible, after removing the disease to restore the digestive powers of the stomach.

I have made the foregoing extracts on the subject of poisoning, for the purpose of giving a more plain and simple view of the pernicious consequences caused by their being given as medicine, than I could do in any other manner. In this short address it is impossible to do that justice to the subject that I could wish, and which its importance demands; but I am not without hope, that what is here given will satisfy every candid person who reads it, of the truth of those principles which it has been at all times my endeavor to inculcate, for the benefit of mankind, and convince them, that what has a tendency to destroy life, can never be useful in restoring health.

In support of what has been before said on the use of mercury, I will here give a short extract from Dr. Mann's Medical Sketches, which is but a trifle in comparison with the many cases that he has given of the fatal effects of that poison. "Calomel should never be administered, unless the patient is so situated that the skin may be preserved in its natural warmth. If this is not attended to during its administration, either the bowels or the glands of the mouth suffered. To one of these parts it frequently directed all its stimulating powers, and induced on one or the other high degrees of inflammation, which terminated in mortification of the intestines, or destruction of not only the muscles, but the bones of the face.

"Four cases under these formidable effects of mercurial ptyalism, were admitted into the general hospital at Lewistown; three of whom died with their jaws and faces dreadfully mutilated. The fourth recovered with the loss of the inferior maxilla on one side, and the teeth on the other. He lived a most wretched life, deformed in his features, (when I last saw the patient,) incapable of taking food, except through a small aperture in place of his mouth."

There are several vegetables that grow common in this country, which are poisons; and in order that the public may be on their guard against using them as medicine, I will here give a list of those within my knowledge, viz: Garden Henlock, Night-shade, Apple Peru, Poppy, Henbane, Poke-root, Mandrake-root, Target-root, Wild Parsnip, Indigo-weed, Ivy, Dogwood, Tobacco, and Laurel. In case either of these articles, or any other poison should be taken through accident, or otherwise, a strong preparation of No. 1, with a small quantity of No. 2, will be found to be a sovereign remedy.

Cases frequently occur in the country of being poisoned externally, by some of the above vegetable poisons, in which they swell very much. When this happens, by taking No. 2, or Composition, and washing with the tincture, or the third preparation of No. 1, relief may be speedily obtained.

It is a common thing with the doctors to make use of many of the above mentioned vegetable poisons as medicine; but I would caution the public against the use of them in any way whatever, as they will have no other effect than to increase the difficulty, and injure the constitution of the patient; being deadly poisons it is impossible that they can do any good. No dumb beast will ever touch them, and they are correct judges of what is good for food or medicine.

Great use is made in many parts of the country of garden henlock, (scilla,) and is recommended by the doctors for many complaints, to be taken or applied externally. I have been credibly informed that large quantities of this article are collected and boiled down to a thick substance, by the people in the country, and sold by them to the doctors and apothecaries. It is well known to be the greatest poison of any vegetable, and was used in ancient times to put criminals to death; but this was before it was ever thought of, that the same article that would cause immediate death when taken for that purpose, would also cure disease.

Many persons that pretend to make use of my system of practice, are in the habit of using some of the vegetables that I have mentioned as poisonons. I wish the public to understand that it is entirely unauthorised by me as there is nothing in my practice or writing, but what is directly opposed to every thing of a poisonous nature being used as medicine; for it has always been my aim, to ascertain and avoid the use of every thing except such articles as I know by actual experience to be agreeable to nature, and also free from all danger or risk in using them to cure disease.

I therefore caution the public against putting any confidence in such as make use of either vegetable or mineral poison.

There has been several cases of death published by the doctors, which they say were caused by those who practice by my system; and from the description they have given of the treatment, I have good reason to suppose, if there is any truth at all in them, were attended by such as I have before mentioned, pretending to practice by my system without having a correct knowledge of it; and who are tampering with every kind of medicine they can find; for there is no such treatment of disease, as they describe, ever been recommended by me or that can be found in my writings or practice. It is very convenient for them, and has become common, to say, when they happen to be successful, it is their own great improvements; but when the patient dies, it is then laid to the Thomson system of practice. This is unjust, and ought to be exposed: and I ask all those who have a wish to promote the practice, to adopt some means to ascertain the truth, and make it public.

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### *THE DOCTORS WITHOUT A SYSTEM.*

That the doctors have no system, is a fact pretty generally acknowledged by themselves; or at least, they have none that has been fixed upon as a general rule for their practice. Almost every great man among them has had a system of his own, which has been followed by their adherents till some other one is brought forward more fashionable. This is undoubtedly a great evil, for it makes every thing uncertain; where it is constantly changing, there can be no dependence on any thing, and the practice must always be experimental; no useful knowledge can be obtained by the young practitioners, as they will be constantly seeking after new theories. What should we say of a carpenter who should undertake to repair a building, without having any rule to work by, and should, for want of one, destroy the half of all he undertook to repair. The employers would soon lose all confidence in him, and dismiss him as an ignorant blockhead. And is it not of infinitely more importance for those who undertake to repair the human body, to have some correct rule to work by? Their practice is founded on visionary theories, which are so uncertain and contradictory that it is impossible to form any correct general rule as a guide to be-

depended upon. In order to show the opinions of others as well as my own, I shall make a few extracts from late writers on the subject. Speaking of the revolutions of medicines, one says:

"We have now noticed the principal revolutions of medicine; and we plainly perceive that the theory of medicine, not only has been, but is yet, in an unsettled state, that its practical application is wavering, fallacious, and extremely pernicious; and taking a survey of the various fortunes of the art, we may well say, with Bacon, that medicine is a science that hath been more professed than labored, and yet more labored than advanced, the labor having been in a circle, but not in progression."

"Theories are but the butterflies of the day—they buzz for a while and then expire. We can trace for many centuries past, one theory overturning another, yet each in its succession promising itself immortality."

"The application of the rules which the practitioner lays down to himself is direct, and in their choice, no one can err with impunity. The least erroneous view leads to some consequence. We must remember the lives of our fellow creatures are at stake. For how many cruel and premature deaths, how many impaired and debilitated constitutions have paid for the folly of theories!—follies, which have proved almost always fascinating. The study of a system is more easy than an investigation of nature; and in practice, it seems to smooth every difficulty."

"In my lectures on the art of physic, (says Dr. Ring,) both theoretical and practical, I have fully proved that there is no necessity for that bane of the profession, *conjecture* or *hypothesis*; and if I were asked whether, if I myself were dangerously ill, I would suffer any hypothetical, however plausible physician, to prescribe for my malady, my answer would be *no*, assuredly *no*, unless I wished to risk the loss of my life. I could give a remarkable instance of this.

"Speculation and hypothesis are always at variance with *sound experience* and *successful practice*."

The above extracts evince the pernicious effects of false theory and hypothesis, which at the present day, constitute nearly the whole art of physic.

The following just remarks are copied from the writings of the Rev. John Wesley.

"As theories increased, simple medicines were more and more disregarded and disused; till, in a course of years, the greater

part of them were forgotten, at least in the more polite nations. In the room of these, abundance of new ones were introduced, by reasoning, speculative men; and those more and more difficult to be applied, as being more remote from common observation. Hence rules for the application of these, and medical books were immensely multiplied; till at length physic became an abstruse science, quite out of the reach of ordinary men.—Physicians now began to be held in admiration, as persons who were something more than human. And profit attended their employ, as well as honor. So that they had now two weighty reasons for keeping the bulk of mankind at a distance, that they might not pry into the mysteries of their profession. To this end they increased those difficulties, by design, which were in a manner by accident. They filled their writings with abundance of technical terms, utterly unintelligible to plain men.

“Those who understood only how to restore the sick to health, they branded with the name of Empirics. They introduced into practice abundance of compound medicine, consisting of so many ingredients, that it was scarce possible for common people to know which it was that wrought a cure. Abundance of exotics, neither the nature or names of which their own countrymen understood.”

“The history of the art of medicine, in all ages,” says Dr. Blane, “so teems with the fanciful influence of superstitious observances, the imaginary virtues of medicines, with nugatory, delusive, inefficient, and capricious practices, fallacious and sophistical reasonings, as to render it little more than a chaos of error, a tissue of deceit unworthy of admission among the useful arts and liberal pursuits of man.”







Med. Hist.

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121

121

